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Let The
Good Times



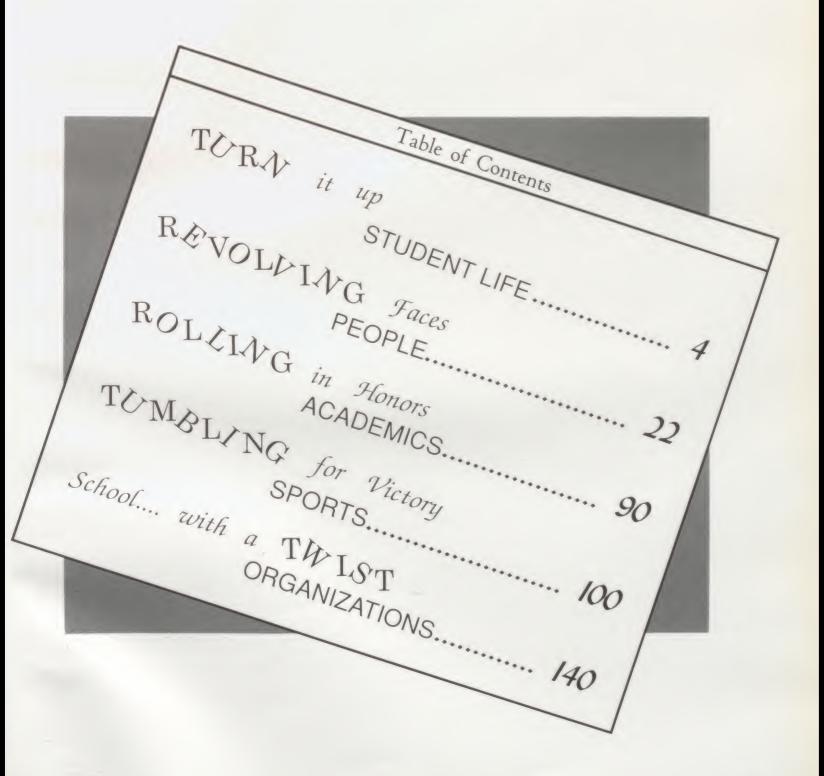




#### THE QUILL, 1991 VOLUME 85

#### EAST HIGH SCHOOL

815 E. 13th St. DES MOINES, IA. 50316



### LET THE GOOD TIMES ROLL

"I wish that I had never left high school. It was one of the best times of my life."

- Unknown

any times I have heard parents, grandparents and other adults longingly express this thought while reminiscing about the past, and I think there must be truth to it.

In high school, everyone glows with the vitality of youth and promise. Laughter fills the halls with whoops and howls, while in the background there is a steady buzz from groups of friends conversing.

Students are probably in the best physical condition of their lives. We are all too young to worry about the slow breakdown of our bodies that only comes with age. We are strong and able with seemingly boundless energy that always shows.

High school is a social haven. We have more friends now than we will ever have again. Romances and friendships hold strong now, but many will fade after we leave.

These are the good times. Cherish every one, and let them roll on for as long as you can.

Dan Packard Yearbook Editor



The sweetest couple at East? Senior right tackle/full-time romantic Mike Ramsey and his girl friend, sophomore Kay Parks, shared many touching moments.



Run for your lives!!! The Steppers provided "good times" by putting on a somewhat unusual, but well

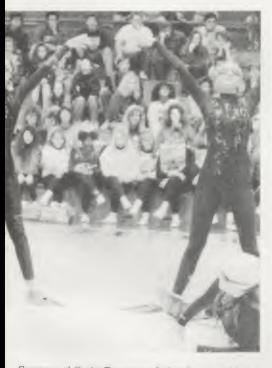
done, novelty dance during the winter assembly. Standing are Tracey Hiatt, Amy Howe, Taylor



Jobs became important parts of many students' weekly schedules. Sophomore Frank Lopez and senior Christy Waldron demonstrate cashiering.



Senior Mickey Schminkey struts his talent at the bowling alley with a perfect release. Whether bowling, dating or partying, weekends were always well spent.



Somers and Cathy Troutman. Lying down are Megan Christenson, Jessica Hare, Kori Leo and Brandi Elder.



Dances were a definite "good time" for all who attended. For Josh Hanson and Barrett Rogness, juniors, and Paul Sams, senior, it was especially good. It was the 12-B Formal, and their girls treated.

# TURN

A re-select hours and weekends are what everyone
looks intward in Mories
going to a friend's house soscalining at just supporting our Scarlots
as attending meets and games are just
tox of the firmgs thei students onjoy doing.

Friends, lim and freedom are part of

The loss started in September when students observed an indicatous biomecoming apparer. Facilities play Box (e.g., Particle Social section), that cannot up the accomment a finite. The gifts text the space of the gury by playing the sport of horbors.

In the winter these was another event that every source or seminal rates forward to. The during, Known as 12-B, once again proved to be a "Winter Paradise" (The thermospha)

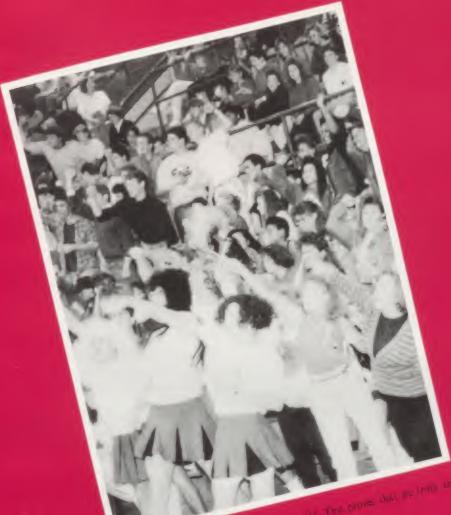
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### Homecoming brings spirit

pirit and fun. These two words describe perfectly Homecoming Week 1990. By dressing up for a different theme each day, the students were able to show their spirit and pride, along with having fun. Sports players, hippies, twins and farmers were a common sight among the students.

Monday, the students "sported" their favorite jersies, T-shirts, hats and other clothing associated with sports or a sports theme.

Tuesday was a "blast from the past" as the students dressed up for Woodstock Day. Long hair, bell bottoms, butterfly collars and peace symbols were common among the students.

Wednesday was a day for "seeing double." The students dressed alike for Twin

Day. Of course, this caused much confusion and many hardships while friends had difficulties distinguishing who was who among the twins.

Denim overalls, straw hats and pigtails became the appropriate attire for Thursday. Many of the students dressed up for what Iowa is famous for, farmers. The students went all out for Farmers' Day.

Thursday, once again, was the Powder Puff game at the stadium, followed by the carnival and mixer. Once again, the seniorfreshman team was victorious over the sophomore-junior team as the comical Powder Puff cheerleaders provided humor ties went off without a hitch and proved to by giving the senior-freshman team the extra push they needed to win.

The carnival included a pie-throwing

contest and a dunk tank. Afterward, the students danced the night away at a mixer sponsored by Student Government.

Friday was once again the ever-popular Spirit Day. The students, along with the faculty, showed off their East High Pride by dressing in red and black.

The Homecoming Assembly ended a week full of spirit and excitement with performances by the Cheerleaders, Color Guard and Steppers, and, most importantly, the crowning of the Homecoming Queen, Cathy Troutman.

All in all, the Homecoming Week festivibe a great success. Many of the students and teachers alike participated, showing great enthusiasm and spirit.



ROW 1; Kori Leo, Jennifer Rich, Chrystal Haag, Tina Anthony, Taylor Somers, Kim Roth, Janelle Dupree, Missy Forsberg, Amy Howe, ROW 2: Mike Schmidt, Brian Pottorff, Todd Ficek, Chad Knight, Chad Rinehart, Chad Wilson, Dawn Fisher, Kristi Brassfield, Sara Miller, These "flower children" show their spirit on Woodstock Day during Homecoming Week.





Seniors Ryan Hatchitt, Mike Hopkins and Eric Strauss show off their "so-called" cheerleading ability. The Powder Puff Cheerleaders Eric Strauss, senior, "struts his stuff" as he cheers on the crowd.



The senior Powder Puff players do their jumping jacks as they warm up for the game. The senior-freshman team went on to beat the jumior-sophomore team.

### As years pass, spirit goes on

pirit spirit, we got it, spirit, we got it. (EHS chant). Although it was a new year, the spirit of Homecoming was the peak, as it has always been, of school spirit. At the assembly, Friday, Sept. 21, the V-I-C-T-O-R-Y cheer led by the Cheerleaders shook the walls of East High's gym.

Not only did the Cheerleaders lead the school in chants, but they also performed a special cheer. They showed off eye-catching stunts and even back flips off a "Scarlet" drum. Ceremonies started with what may become a new tradition. As the strong beat of the fight song pounded in all, the football players, escorted by their mothers, walked to their reserved seats.

The change? While entering the gym, they were surrounded by an array of red and black worn by the Color Guard, the Steppers and the Cheerleaders.

Leaving the players an aisle to walk through, the spirited groups chanted the fight song and welcomed the EHS spirit in everyone. The assembly continued with a fun dance performed by the Steppers to the song, "Turtle Power." The Color Guard dazzled the audience by making the dark gymnasium glow with their light show. The drama students had spectators rolling with their always-entertaining skit. Through it all, the students showed great talent. "The Nerd," Chad Knoop, senior, made many bellies bounce with laughter. With the closing of the day, many looked forward to the fun night ahead: The Homecoming Dance.

The dance was held Sept. 22 with the theme, "Every Cloud Has a Silver Lining." Red, black and silver created a traditional Homecoming. Celebrations, Inc., provided a big video screen and the song, "More Than Words Can Say."



For the best assembly entertainment, East's guy Cheerleaders, seniors Mike Hopkins, Ryan Hatchitt, Todd Ficek and Eric Strauss, led the crowd.



Cheerleaders, Steppers and Color Guard all practiced a new arrangement for the assembly. While the football players and moms entered the gym, they were surrounded by lots of pep!



For some, going out to eat starts off the night of the Homecoming dance. Alumnus Brian Haas and senior Janelle Dupree must be eating out Italian.



Assembly spirit was wild, especially that of the seniors. As always, the seniors ruled the underclassmen in the V-I-C-T-O-R-Y cheer. Freshmen should make a new resolution to speak up when their turn comes!



As senior Cathy Troutman is presented as the 1990 Homecoming Queen, she pleasingly displays a bright smile and wipes away a tear of joy. She said it is a great memory she'll never forget.



HOMECOMING ATTENDANTS. Tiffany Larson (freshman), Alison Fines (sophomore), Megan Christenson (junior), Cathy Troutman (Queen), Milisa Case (senior), Jennifer Bickel (senior), Taylor Somers (senior), Amy Howe (senior). The

attendants were escorted by the varsity football captains this year. Respectively, the escorts were seniors Colby Calhoun, Pat White, Shawn Anderson, Tom Shelton, Gerald James, Jack Bartram, Mike Ramsey, Chad Knight.

Traci Adams

Tricia Alba

Tina Anthony

Jenny Baker

Kim Barker

Pam Bellville

Lisa Benedict

Jenny Bickel

Kristi Brassfield

Melissa Brennan

Karin Campbell

Judy Card

Milisa Case

Roberta Coburn

Amy Dalbey

Stephanie Doumas

Brandi Elder

Dawn Fisher

Kim Ford

Missy Forsberg

Susan Foster

Dina Gilbert

Jenny Goodrich

Jenny Hale

Leeanna Harvey

Amy Howe

Andrea Howser

Shelley Johnson



Seniors Janelle Dupree, Kori Leo, Jenny Goodrich and Amy Howe show that fun was had by all; all the hard work from the hostesses was appreciated.



Senior Peggy Quijano shows hard work and much dedication as she strikes a pose while decorating for 12-B.

## Couples explore 'Winter Paradise'; 'Still Loving You' is theme song

till Loving You," performed by Scorpions, was the theme song for this year's annual 12-B Formal Winter Dance. The theme was "Winter Paradise"; all in all, it seemed to fit the mood.

The dance was held Saturday, Dec. 15, from 8 to 11 p.m. in the Cloud Room at the Des Moines International Airport. The music was provided by "Footloose." The colors were burgundy, teal and white.

Couples could watch the airplanes coming in and going out while taking a break from dancing and socializing.

The dance was sponsored by senior Christy Waldron's mother and 60 senior girls. Christy was the chairperson of the dance, senior Tracey Hiatt was in charge of the pictures and senior Jenny Baker was in charge of the wine goblets.

Each hostess received a wine goblet for the hard work and effort she put into the dance. The hostesses put in many long and tiresome hours toward into making this dance a success.

After weeks of deciding, the hostesses finally decided on Grant and Jolesch for the pictures.



Seniors John Duden and Laurie Kokke share a moment in "paradise" as they dance the night away.

Tori Kilby

Kori Leo

Shannon Lydic

Kay Mathews

Angie McAninch

Danelle McIntire

Misty McMahon

Michelle McNeley

Sara Miller

Shelly Milligan

Diane Nichols

Keely O'Hara

Donna Parks

Peggy Quijano

Jennifer Rich

Kim Roth

Kristie Salem

Crystal Siemer

Suzanne Smith

Taylor Somers

Sarah Striker

Tiffany Syferd

Shelly Thompson

Cathy Troutman

Michelle Twiss

Nicole Updike

Sarah Vust

Christy Waldron

Tonya Wilson

#### Music D.J. is a plus at Spree

do," says junior Stacey Connors to her boyfriend, sophomore Steven Buse, as they close up their wedding vows at the Spinster Spree. They received little gold rings which provide cute memorabilia to save.

There was a change in music for the better. Changing from a band to a D.J. (Entertainment Services) provided more variety. Some couples might have found their dance partner being hauled off to jail in the hands of Mr. Ray Patrilla, the conniving "devil." Mrs. Susan Stroope was his opposite. She was a "guardian angel" who told fortunes.

The theme, as well as the song, for the Spinster Spree was "Stairway to Heaven." The dance was held Feb. 9 from 8 to 11 p.m. The colors were royal blue, pink, purple and iridescent.

The crowning of the King and Queen topped the evening off with an abundance of cheers and smiles, they were Colby Calhoun and Kori Leo. Other members of the attendants were juniors Cory Shelton and Megan Christenson, sophomores Joe Shelton and Ashley Calhoun, and freshmen Dustin Douglass and Jenny Harridge.



Seniors Tom Shelton and Chad Knight try out appropriate roles as a devil and an angel at Spree.





Sophomore T.J. Moberg seems to be having a good time after the dance with junior Missy Crouse.



SPREE COURT. ROW 1: Kori Leo, Dustin Douglass, Jennifer Harridge, Ryan Dixon, Traci Fisher. ROW 2: Jodi Graham, Ashley Calhoun, Joe Shelton, Rodney

Rasmussen. ROW 3: Megan Christenson, Cory Shelton, Jay Elliott, Colby Calhoun.



Seniors Colby Calhoun and Kori Leo were the 1991 Spree King and Queen. They were crowned to the song, "Stairway to Heaven," and danced among the "clouds" in the East High cafeteria.



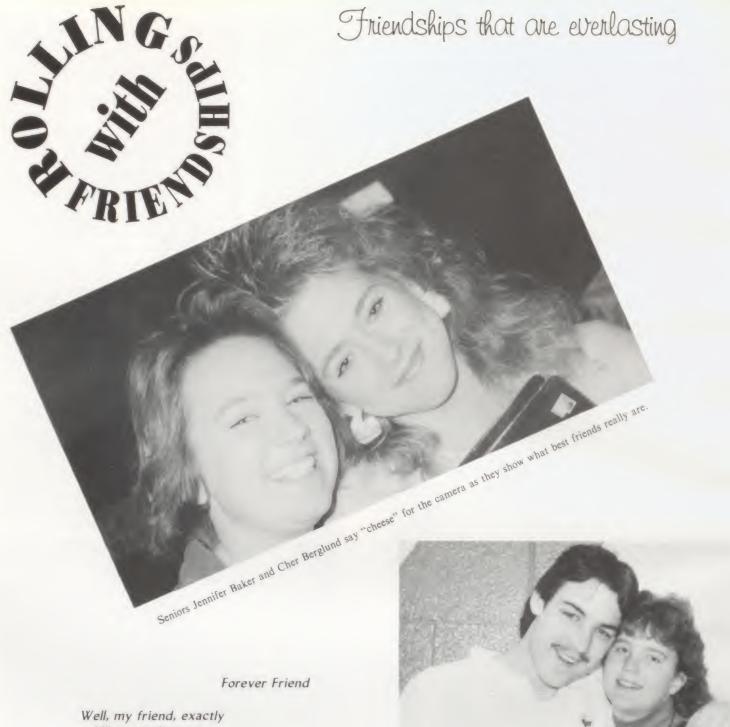
Senior Pep "E" Club member Christy Waldron smiles as she paints a red heart on a banner to be hung in the cafeteria. Many Pep "E" Club members played important roles in preparing for Spinster Spree.



Junior Andrea Brown and senior Deanna Newsom enjoy the many activities with their dates, alumni Bruce Copeland and John Risetter.



Juniors Bobby Anderson, Jay Elliott, sophomore T.J. Moberg and freshman Casey Johnson display their happiness at getting to have a fun evening free of charge.



Well, my friend, exactly
Where do I start?
These words I say come from the
bottom of my heart.

You'll be my friend through thick and thin. We've stood the test of time, though perfect it hasn't been.

Our friendship is real; we've proved it through time. Your thoughts I treasure as if they were mine.

Everlasting friendships. Andy Minor and Cindy Grow, seniors, prove how everlasting their friendship will always be.



Never hide anything from me. Never keep it inside. Don't hesitate to come to me. My arms are always opened wide.

Right now in your pain you're Hurting deep within. I hope you know I love you. Please let me in.

— Anonymous

Having a good time together is what being great friends is all about. Seniors Laura Spaulding and Cathy Troutman show what having fun really is.





Seniors Mike Schmidt and Dan Packard show some of the fun students had at 12-B.



Seniors Diane Nichols and Trudi Van Buskirk try to cheat, but together won't beat senior Jason Upchurch's royal flush.

School is children's biggest fear, but they make it through the week, knowing Friday's near.

Children start making plans for the big weekend fun,

so they don't get stuck with homework, they make sure to get it done.

That special day they've been waiting for is finally here,

Now smiles and laughter begin to appear.

Some have thoughts of the all-night skate, while others are nervous for their first date.

Some like to drive the loop downtown, while others are out searching for their prom gown.

Some enjoy a poker game, while others enjoy skiing just the same.

Whether it is the "4 Love" singing or a night of bowling, the East High Scarlets keep the good times rolling.

Melissa Brennan





Senior Colby Calhoun smirks as he looks at himself in the mirror and splashes on cologne before a date.



Senior Traci Adams flashes East High Spirit throughout the crowd as they proceed down parade.



Seniors Ahmad Johnson, Nathan Johnson and Chris Hobbs show singing talent as they begin the group "4 Love."





Friends are forever. Chris Thomason, Melissa Brennan, Chad Rinehart, Crystal Siemer, Taylor Somers, Amy Howe, Chrystal Haag and Jenny Goodrich sing in harmony.



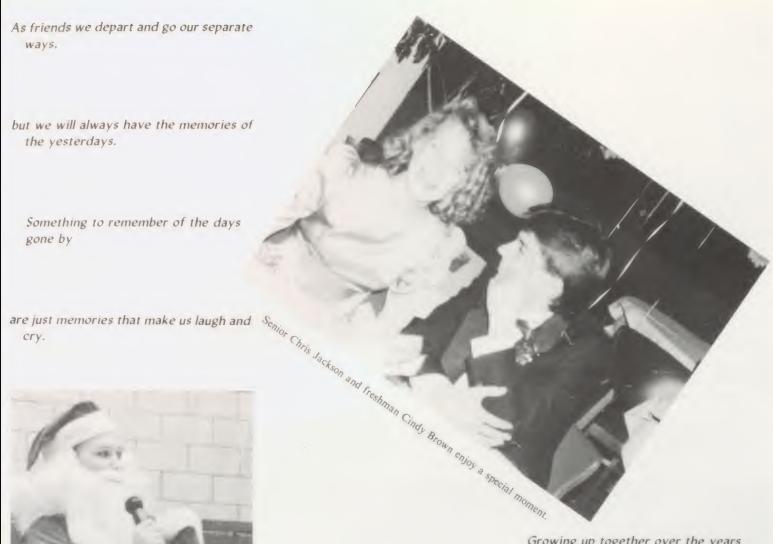
ABOVE: Seniors Shelly Johnson and Jenny Bickel demonstrate that seniors are talented!! RIGHT: Senior Danelle McIntire tries to find out who's been naughty or nice.

As friends we depart and go our separate ways.

but we will always have the memories of the yesterdays.

Something to remember of the days





Growing up together over the years and helping each other with our biggest fears.



Sexy legs! The outrageous powder-puff cheerleaders express their Scarlet pride.

We hold our futures in our hands; now we must meet the world's demands.

Traveling together to life's main street, we promise that in the future we will again meet.

As we go our separate ways, we will remember those yesterdays.

#### Dreams, surprises fill 1990

he year 1990 proved to be a year that will live in everyone's mind forever. It was filled with all the elements that make up people's daily lives. Hope, dreams and surprises made 1990 an unforgettable year.

Nolan Ryan became one of 10 major-league pitchers to accomplish an astounding feat. He was victorious on July 31, 1990, against the Milwaukee Brewers, giving him his 300th career victory. Ryan did so with the Texas Rangers, and previously threw his sixth career no-hitter earlier in the season.

The Middle East became a very familiar scene to American troops. As of mid-October, more than 200,000 U.S. soldiers had been deployed to Saudi Arabia in an effort to prevent a proposed attack by Iraq. The conflict started when Iraq used military force and annexed Kuwait.

The homeless continued to fill the streets of our cities and became a major problem in

our country. The homeless, as of the latest count, numbered nearly three million people. However, critics feared an undercount would allow the government to make cuts in services.

Flag burning managed to survive under its right as freedom of speech after the Senate rejected a constitutional amendment against flag burning. The Senate voted 58-42 in favor, leaving it nine short of the two-thirds majority required to approve the amendment. President Bush approved the measure, but the House rejected it.

Mike Tyson, that apparently invincible heavyweight champion, lost his reign to James Buster Douglas in the tenth round of their title bout in February in Tokyo, Japan. Tyson responded to his defeat by saying, "Just call it a victory for the small man."

Other underdogs that accomplished the "impossible" were the Cincinnati Reds in baseball's World Series. The Reds complet-

ed a four-game sweep of the heavily favored Oakland Athletics despite losing two of their star players, Eric Davis and Billy Hatcher, because of injuries.

German reunification topped the height of the news in 1990. Germany was officially unified Oct. 3. However, there was major concern about the European balance of power. Chancellor Helmut Kohl commented, "In the future, only peace will emanate from German soil."

Romania experienced its first free elections in 53 years as Romanians chose Ion Iliescu as their president. Iliescu won in a landslide, but the two opposition candidates alleged numerous circumstances of election fraud. He was heavily favored to win the election.

Nelson Mandela, one of the most respected black leaders, began his world tour after being freed by the South African government. He had been in prison for 27 years.



Evident from his facial expression, Nolan Ryan shows great determination as he pitches the ball. The Texas Ranger became one of 20 major-league pitchers to win 300 games in their baseball careers.



United States troops depart from their plane in the desert of Saudi Arabia to add to the thousands of troops already stationed there. The mobilization was part of an effort to defend the desert from a possible attack from Iraq, which started the conflict with its annexation of Kuwait.



A homeless man is shown sitting on the streets of Washington, D.C. The homeless continued to be a major problem in the United States.



Flag burning is still considered a First Amendment right because Congress's attempt to ban flag-burning failed.

# REVOLVING

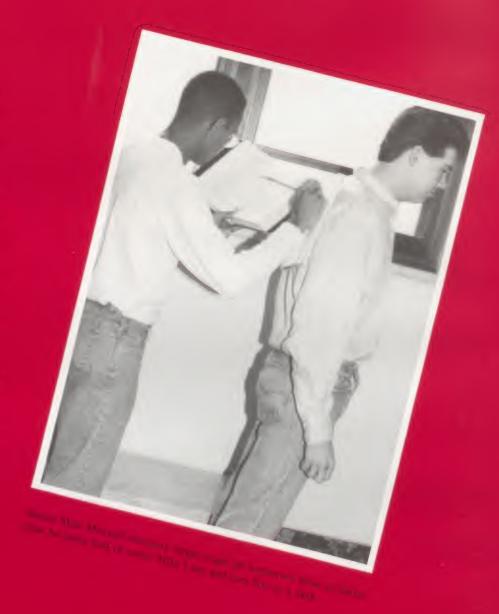
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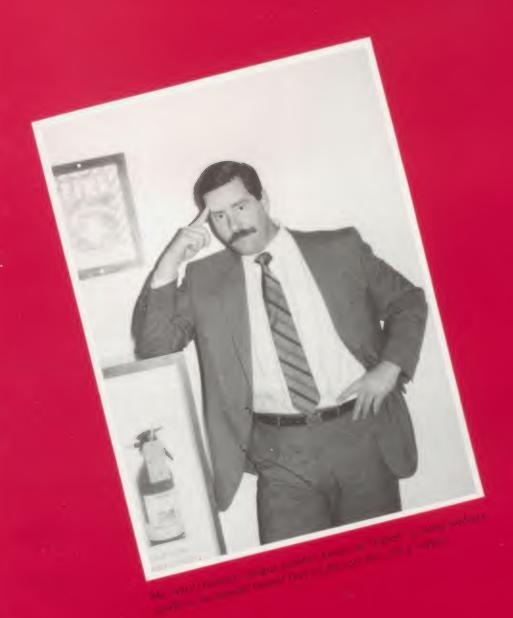
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## Faces



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#### Abbreviations

AHSME American High School Mathematics

AFJROTC .. Air Force Juntor Reserve Officers

Training Camp. BAC . . . Building Advisory Ceroncil BCC Building Chimate Committee BPA Business Professionals of America Committee Committee CBEP Community-Based Education Program DECA Dutributive Education Clubs of America DMACC Des Moines Area Community College EEE Triple "E" Club FCA .......... Fellowship of Christian Athletes GIT ... GITIST and Talested ISU ... Jowa Sists University

IA Juney Achievement LPN \_\_\_\_\_ Licensed Practical Nurse NHS NARional Honor Society PTSA ... Parent-Teacher-Student Association SADD ...... Students Against Driving Dronk SWS ....... School Wishin a Sempl TECH Lendership Connection
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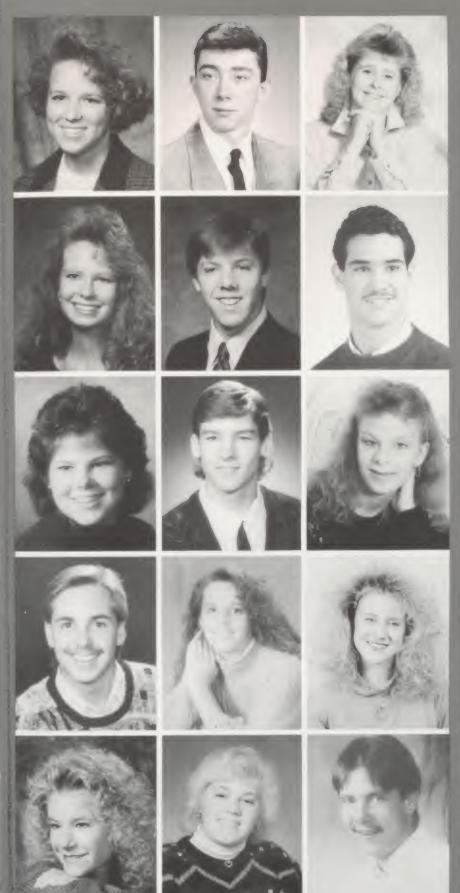












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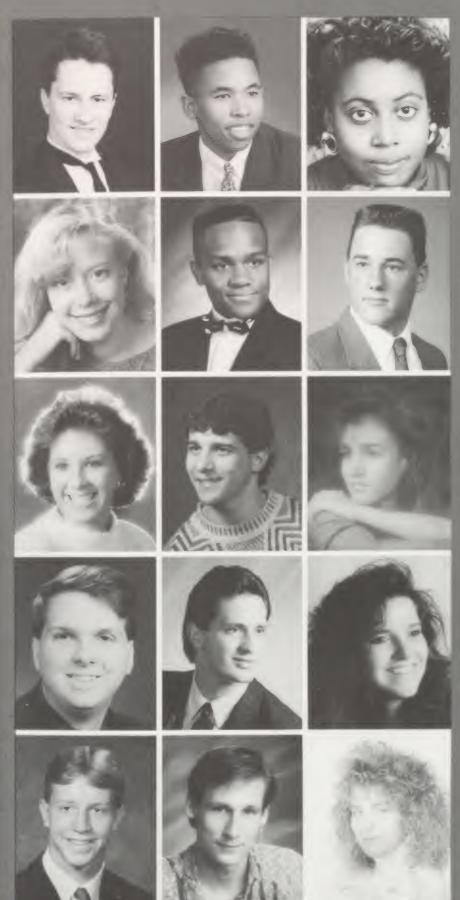
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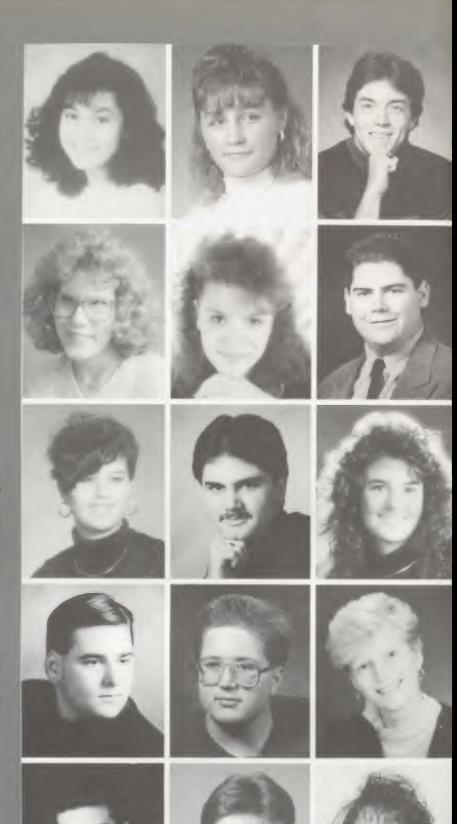
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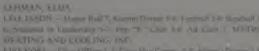
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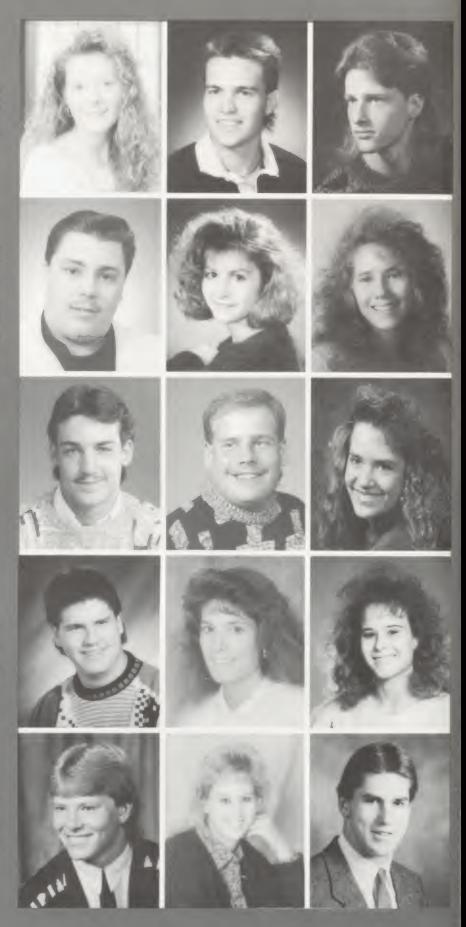
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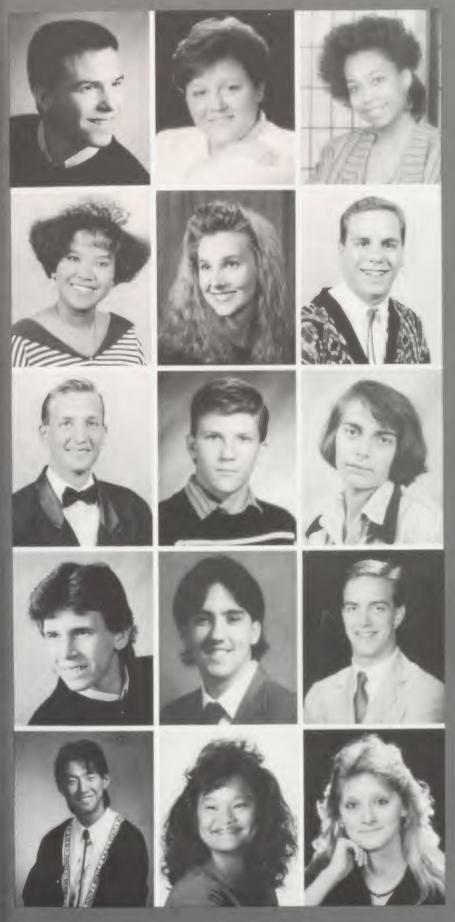
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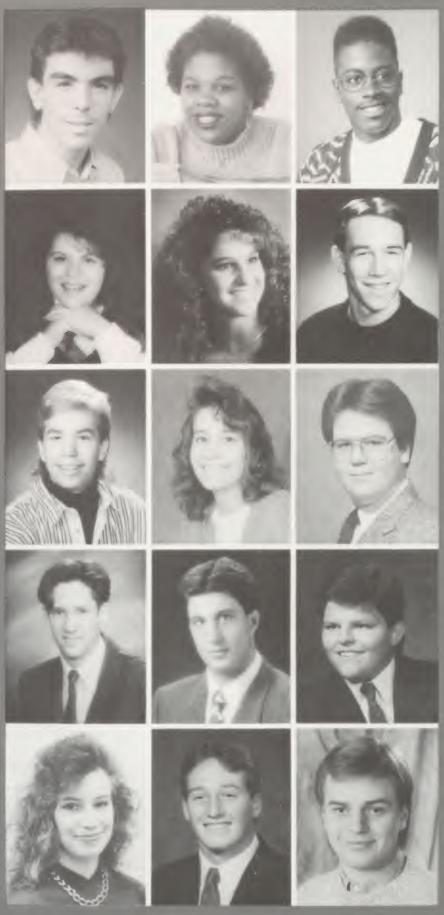
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TEALING SHAWN

YOUNG, TAMMY — Pep "E" Club 7-8; Central Campus 3-4; DMACC, ISU

ZELIADT, SHELLY — Marching Band 1,3,5,7; Concert Band 2,4,6; Pep "E" Club 1,8; GRANDVIEW COLLEGE Glossy turned in late





STRAUSS ERIC — Powder Puff Cheerleader 7; Wrestling 1-8; Spanish Club 5,6; Afro Club 7,8; Pep "E" Club 5,8; G/T 1,4; Physics Trip 7-8. LA JAMES COLLEGE OF HAIRSTYLING

Search 3-8; ISU

MATTICKS, JR. LONNIE



## Seniors Not Pictured

ANDRUS, DAWN BACCAM, MINAVANH BARBER, HOWARD - Track 5-6; Football 8; New Horizons 8; DMACC BELLVILLE, LARRY BERARDI, JEREMY BIDDLE, CHAD BLESSING, JEREMY BRADFORD, KELLY - Honor Roll 3-4; PEOPEL PE 3-8; Scarlet Standout 3-8. New Horizons 3-6. BROWN TONY - Basketball 7-8. CHANNON, RUSS - Wrestling 1-8 (Letterwinner); Football 3-4, 7-8 (Letterwinner); Baseball 5-8; Penn State, DMACC CLAYTON, MARIA - Honor Roll 3-4, Afro Club 3-4, Pep "E" Club 1-6; Equipment Manager 3-4; Central Campus 3-8; Scarleteers 3-4, Career Beginnings 3-8, La James College of Hairstyling. CRANE, JENNIFER CRISPEN, ESTHER DIMERY, SHELLIE FOX, KYUNGA - Marching Band 2; Honor Band 2; Concert Choir 1-4; Talent Search 1-6; Pep "E" Club 1-6; Forensics 1-4; G/T 1-6; ISU. FREDRIKSON, VICTORIA -Spanish Club 7, Swimming 7 (Manager); Scarlet Standout 7. KONGH-ALLA GYMNASIET, SWEDEN FRYE, ERIK GILLESPIE, SHAWN GODRON, ROGER - Honor Roll 1-2; BPA 5-6; Office Asst. 1; Scarlet Standout 1; New Horizons 7 GOTHARD, JENNIFER GREEN, PAT - PEOPEL PE 1-8; Football I-2; New Horizons 1-8. GREEN, VERN - PEOPLE PE 1-8; New Horizons 1-8. GUDIN, REGINA GUFFEY, CHERYL HAIL, DIANNA - PEOPEL PE 16; Central Campus 7-8; Scarlet Standout 6; New Horizons 7-8 HAVILAND, MICHAEL - TV Production 3; Junior Achievement 7; Central Campus 5; AlB HAYGOOD, RICK - Afro Club 3-6; Football 1-8; New Horizons 5-8 DAVIS LAW FIRM HINES, JR, STANLEY HOBBS, CHRISTOPHER HOLT, SAMUEL - Welding Class at Central Campus, Scarlet Standout 7; New Horizons 8; Top 15% in Outstanding High School Students of America. HONG CUONG - Basketball 1-2: Junior Achievement 6; G/T 1-8; UNI HOUGHTON, SONIA - Honor Roll 1-2; BPA 7; Spanish Club 1-4; Letterwinners' Club 1-2; PRINCI-PAI FINANCIAL HUBBARD, ANTHONY HUSSMAN, CARLA - New Horizons 3-8; AIB JAGER, MARLENE KALSEM, CARI - Pep "E" Club 1-2; Library Helper 1-6; New Horizons 5-6; AIB. KENDALL, JEFF - Assembly Comm. 1-4; Pep "E" Club 1-2, 7-8; Central Campus 5-8, New Horizons 7-8; DMACC KENT, JAMES KHONGMALY, VILAY - Who's Who Among American High School Students 4-8; U1 KNOX, CATHERINE KOFOOT, TRACY LARPENTER, NICOLE - Marching Band 4; Honor Band 4, Orchestra

1-8; Pep "E" Club 5-6; LA JAMES

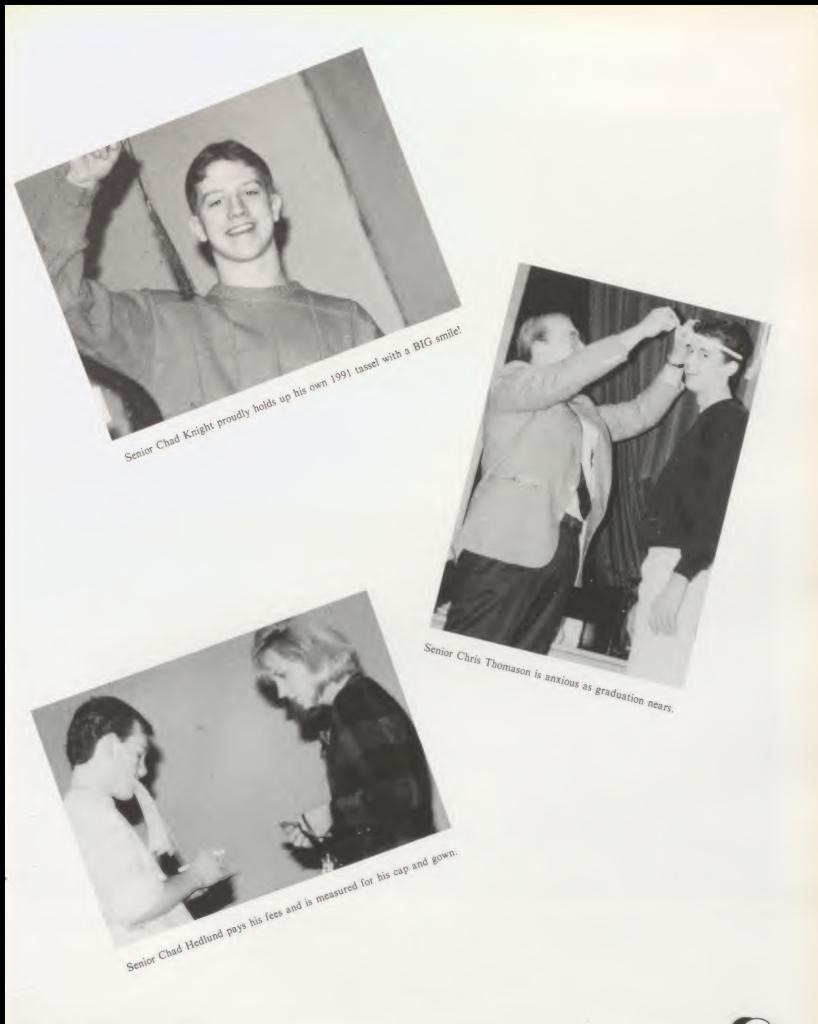
LEE, DAVID - Central Campus 5-8;

LO, SAY - Who's Who Among

American High School Students 5-6.

LOCKMAN II, LARRY - Talent

McCONNELL, MARC - Central Campus 5-8; DMACC NICHOLS, LESLIE - Afro Club 1-4; Pep "E" Club 7-8; Talent Search 5-8; Upward Bound 1-2; Central Campus 7-8, Career Beginnings 1-8; DMACC OVERLIN, JONATHAN PAIGE, LATICA PARKER, ADRIENNE - School Play 7-8; Pep "E" Club 7-8; Career Beginnings 7-8, Theater Arts 7-8, Who's Who Among American High School Students 5-6; WILEY COL-PARKS, DONNA - Volleyball 3; Marching Band 1, 12-B Formal Hostess 7; Concert Band 1; Pep "E" Club 1-8; SR. Representative; Forensics 5; AIB PATTON, STEPHANIE PHOMMACHAKR, APOUNKHONE POULSON, CHRYSTAL REEB, ERIC RINEHART, JOHNNY RUSH, JACKIE - Wrestling 5-6 (Manager); Volleyball 1-2; Office Asst. 7-8; Scarlet Choir 1-2; Pep "E" Club 1-8, Quill Staff 5-6; ISU SCULLY, TRENTON SULLIVAN, DENNIS - Track 5-6; School Play 3-4; Football 1-4, 7-8; IACKSON STATE MISSISSIPPI VAN BUSKIRK, TRUDI WHITE, TERRI - Spring Musical 5-8; Office Asst. 7-8; Fall Musical 5-8; Scarlet Standout 5-6; OHIO STATE WONDERS, DAN - Chess Club 7-8; Odyssey of the Mind 5-6. WOODSON, STEVEN WRIGHT, FELICIA



# Seniors show great leadership



SENIOR CLASS OFFICERS. ROW 1: Tracey Hiatt, secretary, Milisa Case, treasurer. ROW 2: Jay Fagen, president, Christy Waldron, vice-president.



SENIOR BOARD. ROW 1: Shelley Johnson, Amy Howe. ROW 2: Laura Spaulding, Ahmad Johnson, Mike Schmidt, Dan Packard, Matt Maxwell, Tracey Hiatt. ROW 3: Christy Waldron, Brandi Elder, Cathy Troutman. ROW 4: Jason Up-

church, Milisa Case, Chris Thomason. NOT PICTURED: Taylor Somers, Jay Fagen.

# Seniors rank high in class



TOP 3%. ROW 1: Lisa Day, Laura Spaulding, Lillie Martin, Jenni Baysinger. ROW 2: Herb L. Camp, Jeremy DeYoung, Jesse Helton, Keena McCurn, Caryn Woods.



TOP 15% ROW 1: Cathy Troutman, Michelle McNeley, Laura Spaulding, Taylor Somers, Janelle Dupree, Jenni Baysinger, Tracey Hiatt, Michelle Twiss, Amy Dalbey, Jenny Baker, Teresa Bacon. ROW 2: Teresa Sabin, Vilay Khongmaly, Chad VonAhnen, Lillie Martin, Latanya Ferrell, Keena McCurn, Tanisha McGuire, Shera Street, Nathan Johnson. ROW 3: Chris Jackson, Sam Holt, Jesse Helton, Stephanie Doumas, Susan

Foster, Tiffany Collins, Lisa Day, Connie Thompson, Erika Johnson, Caryn Woods. ROW 4. Jason Brown, Jeremy DeYoung, John Duden, Curt Schachtner, Herb L. Camp, Jim Ellefson. ROW 5: Sean Dority, Michael Ramsey, Dan Packard, James Thomas, Mike Luce





## SENIOR



















#### **MEMORIES**

ild, crazy and unpredictable. Those were only three attitudes of '91 seniors.

Most memories were kept locked up in their hearts, but some escaped into this Quill. "Do you remember when

— "Kori Leo and Mr. Jim Bush collided in the lunchroom and Kori ended up wearing vegetable soup?"

— "Tom Shelton got half his pants ripped off by Chad McDaniel and Chad Knight in the senior hallway?"

— "Brian Moreland started snoring loudly during Mrs. Judy Rush's subliminal tapes his freshman year?"

— "The football bounced off Chad Wilson's face mask in the Ames game?"

— "Melody Ristau got her dress stuck in her heel in the Homecoming Assembly her junior year?"

#1- "Sorry. It's just a little dent," - Shelly Thompson. #2. "Why do I have to play the nerd?" - Shera Street, #3: "Graduation, here I come!" Jenni Goodrich. #4: "Make peace, not war." — Jack Bartram, Amy Churchill (AKA Sonny & Cher) Jenni Rich, Chad Knight. #5; "Seniors are behind you all the way!" #6. "Eat your heart out, Cheerleaders. My outjump is the best!" — Mike Schmidt. #7: "This is too much fun. I'm gonna pee my pants!" — Taylor Somers. #8: "I can't believe you didn't see me, you idiot!" - Todd Ficek. "No, you ran into me!" - Mike Schmidt. #9 "I'm throwing the football now; SOMEBODY catch it!" -Tina Anthony. #10: "Do not drop me, do not drop ... " - Milisa Case #112 "Go ahead, girls, stare all you want." — Brian Moreland. #12: "There is no Santa Claus, boys and girls." — Colby Claus (Calhoun). #13: "I'll bet the teachers couldn't do this!" (senior/faculty b-ball team) TOP TO BOTTOM: Jenni Goodrich, Kim Roth, Kori Leo, Kristi Brassfield, Taylor Somers, Chad Wilson, Shelly Milligan. #14: "I hope I don't look as bad as Cathy does" - Amy Howe\_"I hope I don't look as bad as Amy does!" - Cathy Troutman #15, "Oh, ouch, oh. I pulled a muscle!" Jack Bartram. #16. "We are family, I got all my brothers and me" Mike Schmidt, Chad McDaniel, Cecil Aswegan, Tom Shelton, Chad Knight, Vaughn VanDeBoe, Shawn Anderson. #17 "How about a date? Two!" - Jason Herndon, Shawn Anderson.















#### Juniors

olling along with the good times were the Junior Class officers: Kelli King, president, whose goal was to help the Junior Class in any way and to see all the students in the Class of 1992 graduate; Traci Fisher, vice-president, said that her goal was to make this year great! Megan Christenson, secretary, said her objective was to make this year memorable. Trina Perez, treasurer, commented that she wanted to make this year as fun as possible.

All four girls were involved in many extracurricular activities, such as Varsity Cheerleading, Steppers, Pep "E" Club, Student Government, Drama and Art Club.



JUNIOR CLASS OFFICERS. ROW 1: President Kelli King and treasurer Trina Perez. ROW 2: Vice-president Traci Fisher and secretary Megan Christenson. Those four girls led the Junior Class through a great year.

Larrette Agee Jeremy Allen Christopher Anderson Krysten Anderson Robert Anderson Shawn Anderson Tony Arlaud

Crimson Audsley Phet Baccam Southane Baccam Karen Bacon Kevin Baker John Baldwin Shem Barger

Jeffrey Barker Sheila Barnes David Barry Ryan Barton Heather Bauman Shan Bear Timothy Beckman

Gretchen Beckwith David Beery Bret Bellis Bonnie Bever Christopher Bice Chad Biddle Amanda Blackford

Martha Blakeley Eric Boatwright Darrick Bolich Raymond Bolinger James Brauer Stephanie Breeding Andrea Brown





Autumn Brown Jermane Brown Sarah Brown Coy Bundy Anysong Bupasiri James Burk Lisa Cain

Tom Campbell Troy Campbell Jason Canady Kristen Carlstedt Shawn Carmichael Jennifer Carnahan James Carolus

Matthew Catron
Tammie Chamberlain
Georgia Chapman
Jason Chapman
Missy Charron
Megan Christenson
Amy Churchill

Shawna Cochran Brion Colbert Christina Conklin Stacey Connors Edward Cooper Ginger Cowger Marion Cox

Traci Crabb Kendra Crandall Melissa Crouse Steven Crum Erica Cunningham Deborah Dailey Tara Danner

Angie Davidson
Jennifer Dehnert
Matthew Dierking
Dawn Dixon
Delaney Jo Dixon
Scott Donohoe
Timothy Dougherty

Windy Downing Jenna Duden Michelle Duffert Wendy Jo Duncan Christopher Eichorn Tim Elder Jay Elliott

Kari Elliott Nathan Ellis Tron England Tanya English Dezery Enochs Jesse Erickson Mark Erickson

Tammy Ewurs Jennifer Fallis Leroy Farnsworth Leia Fensterman Rebecca Fetters Maria Fierro Christy Fink

Chad Fisher Traci Fisher Timothy Formanek Teresa Formaro Angela Furtado Steven Garner Shannon Garringer Jack Gerlach Clarissa Gilleland Shannon Gilleland Jennifer Gillum James Gilmore Penny Gilmore Walberto Giron Angela Gist Anita Gobin Vanessa Goddard Robert Gordon Ryan Gorney Michelle Grandstaff Jayme Green Misty Green Stacey Grimes Brandi Groess Felicia Gulley Tashia Gymer Chrystal Haag Jason Haag Jason Hall Josh Hanson Kyle Hanson Ricky Hardy Debbie Hare Jessica Hare Sabrina Harris Amy Harrison Wendy Hart Craig Hayes Shane Heim Richard Helmers Carrie Hemingson Brandy Herndon Jason Herndon Brandon Herrera Angela Herrington Kimberly Hewitt Ginger Hickey Angela Hickman Ryan Hill Loran Hoisington Travis Holden Michelle Holt Phan Hong Robyne Hood Evelien Hoornstra Mary Ann Hoover William Hornung Fredrick Horstman Tammy Houghton Tammy Howe Theresa Hutson Jeffrey Huxford Jennifer Inman



Phokham Inthalangsy Heather Isaac Rosie Jackson Tynesha Jackson Adam Johnson Bobbie Jo Johnson Angela Johnston

Timothy Johnston Christopher Jones Ricky Jones Shirley Jones Eric Keehbler Shondra Kellogg Joleen Kendall

Greg Kephart
Saudia Khan
Samone Khouangsathiene
Shalonda Kidd
Kelli King
Stephen Kirsteln
Sandra Kite

Michael Knapp Monty Knode Jason Lee Knowles Sean Knowles Cristin Koppenhaver Jennifer Lamb Valerie Lasher

Chad Lawson
Eva Le Blanc
David Lee
Jack Lee
Anovsack Lem
Kenneth Lewellin
Kendall Lewis



# Juniors sometimes joke around

Juniors Megan Christenson and Rebecca Pollard decided to make an improvement in themselves. They wanted to change their facial expressions, and wanted to have something different from everybody else. Instead of being sexy and good looking, they wanted to be cute and funny.

Melinda Lewis Gina Lindee Mark Linnane Scott Littell Manuel Lively Fred Livesay Stacy Loegering Todd Long Amy Lortscher Lyly Lovan Jason Lovell Wendi Lucas James Lukenbill Sonja Luna Sang Luong Soulideth Ly Timothy Mahedy Michelle Maher Michael Mapes Andrew Markun

Donald Martindale Christina Mastin Diana Mata Todd Maxfield Tonya May Jack McCauley Joseph McCreery

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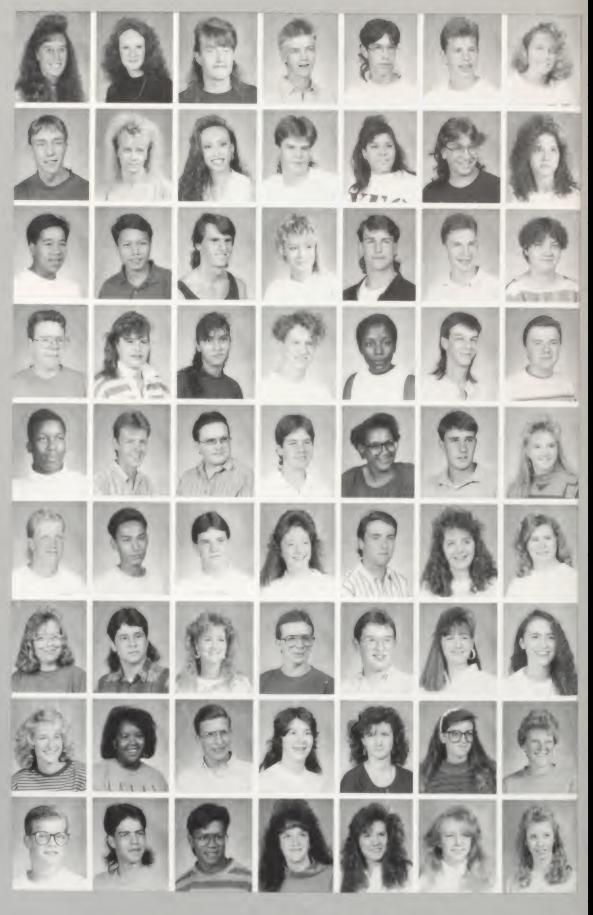
Truman McCurn Gregory McDaniel A ithony McDowell Chad McGilvra Melissa McGuire Damon McLeod Heidi McPherson

Jeffrey Meislahn Watsaraphon Meksay Jeremy Mendenhall Chantyl Mensing Jonathan Merryfield Kimberly Middleton Michelle Middleton

Billi Jo Millard Steven Millard Carma Miller Darrel Miller Bo Modlin Christy Mongar Amanda Moon

Kristine Moore Audrey Morrow Michael Moyle Tyanne Mulhern Jennifer Murphy Melissa Murphy Dawn Nekola

Brian Newton Michael Nicholson Leonard North Linda Nutt Stephanie Oborny Jennifer Oliver Shawna Oliver





## Soaking up RAYS

Kim Thompson has certainly found a great way to keep warm during the winter months. She was really enjoying herself while a lot of people froze!



Martin Ortiz Jerrett Osburn Jonathan Overlin Lori Padgett Jennifer Pagel Shirley Palm Teri Palmer

John Parcel Tonya Parks Laura Patterson Jennis Pavlica Kimberly Peck Jenny Pegg Jerry Peitzman

Andy Pelham Charles Pemberton Brandi Penn Bradley Peterson Dahn Peterson Jake Peterson Stacey Pettorini

Timothy Phillips Louthone Phommachakr Ted Pickering Scott Plummer Souphatsady Prasasouk Dennis Prindle Shawna Probasco

Rebecca Pollard Julie Pollock Chrystal Poulson Todd Rabe Melissa Ramirez Darin Ramsaroop Shari Rank Chad Raymond Chad Rebel Matthew Reeves Mike Rich Lori Rickabaugh James Riley Lawrence Rivas

Robert Rodriguez Barrett Rogness Shawn Rosenbalm Ken Ross Kevin Ross Karen Roszell Jennifer Rouse

Misty Rowe Tyler Rudkin Jennifer Ruge William Rustan Athar Sanders Christina Sassatelli Gloriana Scharfenberg

Jennifer Schillinger Jana Schoon Tara Schreckengast Jay Scott Dawn Sease Shannon Senecaut Melanie Sevenbergen

Diane Shellabarger Cory Shelton Adam Shepherd Marco Shumpert Chad Slater Teresa Slifka Allen Slothouber





On to victory

The Varsity Cheerleaders showed great efforts while cheering on the football team.



Cory Shelton races on to go-cart victory as the flyin' tiger flies!

ver since junior Cory Shelton was six years old, he has been racing go carts. For many years he has won awards in all areas in this sport.

The expense Cory has had to pay for this comes from his sponsors: West Iowa Tool, S and S Custom Engine and Margay Racing. Last year it cost his sponsors and his family \$35,000 for the entire season. This included many kinds of expenses, ranging from hotels to gas to extra parts for his cart.

Cory has traveled all over the U.S. racing in different competitions. Starting with the opening of the season in the spring, until it was all over, Cory traveled and raced every weekend.

Cory's family got him interested in this sport. His entire family races, and he just wanted to, also. Cory was asked what he liked best about racing. He said, "The responsibility that comes with it!"

Cory stated his main goal: "I want to compete in the Indy 500!"



Ninette Smith Tony Smith Tarrie Speas Dee Spivey Heather Stacy Lindon Stalkup Mark Steedle

Mark Stegeman Jerri Stockbauer Danyal Stoker Jack Strable James Strahl Donald Strock Tammera Stuart

Kellie Swacker Jennifer Sweeney Candice Taylor Katherine Teigen Shawn Terry Christine Thompson Joseph Thompson

Kimberly Thompson Stacey Thompson Bee Thongsoum Howard Thorn Brooke Thrasher Kimberly Tilton Sherri Troutfetter

Craig Trumbo Joe Valadez Mike VanElsen Kevin VanWyk Mike Wadden Shelly Wadsworth Kimberly Wagner Melissa Warner Susan Webber Nick Wells Heather White Traci Wickersham Kimberly Wignall Diana Williams

John Wilson Melissa Wimber Andrew Winegar Lori Wingert Kathy Winget Chadd Wion Jon Wolfkill

Jenny Woods Johnathon Woods Matthew Workman Joshua Wright Melissa Wright Tiffany Wyant Kevin Yates

Sherry Young Stacey Young Kevin Zaugg Brenda Zeliadt





Perfecting one of her talents, Ginger Cowger follows along with her sheet music, playing her trumpet all the while. She plays for the East High Band.

## Embarrassment fades with time



Jay Elliott should have listened to his mom about sitting on all fours. Instead, he ended up on the cafeteria floor, thinking his mom would never know.

y their third year juniors should be able to take on East without complications. There are a few minor things they should be experts at, but then again, do not overestimate them. Next year will be their last year to try to impress the underclassmen; therefore, knowing which way the senior bench is may help them more than walking up and down the halls over and over. Remember that no one wants to be mistaken for a fresh-

man. Why is it when you show up late to class in the north wing you tell your teacher you went to the south wing by accident, yet you always remember where the parking lot is when it comes time to go home?

If all of you in the Class of 1992 have been walking around not all together, now is the time to wake up and learn some things you should have learned two years ago.

#### Sophomores

he Sophomore Class did an extraordinary job of choosing four outstanding girls to represent them: Nicole Wagner (president), Shannon Carlson (vice-president), Ashley Calhoun (secretary) and Katie Goodrich (treasurer).

All the girls were actively involved in Pep "E" Club and Student Government. Nicole, Ashley and Katie were on the Sophomore Cheerleading Squad, while Shannon was more athletically inclined. She was involved in basketball, softball, tennis and volleyball.

All girls agreed that it was "an honor" to be chosen as officers by their classmates.



1990 SOPHOMORE CLASS OFFICERS: ROW 1: Katie Goodrich, treasurer. ROW 2: Ashley Calhoun, secretary and Nicole Wagner, president. ROW 3: Shannon Carlson, vice-president.

Aaron Abbas John Adams Tammy Adler Jesse Ahrens Trent Ainsworth Michelle Alderman Julian Allison

Michael Anderson Russell Anderson Doug Ashby Matsalya Baccam Nola Baccam Chad Bailiff Burton Bailey

Erik Bair Elizabeth Baloun Sara Barker Thomas Bartram Steven Bash Lisa Batye Ryan Beard

Chad Beason Jennifer Beck Melissa Beeler Joseph Beminio Tracey Bemisdarfer Matthew Bennett Jason Bent

Jason Bernard Carla Berry Tisha Bimbi Jody Bishop David Blackburn Toni Blair Amy Bockenstedt





Robert Borst Charles Boydston Vikki Braden Kyle Brown Latasha Brown Melinda Brown Melissa Brown

Chandra Browne Jerry Burns Wendy Burr Brad Bushong Steven Buttrey Donald Cady Ashley Calhoun

Robin Callahan Jarrod Calvert Christopher Capehart Charity Cardines Shannon Carlson Richard Carolus James Case

Cherish Chandler
Heather Clannahan
Phitsmay Chanthavongsa
Frank Clausi
David Cline
Nonja Cochrane
Johnathan Colton

Shonice Colton Joshua Conn Jennifer Cook Torbin Cook Kimberly Cory Justin Coughlin Philina Courtney

Harold Cronin Michael Curtis Kyle Danley Denny Davis Jason Davis Joseph Davis Penny Davis

Rebecca Davis
Johnanna Day
John Deaton
Kenneth Deever
Carrie DeYoung
Candy Dhabalt
Dawn Doornenbal

Ryan Dority Staci Doumas Nicole Dresch Michael Dyer Kelly Dyke Scott Earleywine Brandon Eckert

Jason Edgington Angela Edler Hollie Edsill Bradly Edwards Michael Egenberger Heather Elings Jeremy Ellis Christopher Emery Jenny Enfield Shawn Essex Stacy Field David Finch Alison Fines Travis Finnell

Jody Firestine
Michelle Fisher
Christopher Flannery
Lisa Flynn
Amy Ford
Trent Forest
Gail Foster

Mike Freeman Steven Freerksen Kymberlee Fulmer Maximino Garcia Don Garrett Elizabeth Gaskins Heidi Gerstenberger

James Gibson Heather Gilchrist Misty Gish Megan Gogerty Amy Goode Katherine Goodrich Misty Grear

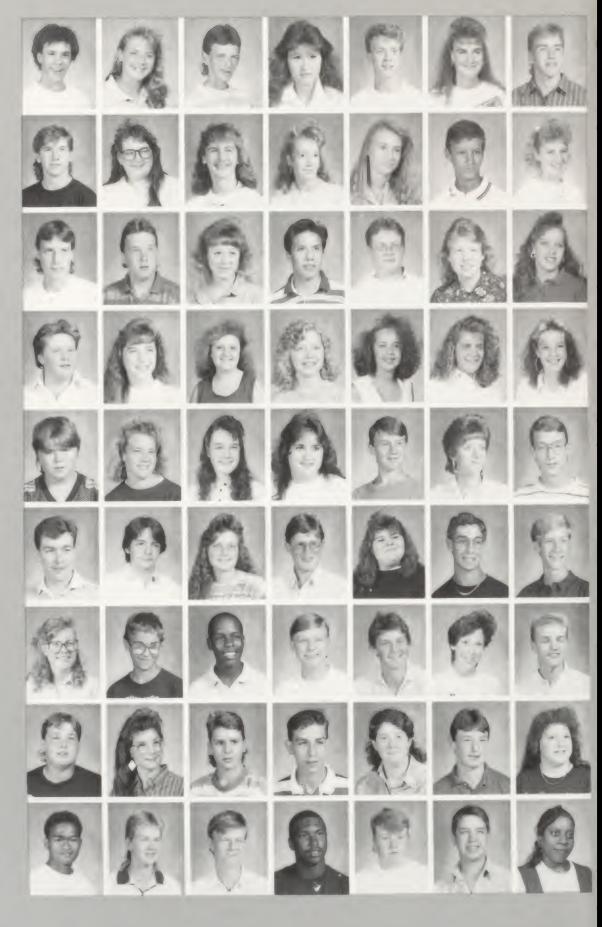
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Lori Harker Jessie Harless Matthew Harris Richard Harris Derek Hartline Rhonda Harvey Tad Hays

Joseph Heggen Rachel Herndon Kale Heuton Travis Higday Deborah Hill Jeremy Hines Angela Hoekman

Sarob Hoeut Jonathan Hoff Jeffrey Hokanson Christopher Hollie Chad Hollingsworth Ronald Holt Jolina Horton





Does this scene look familiar to anyone? Annika Stroope and Matt Oltman sit nervously on a couch. This can only mean one thing — first date!

# Educated sophs give excellent dating advice

any people experience their first date while attending high school. This is a very familiar scene for many sophomores. Their first dates ranged from movies to laser-light rock shows.

Most sophomores weren't nervous. "If you were nervous at first, do not worry, it'll work out," said Hollie Edsill.

These "experienced" sophs gave some advice. "Make sure you're with someone you are comfortable with," said Carla Berry. Tate Thomason generously offered: "If you haven't done it, don't worry; it will be fun!"

How could future sophomores worry after being given such wonderful advice?



Dennis Howe Marry Jo Howser Hope Hudson Christopher Huffey Chad Hurley Lisa Hyde Todd Inman

Angela Irwin Kevin James Eric Jayne Angellita Jenkins Tina Jensen April Johnson Casey Johnson

Kimberly Johnson Matthew Johnson Sara Johnson Jamey Johnston John Jones Jennifer Kaiser Tina Kalar

Mandi Kaldenberg Shannon Kale Twilla Kanne Christopher Kays Donald Keithline Laura Keller Amy Kellis

Karen Kennedy Vannora Keo Charles Kephart Lori Kephart Paula Kephart Alvin Killion Christine Klukas

Ryan Knight Joe Koons Matt Krantz Brian Kuehler Kenneth Kyburz James Lamb Sandra Large Eric Larosee Billy Lawson Michael Leader Mark Lee Joseph Lenihan Kristen Leo Eric Leonard Paul Leonard Jennifer Lindberg Brandon Lindsey Desiree Lint Lynann Loper Francisco Lopez Thavone Lovan Jennifer Ludwig Vern Luncsford Thouan Luong James Lupton Linchong Ly Jason Mamminga Kerry Mann Matthew Marshall Christine Martin Jesse Martindale Shupha Mathew Brent McConnell Maria McConnell Jennifer McCrea Brandi McCuen Sarah McDaniel Amy McDonald Angie McDonald Jason McDowell Jennifer McNear Heidi McVey Matthew McVicker Jodi McWilliams Valerie Mechem Erica Medearis Bobbi Messer Tina Michael Kariann Mikesell Maria Millard Kevin Miller Tara Miller Tommy Moberg Kori Moreland Robbie Moreland Matthew Morris Kimberly Mullin Ryan Mullin Khristal Mullins Stephan Mullins Brian Nadeau Matthew Nalevanko

Cadry Nelson



Gary Giefer sees another weekend stuck at home for Donnie Keithline. It looks as if Donnie needs to take Driver Ed. over again, but this time stay awake!

#### Look out, world: Steering wheels gripped by sophs

ophomores graduating from Driver Education marked the beginning of a scared society. Let's face it. Sophs don't know a thing about car control. "Hey, wait a minute," said a soph. She claimed sophs are better drivers than their elders because sophs have everything fresh in their mind from Driver Ed. All seniors replied, "Like what? The 82 curb checks you successfully completed daily; the 91/2 injured cats, dogs or other living creatures crossing your path, the 8 reconstructed stop signs; the 16 red lights you ran, confused about which pedal to use; or the three lawsuits filed against you from the survivors in your Driver Ed. car for whiplash?"



Tricia Nelson
Joseph Nicholson
Blake Nichaus
Michael Nokes
Wanda North
Michael Nothdorf
Shaun O'Brien

Deanna O'Connor Ryan O'Hara Angela Oldenburger Latron Ollie Matthew Oltman Diana Ortiz Harold Otis

Jerry Owen Doreatha Page Joni Park Elix Parker Kay Parks Chad Patterson Ron Patterson

Michael Pauscher Gina Pearson Randall Peckman Nung Nin Phimphangsy Chad Pierce Tonya Pilkington Shawn Pinegar

Matthew Plummer Aimee Poe Gregory Powers Jennifer Price Corrie Proska Sara Puckett Jason Pullen Jamie Randolph Tina Ranea Don Rankin Rodney Rasmussen Ronald Raymond Cindy Reed Diana Reed

Sue Rench Robert Robertson Elizabeth Robinson Kimberly Rollins Laura Ross Scott Ross Shana Roth

Chasity Runice Brandy Ryan Errin Sage Bradley Sams Leslie Sanders Ronnell Sanders Joseph Schminkey

Jerry Shedd Joe Shelton Sheila Shipley Aaron Short Amelia Shrum DeAnna Sievertsen Nicole Simon

Souvankham Sipaseuth Jennifer Smedes Anastasia Smith Autumn Smith December Smith Joshua Smith Tosh Smith





Sophomore Cheerleaders Jenny Enfield, Angie Hamblet and Colette Swenson share a happy moment.

Senior Monte Crawford seems to enjoy all of the extra attention and idolizing he is receiving from sophomores Lisa Bayte, Diana Reed, Kristen Leo, Carla Berry, Renee Gatrost and Jessica Stumpf.

## Sophomore girls head-over-heels for heartthrobs

o giggles, squeals and no-no note writing remind you of a tenth grade English class? Do these high-pitched whines and hushed secrets bring back memories of the last time you took that fateful journey down the back basement hallway known to all as "sophomore hall" and watched the clump of girls laughing in front of you?

These untimely fits of emotion could be caused by only one topic: BOYS! Two skills sophomore females try to perfect in their second year of high school are boy watching and boy catching.

"When I like a guy, all I do is tell my friends. They run to tell his friends, who in turn blab the news to him." That was Katie Goodrich's guy-grabbing tactic.



Audra Solberg
Tim Stamper
Charles Stanley
Richard Steele
Robert Steffen
William Steffens
Ginny Stephenson

Michael Stevens Chastity Stewart Michelle Stone Joseph Strable Toni Straight Bryan Strait Christopher Streeter

Ronald Streeter Jessica Stumpf Annika Stroope Colette Swenson Chad Swertfager Jeremy Swope Tyler Teske

Tate Thomason Heather Thompson Janelle Thompson Joshua Thompson Jennifer Thurman Jennifer Tinkle Aaron Tomaszck James Tully Timothy Vail James Van Rossum Jonathan Veach John Vestal Jason Vitiritto Laura Vust

Cynthia Wagner Nicole Wagner Anthony Walker Melicia Wallace Nichole Waltz Kathleen Wathne Glen Weaver

Erin Wedman Charles Weiny Shawna Weiser James White Heather Willey Bridget Williams Deborah William

Albert Winfrey IV Forrest Wing Michael Winget Kimberly Woods Mai Xiong David Young Ronald Young, Jr.





Ouch! These are the halls of east High School during passing time. Every hour theses hallways become crammed for five minutes. Here we see the basement hall stuffed with the bodies of high school students.

### Clean lockers? Who needs 'em?



The typical locker at East High School was not quite as bad as this, but if you bothered to look down the hallways at other people's lockers, it was awfully close.

essy lockers are a tradition at East High School. Everyone's locker is messy at one time or another. Some people have messy lockers once in a while, but for others, it can be all of the time. It doesn't matter if there is one person or if there are seven in the puny space, or if there are girls or guys occupying the locker.

Lockers are the resting place for 20 to 30 returned homework assignments that were never thrown away and the one to two books per class that each teacher gives you, not to mention the various folders and spiral notebooks for each class. Lockers are the haven for two-month-old bags of chips, empty cans of pop and Kwik Shop squeeze bottles waiting to be used the next day during lunch. Then, when the winter comes, the already crammed, undersized locker becomes filled even more with heavy winter coats, book bags, gloves and scarves.

Lockers also become victims of the remnants of gym class: the sweatshirts and shorts that were worn two weeks ago, along with the beat-up pair of tennis shoes for occasions when you wear dress shoes to school.

Lockers also have to submit to being decorated with different forms of artwork; pictures of friends and pictures of relatives usually dominate the scene. Occasionally a mirror is added to the disarray. Various red and black ribbons and other paraphernalia help to adorn the dull-brown metal walls.

We all have to suffer through unreadable numbers on combination locks and a drab brown to behold. So until it changes, let's deck the walls.

### Freshmen

he Class of 1994 chose four bright young ladies to represent them.

Amy Knight, president, was involved in Student Government and Pep "E" Club board.

Deth Philavanh, vice-president, participated in Pep "E" Club and Student Government.

Jenni Harridge, secretary, took part in Pep "E" Club, Cheerleading and Student Government.

Tiffany Larsen, treasurer, took part in Pep "E" Club and Student Government.



1990 FRESHMAN CLASS OFFICERS. Jenni Harridge, secretary; Tiffany Larsen, treasurer; Deth Philavanh, vice-president; and Amy Knight, president. The freshmen had great leaders to guide them through their first year.

Laura Ackelson Melissa Akers Tricia Akers Mario Alba Jennifer Albaugh Jaime Allbee Jason Allen

Todd Allen Carrie Anderson Ginny Anderson Michelle Anderson Scott Anderson Wesley Anderson Jami Andrus

Renae Arbabian Jack Archer Aaron Aswegan Tina Auch Dale Austin Angela Babcock Alvina Baccam

Chaffee Baccam Monic Baccam Daniel Baker Jeremy Ballard Eugene Baloun Anastasia Barach Nikki Barden

Venessa Barger Melissa Barry Anika Baty Robert Beerbower Adrian Belcher Alan Benedict Loren Bennett





Penny Bent Heather Berry Troy Berry Al Bibbins Brian Bickel Ray Bienaime Donald Billman

Rachel Billups Hope Bish Cori Blair Robert Blanchard Jeremy Bos Ryan Bourne Ryan Boyer

Leslie Braden Shawn Branchcomb Roger Brannon Iyan Breese Chris Breuklander Christi Broughton Antoinette Brown

Christina Brown
Cynthia Brown
Daveta Brown
Dennis Brown
Edward Brown
Shannon Bubb
Phongsavanh Bupasiri

Jane Burgess Raymond Calkins La Cam Jason Camp Dawn Campbell Tara Campbell Maragaret Cantrell

Bobby Jo Canty Heather Carnahan Melissa Carnahan Cora Carpenter Donald Carpenter Steven Carreon Jeffrey Carroll

Leanae Carter Joseph Case Kenneth Case Chris Chadd Tom Chanthavongsa Soutthanou Charensouk Daniel Clark

Jeffrey Clark Jerome Clark Jerry Clark Tony Coe Ronald Cole Billy Coleman Roy Coll

Joaquin Collins Ryan Collins Erik Conlan Christine Cook Dawn Cook Nickie Coughlin Matthew Cooper

Angela Counter Buddy Courtney Brian Crowley James Culler Debra Curtis Andrew Dabbins Troy Daniels Chris Daughenbaugh Marcellette Davis Paul Dawson Telisa Dawson William Dawson Robert Deever Randall DeHaven Robert Dezwaan Ryan Dickson Chad Dimaio Staci Dix Diane Dixon Monet Dixon Dustin Douglass Daniel Duff Scott Dullard Clarence Dunagan Thersa Dyer Dora Einertson Bryan Fisentraut Jamie Elgin Kristen Ellis Joshua Emerson Micheal Enos Gary Erickson Daniel Estrada Heather Ewald Jamie Ferrell Jon Fetters Laurie Field Lavern Fields Laura Fireman Jeremy Firkins Deana Fiser David Fisher Dusty Fisher Shane Fisher Jennifer Fitch Robert Fitzpatrick Crystal Flagg Kelly Flesher Tammy Fogle Angela Foreman Carolyn Fox Chrisie Franklin Matthew Freeborn Adam Fuller Sara Furtado Lisa Gallardo Braulio Garcia Jennifer Garner Jeffery Garrison Jenniser Gerke Melissa Gervais Marla Geyer Todd Gibson



Christina Ollie laughs at her own foolishness at getting her purse caught on the railing.

# Laughing about it now, later with your best friend

reshmen often experience embarrassing moments as they go through high school; they look back later and laugh. When such moments happen, a person may not appreciate the humor of the situation.

Some common moments of embarrassment include falling up and down, dropping books and papers, getting clothes and purses caught on railings, doors, lockers, etc., and getting to the place one was going. In later years perhaps we will look back and laugh at some of the things we did as freshmen, sophomores, juniors and seniors. It will be something to tell our children when they get embarrassed at school. During the year things have happened that we may want to forget, but never will.



Gary Giefer Richard Gist Raul Gomez Cletus Goods John Goodsell Mikhael Goltz Michael Gordon

Penny Granquist John Graves Grant Green Jason Green Tamickia Green Jerry Grother Max Grove

Jamie Gulley William Guyer Yvonne Halbur Holly Hall Rodney Hall Michael Hamm Matthew Harker

Jenny Harridge Kish Harris Jenny Harrison Kristin Harrison Melissa Harrison Shannon Harrison Scott Hart

September Hartman Melinda Harvey La Hathi Larry Haus, Jr. Misty Hayes Heather Hayward Matt Heldenbrand Brandi Henderson Jason Hernandez Darin Herteen Cole Heuton Heidi Hiatt Adam Hickson Christine Hill

Ted Hill John Hines Jason Hockett Angel Hodges Aric Hollingshead Donna Hood Jonathan Hopkins

Frank Horn
Dan Horton
Cheryl Howe
Jaime Howell
Tony Hudson
Carrie Huffman
Kristy Hummel

Amanda Hunter Matthew Hutchings Leah Ingraham Adisak Inthalangsy Heather Ira Dara Jackson Francine Jackson

Martha Jager Todd Jansen Wenddie Jarrett Christina Jenkins Courtney Johnston Angela Jones Chanda Jones

Joey Jones Ralph Jones Reggie Jones Teresa Jones Billie Jordan Bobbiann Jordan Mark Juarez

Melisa Kalar Rick Karns Marci Kauzlarich Mellisa Keesler Michael Keller John Kephart Carrie Kern

Lorina Kern Jeremiah Kernes Sabriya Khan Jeffrey Kimball Jonathon Kimberly Kathryn King Nicole King

Quinton Kingery Valerie Kmieciak Amanda Knight Amy Knight Jennifer Knight Kerri Kofoot Josh Kunert





Richard Kyle
Casey La Mar
Gregory Lambert
Tiffany Larson
Hope Laughlin
Megan Law
Jerry Leach

Misty Leader Lee Lee Michael Leeper Jason Leete Alena Leichliter Sally Leitzke Paul Leonardi

Anthony Lester Lori Lethcoe Nichole Levy Bradley Lloyd Dina Lopez Scott Losenicky Jackson Lovan

Say Lovan Becky Loveless Teresa Loveless Scott Ludwig Joleen Lupkes Tara Luvan Atid Lvong

Kethsanaphu Ly Joshua Madison Sheila Manuel Matt Marker Dan Martin Terry Mastin Rogena Mata

Amy Mathews Brandy Mauk Milssa McCaughey Regan McCaughey Jodi McClain Stacey McClish Kelce McCrea

Ronnie McDonald Dee Dee McFall Lori McMahon Heather Merryfield Brenda Messer Jessica Metheny David Michael

Scott Michael
Juliette Michaelis
Christi Millard
Bruce Miller
Shane Miller
Jason Mitchell
Sara Mitchell

Jasmine Moe Jason Moen Gayle Montoya Johnny Moore Travis Morck Andrew Morgan Amy Morrow Michael Mozee Telisha Mozee Jason Mrogenski Alisha Muller Sherry Mullins Christopher Murphy Jennifer Murphy

Scott Murphy Dennis Myers Riley Myers Lanette Nelson Eric Neubauer Eolo Nizzi Aaron Norem

Jack Northway Robert Ogg Christina Ollie Thomas Olsen Greg Olson Mark Orfield Tim Osborn

Matthew Overton Daren Owens Bobby Palmer Ellis Parker Tony Parker Christopher Patrick Anthony Pelham

Mike Penake Larissa Perkins Shane Peter Tonya Peters Leigh Peterson Dee Dee Pettijohn Khonesavanh Phetpriyavanh

Soukhato Philavanh Vannadeth Philavanh Bradly Phillips Jodi Phillips Jolene Phillips Bouapha Phimphangsy Susan Picray

Deborah Pinegar Heidi Plate Scott Plym Sean Poland Brenda Poole Jennifer Porter Keith Porter

Tommi Porter Anastasia Powell Bouasanit Prasasouk Niphaphone Praseuth Michelle Primm Brian Raitt Mary Ramirez

Pedro Ramirez Christina Rasmussen Robert Rattray Jr. Todd Razor Jason Reasoner Brian Rebel Don Reed





Many freshman girls couldn't decide on the same hairspray, but the same hairstyle is very common

# Freshman girls extend hair to show off style

ecisions . . . decisions . . . What kind should I get? Which has the most hold?

Many freshman girls went through this predicament every day, waking up early in the morning just so their hair could air dry. After drying, it took about 25 minutes to finish their hair, curling it, spraying it, combing it out and then spraying it in the same position it had just been in

Choosing a hairspray could be the toughest decision. Salon Selectives, Bold Hold and Vavoom were three of the selections available. Selecting a hairspray could depend on how the girl styled her hair. Many chose the skyscraper look with the hair very high off their heads.



Charity Reeves Brent Remster Stephanie Renner Samantha Rice Rebecca Ridnour Jeri Riley Michael Riley

Danny Rivas Steven Rivas Amunda Robertson Markeba Robinson Marques Robinson Robin Rodgers Kelly Rosenbalm

Jeff Rotter Matt Rourke Scott Roustio Jesse Royse Bradley Runyon Heather Ryan Randy Sannenberg

Brandy Schaffer Melissa Scharfenberg Rodney Schrier Jodi Scott Myron Shade Kari Sharp Carey Shelton

Jason Shipley Scott Shrum Denita Sims Tyan Smith Lori Smith Dwight Smith Brian Smith Wendy Sparrgrove Jerry Spivey Mark Springer Laura Stalker Mark Stanton Robert Stanton James Stevens

Anthony Stevenson Greg Stith Dewann Stone Sarah Stone Chad Stocker Donald Stoutenberg Jeffery Strahl

Chris Struble Jennifer Swanson Christine Swisher Teryl Syferd Justin Tamminga Brian Taube Eric Taylor

Tyson Taylor Hector Tejeda Glenda Terry Derrick Teska Tiffany Thomas Doungchay Thongsoum Khamsouk Thongvan

Daniel Tomlinson Lisa Towns Dennis Treer Buddy Troutman Douglas Turkington Katie Van Dalsem Perry Van Sickle





Seniors Chad Cox and Mike Ramsey show freshman Aaron Aswegan who's boss.

# Senior hall is danger for frosh.

ave you ever tried to get through the senior hall safely? It takes practically five minutes just to get to the other side. David Fisher, freshman, said, "You've got to be a real patient person to get where you want to go." Not only does a freshman have to be patient, but he has to be careful not to get run over by a senior.

This is the situation that a freshman faces everyday. As the freshman enters the senior hall, he is faced with 50 giant seniors. Before he begins his journey through the wilderness, he maps out his path. He starts his way through the forest by weaving in and out of the giants. When he reaches his destiny, he turns and says to himself, "I think I'll take the long way next time."

## Freshmen pass time on phone





Melissa Harrison and Teryl Syferd get to talk to each other all day at school, yet they find more to talk about after school.

alking on the telephone is a necessity for freshmen. As soon as they get home from school they're talking on the phone as if their lives depended upon it. What would a freshman do without the invention of Alex-

ander Graham Bell? Freshman Marci Kauzlarich said, "If I didn't have a phone, I would probably end up doing my homework."

Senior Tiffany Syferd commented about her sister's constantly being on the phone!

"She's on the phone so much my parents and I answer the phone, 'Teryl's Telephone Service. How may I help you?' I'm really looking forward to college because when the phone rings I know it will either be for my roommate or me," Tiffany said.



One of the worst things about being a freshman is having to find a ride to school. LEFT: A clever Mark Juarez catches a ride on the back bumper of a car, RIGHT: Some students catch the MTA instead of the yellow bus, but Matt Rourke was a little late this morning and isn't quite making it.

## Frosh tough out first year

id you ever find yourself walking two-and-a-half blocks to the football games, not because you couldn't park any closer, but because that's where you told mom to let you out of her wagon? Were you ever standing in the lunch line and realized that you hadn't moved in over 15 minutes, not because it was the one day pizza wasn't served but because upperclassmen could never seem to find the end of the line? If you

in 1990-1 answered "yes" to the above questions, you were undoubtedly a freshman.

The temptation of elevator passes and trying to find detours to avoid the senior bench all came with the territory. So most of these problems should disappear sometime during the 1991-2 school year.



Jamie Van Note Eric Van Zee Kerry Venn Michael Vest Terra Vestal Matthew Von Ahnen Brandy Jo Wadsworth

Steven Walker Diana Wallace Zachary Ward Rodney Washington William Way Josetta White Matt White

Mikki Whitmore Tiffany Wickersham Lew Willey Adrienne Williams Antonio Williams James Williams Marturell Williams

Sheila Williams David Williamson Patrick Williamson Sharon Wingert Randy Wolfe Jr. Samuel Woods Angela Worthington

Kathleen Yates Naomi Yaw Jason Zeliadt Karen Zeliadt

# Strong social, academic skills guide students

t was the third year at East for Principal Jerry Stilwell and two vice-principals, Mr. Gary Jotzke and Mr. Mike Zelenovich. There was also a new face this year, our new vice-principal, Mrs. Fac Ramsey. By working together, they led East through another terrific year.

Mr. Stilwell has spent over 28 years in education. He graduated from Valley High School in 1957 and went on to attend the Iowa State Teachers' College. He then participated in graduate work at Drake University. Mr. Stilwell became a principal for the first time in 1981, when he was made principal at McCombs Middle School. In 1984 he became the principal at Harding Middle School. Mr. Stilwell became East's principal in 1988.

In the three years Mr. Stilwell has been here, he has led East to higher academic achievements and increased participation in school activities, sports and organizations.

When Mr. Stilwell was asked what he thought students should get out of high school, he responded, "Students should get a combination of strong preparation for the future as well as developing social skills."



Mr. Jerry Stilwell, Principal



BOARD OF DIRECTORS. ROW 1: Mr. Gary Wegenke (Superintendent), Mrs. Gloria Hoffman (President), Mrs. Sue Luthens (Vice-President). ROW 2: Mr.

Jonathan Wilson, Mrs. Barbara Buck, Mrs. Suzette Jensen, Mr. John Phoenix, Mrs. Jacqueline Easley.

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Mrs. Vallery Griffis, English. Mrs. Julia Hagen, English. Mrs. Dorothy Hall, Home Economics. Ms. Kathryn Hansen, Foreign Language Mrs. Nancy Hansen, Business. Mrs. Dena Harms, DSM Plans. Mr. Jim Hickman, Math. Mrs. Jodi Hild, Attendance Clerk.

Mr. John Hodson, Social Science. Mrs. Ann Hoehle, Librarian. Mrs. Patty Hoffman, SWS Counselor. Mrs. Mary Hohl, Counseling Clerk. Mrs. Doria Huang, Math. Mr. Mark Hurley, Physical Ed and Health. Mr. Larry Hutzell, Science. Mr. Richard Johnson, Science.

Mrs. Terri Johnson, Bookkeeper Mr. Russel Junck, Industrial Arts, Mrs. June Kalsem, Librarian, Mr. Ed Kelly, English, Mr. Walt Kennedy, LD. Mr. Richard Kinney, Social Science, Mrs. Pat Knott, Physical Ed, and Health, Mr. Virgil Larsen, Math.

### East shines through helpers

ast makes us happy. We like the kids and enjoy our work at East," say East's part-time helpers, Mr. Mike Anousis and Mrs. Elaine Anousis. They seemed to have had a certain shine to them every day, easily admired by all.

Lunch was the favorite period of most students. The cafeteria's major goal was to encourage students' ideas and input in order to make their lunches the best. Mrs. Linda Anderson (manager) said, "We work basically for you students. It's your cafeteria."

"Help. My locker is jammed." Many students have always seemed to have locker trouble; consequently, we were very glad to have had such helpful custodians to be around for us. Mr. Bob Howe (building manager) said he has had pleasing comments about East's cleanliness from others visiting East High.



CAFETERIA LADIES. ROW 1: Mrs. Barbara White, Mrs. Sandra Van Gundy, Ms. Linda Cook, Mrs. Linda Anderson, (Manager). ROW 2: Mrs. Mae Smith, Ms. Linda Evans, Mrs. Lorraine Massey. ROW 3: Mrs. Dixie Heimbaugh, Ms. Michele McClain, Ms. Kathy Clater. ROW 4. Mrs. Pat Smith, Mrs. Lori Miller, Mrs. Norma Tiogon, Ms. Sue Loftus.



DAY CUSTODIANS. ROW 1: Mrs. Mary Penenger. ROW 2: Mr. Leroy Smith, Mr. Dan Fraaken. ROW 3: Mr. Steve Barnes, Mr. Doug Witt, NOT PICTURED: Mr. Bob Howe (Building Manager).



PART-TIME HELPERS: Mr. Michael Anousis and Mrs. Elaine Anousis.



NIGHT CUSTODIANS. ROW 1: Mr. Scott Lewiston, Mr. Touch Sou, Mr. Vanna Keo, Mr. Pheng Ung. ROW 2: Mr. Joe Leo, Mr. Steve Shepherd, Mr. Kong

Hom, Mr. Daryl Jones, Mr. Richard O'Brien. NOT PICTURED: Mr. Steven McCasland.



Ms. Carole Larson, Physical Ed and Health Mrs. Judy Larson, LCR Mr. John Lethcoe, Communications Media. Ms. Anda Liepa. English. Mr. William Linthicum, English. Ms. Sue Lorence, French, Mrs. Carol Lortscher, Library Clerk. Mrs. Barbara Madden-Bittle, Nurse.

Mr. Robert Madison, Math. Mr. Paul Mann, Work Experience Advisor and BD. Mrs. Kay McCollum, English. Mr. Mike Miller English. Mr. Marty Mohler, Industrial Arts. Mrs. Carla Murphy, Math. Mr. Donald Murphy, Social Science. Mrs. Norma Needham, Counselor.

Mrs Linda Nemmers, Math. Mr. Ted Nemmers, LCR. Mrs Celia Noble, Study Hall Associate, Mr. Randy Nordaker, Work Study Miss Mary Ann Ochs, Business. Mr. Dale Ogle, Work Study. Mr. Harold Olsen, Counselor. Mrs. Suzanne Page, LD.

Mr Ray Patrilla, Science Mrs. Elaine Peterson, Business. Mr. Eldon Peterson, Drivers' Ed. Mrs. Jean Pillers, Counselor. Mr. Paul Pochiein, Counselor. Mr. Ric Powell, Work Study. Mr. Pat Puetz, Science Mr. Ned Rasmussen, Industrial Arts

Mr. John Raymond, English Mr. Clark Roberts, SWS. Mr. Gary Rourke, LD. Mr. John Rudisill, Science Mrs. Judy Rush, SWS Mrs. Linda Saddoris LCR. Mr. Steve Sams, Art. Mr. John Schnoor, Math-

Mrs. Shirley Schoop. Registrar. Mrs. Cindy Selden, DSM Plan. Mrs. Margaret Severino, Foreign Language and English. Ms. Jill Shaeffer, English. Mrs. Diane Sheil, Steno Clerk. Ms. Susie Shupe, Teacher Associate. Mr. Paul Sloan, Science. Mr. Kenneth Stock, Business.

Mrs Carolyn Strickler, LCR. Mrs. Susan Stroope, Science, Mr Charles Sutherland, Physical Ed. Mrs. Sue Sutherland, Building Associate, Mr. Craig Swartz, Instrumental Music, Mrs. Leah Taylor, Math. Mr. Richard Thomas, Social Science, Mr. Stan Thompson, Social Science.

Mr. Mark Tiby, Physical Ed. and Health. Mr. James Van Tuyl, Social Science. Mr. Fred Vanderley, Social Science. Mr. Jay Wand, Drivers' Ed. Mr. Gene Wanek, Business. Mr. Jim Weaver, Vocal Music. Mrs. Mary Westover, English. Mr. Al Willis, Math.

Ms. Fannie Wilson, CBEP Mr. Mel Wilson, Math. Mr. Pat Wilson, Campus Monitor, Mr. Larry Winegar, Industrial Arts.

ABBREVIATIONS CBEP — Community Based Education Program. BD — Behavior Disabilities. LD — Learning Disabilities SWS — School Within a School. LCR — Learning Center Resource, DSM Plan — Des Moines Plan.



East High School, home of the Mighty Scarlets, has been a place where the good times have been rolling for many generations and will be



for many more generations yet to come. Built 79 years ago, East High has done more than its motto states, "For the service of humanity."

## ROLLING

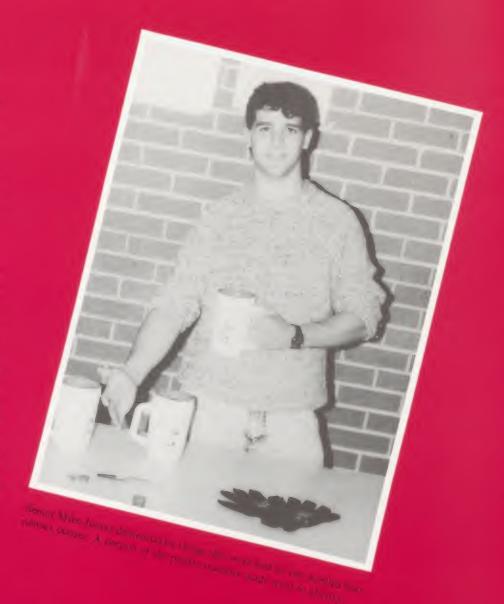
C kept the good times rolling with Academies. Some students felt that featuring was boring; it was the same thing day after day.

For this reason, teachers were always trying to come up with new ways to teach, as well as having fun while dring so

In the past, feachers that group ac-

This year Mr. Pur Puetz. Physics teacher, thought of something new. You may have walked by and seen his classes using white boards. This is how they worked: Mr. Puetz would give los students a question and with their dryonase markers, they would answer soc question on the white boards. After they had the answers, they had to bold the boards up. This was not only fur for the class, but a learning experience as well.

Through the bard work of the students and teachers working together, the intoligence of our students continues to grow.



## in Honors



Colonia Productive Language and Sections for Language Sections for the Language Sections of the Language Section Secti



Jerry Peitzman, junior, Chris Bice, junior, and Jarod Fleck, senior, display the redone football sled.



Ryan Hatchitt, senior, works on a special project.



Each of these 61 students earned an academic letter for achieving a 3.6 or better grade-point average each semester of the 1989-90 school year. Two stars indicate a second-year letterwinner and three stars indicate a third-year letterwinner. ROW 1: Jeremy Ellis, Michelle Holt\*\*, Mai Xiong, Pathana Baccam, Corrie Proksa, Tina Kalar, Michelle Grandstaff, Samone Khovangsathiene, Jenny Enfield. ROW 2: Missy Crouse\*\*, Dawn Dixon, Traci Adams, Jody Bishop, Katie Goodrich, Susan Foster, Carrie Hemmingson, Carma Miller, Laura Spaulding\*\*. ROW 3: Kristie Swacker\*\*\*, Amy Shrum, Jason Bent, Shupha Matthew, Heather McClannahan, Amy Ford, Cadry Nelson, Deanna Sievertsen, Co-

lette Swenson, Brad Sams. ROW 4: Shannon Carlson, Johnanna Day, Erica Cunningham\*\*, Phan Hong\*\*, Erika Johnson, Caryn Woods\*, Scott Donohoe\*\*, Bobby Anderson\*\*, Brian Newton\*\*, Scott Littell\*\*. ROW 5: Angie Furtado\*\*, Fred Livesay\*\*, Andy Pelham\*\*, Herb Camp\*\*, Jason Lovell, Jay Elliot\*\*, Jesse Helton\*\*, Jay Scott\*\*, Mike Mapes. NOT PICTURED: Jeremy DeYoung\*\*\*, Stacy Loegering, Brendon Martin, Michelle McNeley, Mike Moyle\*\*, Matt Oltman, Dan Packard\*\*, Brandi Penn\*\*, Jennifer Price, Jennifer Rouse\*\*, Annika Stroope, Kellie Swacker, Bryan Swain, Tyler Teske.



Hard at work in the Industrial Arts Department auto shop, Jack Stout, senior, figures out the engine.



Michelle Grandstaff, junior, Jessie Helton, senior, and Laura Spaulding senior, discuss a letter.

### Taking off with Letterwinners, Industrial Arts

"With the accelerated classes I took, it was difficult to keep my gradepoint average up, but it was worth it." Jesse Helton, senior

"It was a great way to start off the year. It took a lot of hard work to earn good grades and it was an experience to remember." -- Jody Bishop, sophomore

"It was really great, because some schools don't have such a program."

— Brandi Penn, junior

"Welding helped to prepare for many career opportunities." — Jason Hall

"Shop classes were easier than I thought, because I was the only girl in the class. I proved to everybody that I could work as well as all the guys and better." — Missy Simon

"The change in auto shop made it a more interesting and educational class to take." — Mike Ramsey, senior.

"The Industrial Arts Department did an outstanding job of putting emphasis on learning to be productive with their time on tasks." — Mr. Ned Rasmussen, teacher



Junior Kelli King and freshman Heather Hayward try to teach each other the basics of Spanish. It appears that they are accomplishing it.



Freshman Heather Carnahan gets excited in French class after learning a hard word.



Senior Shane Hodges jots down his notes as he uses his East High Scarlet pen.



Freshman Dawn Campbell shows the spirit of Spain in her hat and poncho.



In Spanish class, students work together on vocabulary.



Junior Truman McCurn listens carefully while being addressed in foreign language.



Senior Jenni Baysinger types vigorously, determined not to make any mistakes.

## Scarlets excel in foreign language, business

"I think that sales in one of the best classes to take. It's a good learning experience for when you join the work force. It gives you the opportunity to go out and meet business people to try and sell ads to them." — Nicole Updike, senior

"Spanish is hard at first, but it gets better as you go." — Scott Plym, freshman

"I feel that you should take an extra language, just in case you move next to a foreign country." — Jason McDowell, sophomore

"I was in Computer Applications and Office Procedures. I learned a great deal in these two classes. They both helped me to do reports for other classes." — Angie Stewart, senior

"I think that typing will be very useful in my future and I am glad I was able to learn it this year." — Bo Modlin, junior

"Accounting is a great class; besides being interesting, it will help a person keep track of expenses." — Kathy Irvin, senior

"I think that Spanish is a great class if you are planning to visit a Spanish country in the future. The only thing I did not like about it was the fact that there is too much to remember." — Bonnie Bever, junior.

"French broadened my horizons when it comes to other people and places." — Heather White, junior

"I think that taking a foreign language is a good experience, and more people should learn about a different culture so more people could go out and travel to many different countries." — Kristin Harrison, freshman



The new IBM computers proved to be a great help in the advanced mathematics classes. Matt Reeves, junior, concentrates intently on the keyboard while juniors Tera Caldwell and Shirley Palm and sophomore Max Garcia work diligently on their problems.



Mr. Jim Hickman smiles at a student in his Pre-Calculus class.



Adrienne Parker and LaTanya Ferrell, seniors, laugh as they try to dodge the messy chemical reaction occurring in front of them. This was one of the many experiments done by students in chemistry.



Physics students Josh Thompson and Heather Willey, sophomores, and Rick Ryan, junior, do an experiment involving force and inclines. Physics class is more than just books and tests.



Sophomores Matthew McVicker, Jennifer Thurman, Jennifer Smedes and Tricia Nelson grin with pride after their cell molds were chosen the winners of the contest in biology.

### Individuals help build up math, science courses

"The new computers really help us in Calculus, because the problems are all so confusing. The computers help us to graph them and understand what we've just accomplished."—Michelle Twiss, senior

"Mr. James Hickman is a knowledgeable teacher who likes to help his students." — Tom Shelton, senior

"The students use the graphs to compare their work, in Calculus, to the computer's graph." — Mr. Virgil Larsen, teacher

"I enjoy watching our students develop op their logic and reasoning in our algebra and intro-algebra courses."

— Mr. Bill Carlson, teacher

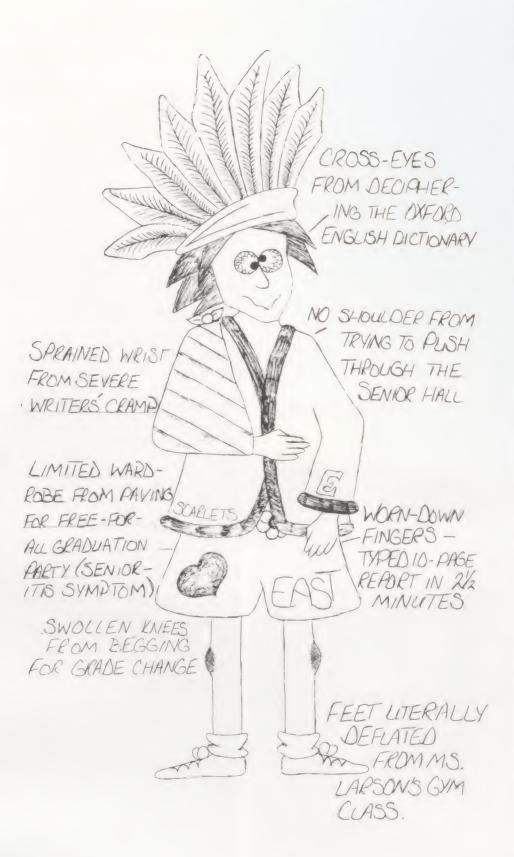
"The reason I have my students make cell molds is that 83 percent of learning comes from vision. The kids will learn better if they visualize things."

— Mr. Paul Sloan

"Making three-dimensional cell molds was a unique way to learn about the structure of a cell." — Kerry Mann, sophomore

"What isn't chemistry??" - Mr. Larry Hutzell, teacher

"Even though this is Mr. Ray Patrilla's first year of teaching chemistry, he knows what he is talking about and he teaches the class so we understand it." — Jason Nash, senior





Many seniors participated in the Senior English Trip to Minneapolis in early October. Tiffany Syferd, Me-



Karen Zeliadt and many other freshmen discovered that, along with the coming of high school, came a lot more homework.

lissa Brennan and Kim Barker show that half of the fun was on the bus.



Sophomore Tasha Brown listens to a question from another student in Ms. Jīll Schaeffer's speech class.



Avalanche! Catching books is something everybody tried once in the school year. Here we see senior Cecil Aswegan suffering the results of a not-so-clean locker.

# English, study habits: familiar combination

"Mr. Jim Van Tuyl gave us work-sheets to study from for the tests. Some of the questions came from the book and notes; the rest came from films. We also got to watch films about ancient Egyptians and do work-sheets on them, so we had to pay attention." — Matt Hutchings, freshman

"I had the most fun interpreting religious poems in the beginning of the literature book, especially 'Sinners in the Hands of an Angry God'." — Jill La Mar, senior

"For my studying in American History, I usually read over the chapter three times and read over my notes. If it was a major test, sometimes I would stare at a hard problem for three or four minutes; then I'd skip it and come back to it later." — Kim Fox, senior

"English was great because there were more discussions than written work in Mr. Ed Kelly's class. He made you think and voice your opinions rather than just give straight answers from the book." — Jennifer Rouse, junior

"To study for tests, I went through my notes for the class I was studying over and over until I memorized them. Then I went through them again. Then the next day, right before the test, I would get nervous and forget everything I studied." — Shawn Young, senior

"I liked writing in our personal journals the best. You just had to write down your personal feelings and random thoughts." — Steve Garner, junior

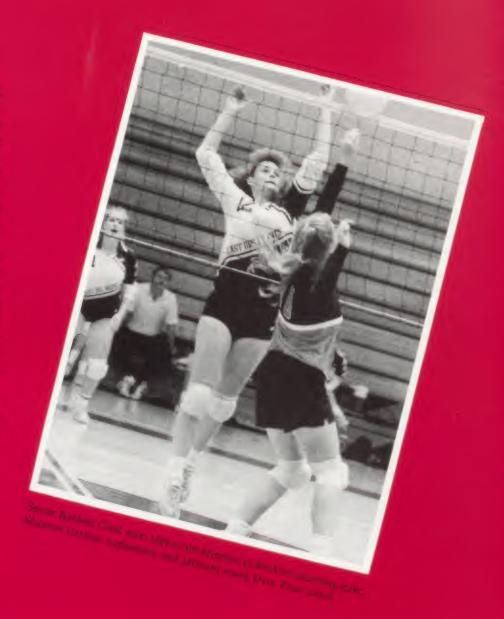
"I made sure I took good notes in English and got the information I needed written down." — Traci Fisher, junior

# TUMBLING

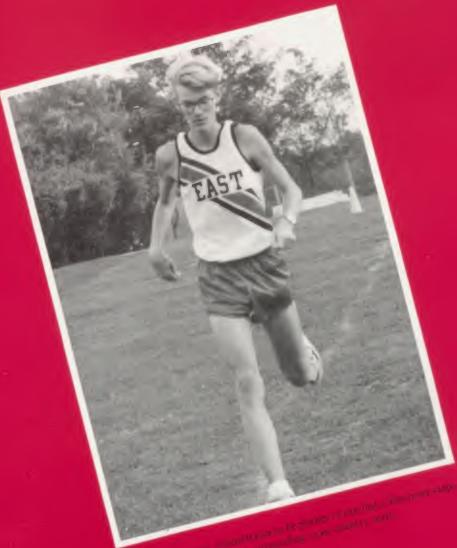
Log times are the only words to describe the Scalpin Scarlett when it comes in sports baseling has always been an entremely sporting school and this pair we were no different. Phrough blick and thin, we stack by our terms because they were a point of as and our school. How could be his approximately

This spire left is a moving good time," for all We stood by our matter reason of their worked very sont to let their appropriate story when their had received a Souther Stock We watered as our green refer ball count grow and mattered. But were country was not sport in the commission this year word by team so red are true in the Store famo and placed formally in the tree.

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# Victory



## Team glows with bright season

he 1990 varsity baseball team shined brightly with a successful season. Its 29 players, of the 32 who tried out, exhibited strength and determination by winning a total of 20 games. Their overall record was 20-15.

There were 20 letter winners. The team had three players earn the honor of first team All-Conference. These players were Rick Goodwin, Richie Young and Rowdy Farrell.

The team possessed a lot of depth at each position, which was one of the key factors contributing to a successful season, along with a lot of hard work and dedication.

East lost six games by one run, including three to the Conference champ, Ames. As a result, Coach Ric Powell commented, "I thought we could have won 25 games."

The team showed their strength and determination to win by coming from behind. After East trailed 11-3 against Dowling, they scored nine runs in the last three innings to win 12-11. Indianola, ranked second in the state at one time, became the victim of the Scarlets in the Saydel Tournament. East won by an impressive score of 11-3.

The sophomore baseball team "had a really fine season," according to Sophomore Coach Jim McNabb. The team was 21-9. Coach McNabb also felt that "the team worked very hard, with everyone contributing to its success."

Nineteen players made up the freshman baseball team, of a total of 45 who tried out. The team was victorious in 15 games while suffering only seven defeats. Coach Clark Roberts commented, "We had a really fine season and the team improved as the season progressed."

### Memorable Moment



"We had a 20-game winning season and had the opportunity of enjoying victories over all the Des Moines Metro schools and many

other teams." — Tom Shelton, senior

#### VARSITY BASEBALL SEASON RECORD 20-15 METRO RECORD 10-9

East 12 LDF Legrand 0
East 0 North Scott 5
East 5 Council Bluffs Lewis Central 5
East 8 Council Bluffs Abraham Lincoln 4
East 16 Council Bluffs Abraham Lincoln 6
East 6 Council Bluffs St. Alberts 2
East 10 Council Bluffs St. Alberts 3
East 10 Dowling 12
East 8 Dowling 16
East 12 Roosevelt 1
East 4 Hoover 1
East 12 Hoover 8
East 3
East 0 Newton 10
East 6
East 0 Ames 1
East 4 Ames 5
East 6 North 7
East 3 Lincoln 6
East 6 Lincoln 3
East 5 Council Bluffs Abraham Lincoln 2
East 12 Dowling 11
East 2 Southeast Polk 12
East 6 Roosevelt 4
East 10 Roosevelt 0
East 6 Southeast Polk 3
East 11 Indianola 2
East 1 Newton 3
East 7 Johnston 6
East 1 Johnston 0
East 9 Hoover 5
East 3 Valley 13
East 2 Valley 11
East 0 Urbandale 4
East 7 Ames 8
East 5 North 4



Alumnus Rick Goodwin fires a pitch to home plate. Rick was one of several key pitchers on the team.



Senior Tom Shelton watches down the third base line as he smacks the ball during a game. Tom was the starting catcher for the team.

### Scarlets shine with victories



VARSITY BASEBALL TEAM, SUMMER, 1990. ROW 1: Scott Powell. ROW 2: Aaron Hickson, Don Widlund, Matt Workman, Paul Sams, Chad Erickson, Todd Eytcheson. ROW 3: Cecil Aswegan, Mike Schatzke, Rick Goodwin, Kevin Slifka, Allan Britcher, Tom Shelton, Jason Barker. ROW 4: Chad Knight, Chad McDonald, John Freeman, Coach Ric Powell, Coach Tom McDonald, Rowdy Farrell, Richie Young. NOT PICTURED: Chad McDaniel, Todd Ficek.



SOPHOMORE BASEBALL TEAM, SUMMER, 1990. ROW 1: Jason Hall, Barrett Rogness, Larry Williams, Tommy Williams, Ceko Lily, Joe Thompson, Bret Bellis, Stephen Kirstein. ROW 2: Assistant

Coach Jason Dalbey, Jeff Shannon, Scott Littel, Richie Helmers, Tim Johnston, Jon Merryfield, John Wilson, Jason Donaldson, Coach Jim McNabb. NOT PICTURED: Mike Rich, Andy Markun.



FRESHMAN BASEBALL TEAM, SUMMER, 1990. ROW 1: David Fisher, Aaron Aswegan, Blake Niehaus, Brad Sams, Joe Shelton, Grant Townsell, Jeremy Hines, Scott Ross, Jason Vitiritto. ROW 2:

Tom Bartram, Mike Winget, Aaron Abbas, Matt Johnson, Jerome Keller, Scott Hart, Tim Vail, Rusty Anderson. NOT PICTURED: Todd Inman.

#### SOPHOMORE BASEBALL SEASON RECORD 21-9 METRO RECORD 13-7

East 12 Johnston 2
East 9 Johnston 5
East 6 Urbandale 3
East 11 Urbandale 7
East 6 Dowling 5
East 6 Dowling 13
East 3 Roosevelt 2
East 2 Southeast Polk 11
East 6 Urbandale 5
East 11 Hoover 2
Fast 4 Hoover 7
East 2 Valley 10
East 8 Urbandale 1
East 5 Ames 2
East 15 Ames 5
East 9 North 0
East 11 Lincoln 7
East 11 Lincoln 3
East 1 Dowling 3
East 15 Roosevelt 1
East 6 Roosevelt 0
East 6 Southeast Polk 8
East 17 Ankeny 4
East 4 Ankeny 1
East 5 Hoover 7
East 5 Valley 2
East 2 Valley 6

#### FRESHMAN BASEBALL SEASON RECORD 15-7 METRO RECORD 9-5

		. 00 . 10
East	2	Urbandale 1
East	1	
East	4	
East	7	Valley 3
East	3	Lincoln 10
East	3 -	Lincoln 7
East	7	Indianola 8
East	27	Indianola 1
East	10	
East	3	
East	4	Dowling 1
East	11	Dowling 8
East	16	Roosevelt 0
East	14	Roosevelt 2
East	12	Hoover 2
East	4	Hoover 0
East	5	Ames 6
East	9	Ames 10
East	4	Indianola 6
East	6	Indianola 0
East	13	Urbandale 4
East	9	Urbandale 3

### Softball soars through season

ne might say that the varsity softball team had an "awesome" season. Head Coach Bob Savage said, "This was a very enjoyable softball season. We had an excellent group of softball players. If I keep getting girls like these girls, I don't know when I'll retire."

Autumn Brown, junior, said, "I feel that we had an awesome season, and we also made history by winning 32 games and losing 4. I feel that our team stuck together. I hope the same goes for next year."

The Scarlets won the Metro Conference

#### GIRLS' VARSITY SOFTBALL SEASON RECORD 32-4 METRO RECORD 12-1

East 2	2 Charles City	0
East 1	Muscatine	0
East 3	Hoover	5
East 4	Hoover	3
East 3	Dowling	2
East 1	2 Guthrie Center	0
East 1	0 Indianola	0
East 8	Winterset	2
East 1	2 North	0
East 1	0 North	0
East 4		
East 2		1
East 2	Hoover	0
East 8	TO WELL	
East 3	Hoover	1
East 0	Valley	2
East 3	Lincoln	2 -
East 6	Roosevelt	3
East 8	Creston	
East 1	Urbanda	le
East 1	Ankeny	
East 5	Lewis-Central	1
East 5	Hoover	2
East 6	Roosevelt	1
East 5	Dowling	2
East 0		1
East 8	Woodward	1
East 1	Valley	0
East 1	0 Newton	0
East 4	Lincoln	3
East 0	Pella Christian	1
East 2	Dowling	1
East 8	Ames	0
East 2	Dubuque Hempston	1
East 5	Iowa City West	1

three years in a row. They won 32 games and lost 4. Their best game was against Dowling; the Scarlets played 16 innings and won.

The 1990 season was very successful. The team won the Sectionals and they were only one game away from State.

As you can see, the Scarlets had a very successful season. The predictions for the 1991 team: They should be as good as, if not better than the 1990 team.

### Memorable Moment



"Being a sophomore on the varsity level is pretty neat. This year, every body made it happen, not just one person. We all worked together

as a team and we played great together." — Angie Hickman, junior



Senior Teresa Holtorf shows excellence while sliding into third base.



VARSITY SOFTBALL, ROW 1: Lizz Beckman, Devonna Davis, ROW 2: Angie Hickman, Lisa Flynn, Gail Foster, Deanna Newsom, Jennifer Inman, Janelle Dupree, Ashley Calhoun, Kathy Winget, Shelly

Milligan. ROW 3: Coach Bill Carlson, Coach Mark Tiby, Teresa Holtorf, Tammie Bassett, Renee Klukas, Dawn Fisher, Shannon Carlson. Autumn Brown, Coach Bob Savage.

# Success excites JV/frosh teams

he girls' junior varsity and freshman teams had another great season. The junior varsity team, coached by Mr. Mark Tiby, won the first 12 games and lost 3 games, then went undefeated the rest of the season.

Coach Tiby commented, "We had a great shot at going undefeated, but we stumbled in the middle of the season, losing three out of four games, then went undefeated the rest of the season."

Other great victories included beating Urbandale, the best junior varsity team in the tournament.

Senior Janelle Dupree said, "We set our minds to winning."





Freshman Lori Lethcoe sprints around the bases attempting to make a homerun.



JV SOFTBALL. ROW 1: Deanna Newsom, Wendy Burr, Lisa Flynn, Kathy Winget, Gail Foster. ROW 2: Janelle Dupree, Jennifer Inman, Jodi Scott, Missy Brown, Jenny Baysinger, Autumn Brown, Teresa Hol-

torf. ROW 3: Coach Mark Tiby, Marcia Dobson, Jeri Riley, Kris Klukas, Shannon Carlson, Ashley Cal-



FRESHMAN SOFTBALL. ROW 1: Marcia Dobson, Wendy Burr, Kris Klukas, Jodi Scott, Amy Knight. ROW 2: Gail Foster, Missy Brown, Lisa

Flynn, Lori Lethcoe, Carrie Anderson, ROW 3: Coach Bill Carlson, Jeri Riley, Shannon Carlson, Hedi Hiatt, Leanae Carter, Ashley Calhoun



### FRESHMAN SOFTBALL SEASON RECORD 7-4-1 METRO RECORD 6-1-1

#### JV SOFTBALL SEASON RECORD 15-3-1 METRO RECORD 8-3-1

East	1	Lincoln 1
East	9	Roosevelt 0
		Harlan 0
East	5	Ankeny 1
East	2	
East	5	Dowling 1
East	22	Newton 2

### Memorable Moment



"I think we had a good record, but we could have played better as a team. I hope next year we will be more successful." - Ashley

Calhoun, sophomore

# Scarlets show great dedication

he Scarlet soccer team showed a lot of courage this past season. Although they had a disappointing season, the determination and enthusiasm set a shining example. Each member of the team deserves recognition; not a single member quit the team.

They played a long schedule that included near wins against North, Hoover and Valley. In the Valley game, East held the opponent in the first half, but Valley came back and won with a score of 5-2.

The Scarlets were led by two excellent captains: alumni Jeff Long and Paul Fensterman. Ricky Hardy, junior, said, "Paul and Jeff displayed great leadership, and they also urged everybody to do the best they could do."

Junior Chris Jones commented, "We should have a better team next year because of the experience all the younger players received, and the junior varsity team showed a lot of improvement throughout the season."

### Memorable Moment



"Our team's most memorable moment was when Matt Catron scored our first goal against North, and when we scored two goals against

Hoover." - John Duden, senior

#### VARSITY SOCCER SEASON RECORD 0-16-0 METRO RECORD 0-14-0

East 0 North 7
East 0 Valley 5
East 0 Hoover 3
East 0 Roosevelt 7
East 0 Ames 8
East 0 Lincoln 5
East 0 Dowling 7
East 1 North 3
East 0 Valley 9
East 2 Hoover 5
East 0 Roosevelt 7
East 0 Ames 9
East 0 Johnston 10
East 0 Lincoln 3
East 0 Southeast Polk 9
East 0 Dowling 4



Alumnus Paul Fensterman charges up the field in a hurry to surpass the tight defense of Ames.



SOCCER. ROW 1: Minavahn Baccam, Jon Fetters, Brian Smith, Sang Luong, Ricky Hardy, Howard Thorn, Ryan Dority, Nola Baccam. ROW 2: Brandi Penn, Paul Fensterman, Curtis Schachtner, Barry Struth, Eric Auxier, Brian Newton, Kyle Dickey, Jeff Long, Glen Weaver. ROW 3: Head Coach Greg Holland, John Duden, Matt Catron, Tyler Teske, Chris Jones, Adam Fuller, Matt Plummer, Matt Reeves, Assistant Coach Dan Doyle.



Eric Auxier, senior, and Chris Jones, junior, are taken out of play by the tough defense of Ames, while Ames's goalie prepares for a bullet.



Ricky Hardy, junior, and Paul Fensterman, alumnus, scurry up the field attacking the Ames defense; Barry Struth, sophomore, watches the action take place.

# Boys' golf gains experience

he season started out well for the players on the boys' golf team. They had a rough ending, but still ended with a respectable record, including a 3-3 record for dual meets.

The 19 members were led by Mike Schmidt, the team captain, and the only senior on the team. One memorable victory was of that over Valley, a team that East defeated twice during the season. According to Mr. John Schnoor, the coach, this was an unusual and commendable feat.

Throughout the season, the underclassmen gained useful experience that will be applicable and helpful during the next season.

"We should have a better team next year because we lost only one senior this year," said Mr. Schnoor.

### Memorable Moment



"Although our record didn't show it, we put forth a lot of effort. Hopefully, the underclassmen next year will do better." — Mike

Schmidt, senior

#### BOYS' GOLF 1990 SEASON RECORD 3-3 METRO RECORD 8TH

East 6th	East-North Inv.
East 5th	Hoover-Roosevelt Inv.
East 4th	Ames
East 5th	Lincoln
East 4th	Valley
	Dowling
East 7th	Conf. Meet
East 8th	District



Scott Hart, freshman, shows great determination while attempting to sink a difficult, and stressful putt.



BOYS' GOLF, ROW 1: Chris Huffey, Josh Milligan, Ryan O'Hara, Matt Nalevanko, Dustin Douglas, Tony Arlaud. ROW 2: Ryan Hill, Jeremy De Young, Blake Niehaus, Scott Hart, Tate Thomason, Mike Schmidt. NOT PICTURED: Bret Bellis, Brad Bushong, Paul Bushong, Dustin Fisher, Trent Forest, Kevin Guthrie, Peggy Quijano, Manager.

# Springtime means girls' golf



Senior Peggy Quijano shows her near-perfect form as she putts the ball and eagerly awaits to see if it will sink. Peggy was the manager for the boys' golf team.



GIRLS' GOLF 1990. ROW 1: Crystal Siemer, Peggy Quijano. ROW 2: Johnanna Day, Carrie Hemingson, Tonya Wilson.

utting, birdie, hole-in-one, par and eagle. All are just a few of the terms associated with golf. The girls' golf team knew these terms

Led by captain Betty Bartram, alumna, the mighty Scarlets gained experience, as well as enjoying themselves in the process.

Carrie Hemingson, junior and Peggy Quijano, senior consistently had the best score throughout the season.

Coach John Schnoor said, "Hopefully, next year will be better. The girls will have improved because the experience that was gained."

### Memorable Moment



"We might not have been the greatest team, but we had a lot of potential and even more spirit! It's a great sport that everyone should

try!" - Carrie Hemingson.

#### GIRLS' GOLF 1990 METRO RECORD 2-7 DISTRICT RECORD — 7TH

East lost Pella Christian
East 9th
East 12th Ames Inv.
East lost Roosevelt
East lost Valley
East lost Newton
East 7th Con. Meet
East 10th Newton Inv.
East won
East 11th Dowling Inv.
East lost Lincoln
East won Ames
East 4th Sectional

# Boys take second in State!

he cross country team proved their abilities and teamwork on their way to a State runner-up finish in the class 3A State crosscountry meet.

The team showed great togetherness throughout the season. The varsity and junior varsity ran as one team, not as some would expect. The team was coached by Head Coach Don Graves and helped by Volunteer Assistant Joe Robinson. The captains of the team were seniors Matt Maxwell and Curtis Weiss.

The team had a great season, finishing first or second in every meet but one. The team started the season by winning the Urbandale Classic. They also won the Hoover Invitational by taking the first three places and five of the top eight.

Next, the team took second place in the Ankeny Invitational, losing to the number-one rated team at the time by four points and beating the number-three team. Without two of their top seven runners, they finished second at the Cardinal Invitational. At the second Urbandale Invitational, they placed second, losing to the number-two-

rated team at the time. For the fifth straight year, they won the Augustine Invitational by winning all grade levels.

At the Metro Conference meet, they placed second, four points behind the number-one-rated team in the state. They placed three runners in the top five and four in the top 11. This was the best finish by an East High team in many years. The team then competed in the District meet, along with 15 other teams. They won the meet by defeating the number-two-rated team and placing three runners in the top six and four in the top 11. By winning the Districts, they gained a berth in the State Meet, where they finished second. They were rated fourth going into the meet and were the only team to place three runners in the top 20.

Returning next year on the varsity team are junior Josh Hanson, sophomores Chad Beason and Rick Ramirez, and freshman Brian Bickel. Others returning are juniors Brian Colbert and Steve Garner, sophomore Josh Conn and freshman Matt Heldenbrand.

### Memorable Moment



"We had a good team that worked together and got second in state, on that cold, rainy afternoon. We stuck

together as a team, and not as individuals." — Rick Ramirez, sophomore

#### **BOYS' CROSS COUNTRY**

#### SEASON RECORD

Urbandale Classic	1st
Hoover Invitational	1st
Karpan Invitational	5th
Cardinal Invitational	2nd
Ankeny Invitational	
Urbandale Invitational	2nd
Augustine Invitational	
Conference	2nd
District	1st
State Meet	2nd



BOYS' CROSS COUNTRY. ROW 1: Billy Pitts, Brian Bickel, Matt Heldenbrand, Chad Beason, Rick Ramirez, Josh Conn, ROW 2: Mr. Joe Robinson (Volunteer Assistant), Curtis Weiss, Brian Colbert, Jay

Fagen, Steve Garner, Shawn Hultman, Josh Hanson, Head Coach Don Graves. NOT PICTURED: Matt Maxwell.



Matt Maxwell, senior, shows determination en route to a first-place finish at the Augustine Invitational.

# Girls show guts, determination

#### GIRLS' CROSS COUNTRY

Urbandale Classic	no	team	score
Hoover Invitational	no	team	score
Karpan Invitational	no	team	score
Cardinal Invitational	no	team	score
Urbandale Invitational	no	team	score
Augustine Invitational	no	team	score
Ankeny Invitational	no	team	score
Conference	no	team	score
Districts	no	team	score

### Memorable Moment

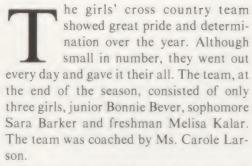


"My most memorable moment was at the District meet when I ran really well. I'm looking forward to a good

season next year." — Bonnie Bever, junior



Melisa Kalar, freshman, looks ahead to the finish line after passing a girl down the final stretch.

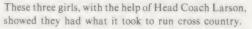


The team ran together, trying to improve every meet. Melisa commented, "Even though we were small, we ran together, improved our times and reached some of the goals we established at the beginning of the year." The team gained a lot of experience throughout the season, and hoped to do better in future years.

Although the records didn't show it, the team had a very successful season. Sara Barker commented, "The season was challenging with only three runners, but we were determined to do the best we could. Hopefully, next year more girls will go out."



GIRLS' CROSS COUNTRY. Bonnie Bever, Sara Barker, Melisa Kalar, Ms. Carole Larson (Coach).





Sara Barker, sophomore, starts to make a move during a meet. Sara had the best running time on the team during the year.

# Gain experience for next year

he lack of experience and the loss of many senior varsity players created an obstacle that was difficult to overcome.

The football players were anxious to start the season and were well prepared to take on their scheduled opponents. However, as the season progressed, frustration took over, even though the Scarlets made it through the season and made a very good effort.

### VARSITY FOOTBALL SEASON RECORD 0-9 METRO RECORD 0-6

East	7	Southeast Polk	19
East	0	Urbandale	35
		Roosevelt	
East	20	Valley	28
East	13	Dowling	48
East	14	Ames	31
East	14	Hoover	31
East	6	Lincoln	7
East	8	North	28

The Scarlets were in a good position to win in five out of nine games. They never gave up their competitive spirit and always made a good effort to win.

Many valuable experiences were gained by all underclassmen. All the Scarlet players are anxious to play next year.

One player, junior Joe Thompson, commented, "Although we didn't have as good a season as the one before it, we made good progress. We had many good players."

### Memorable Moment



"We had a lot of close games, but the Lincoln game should have been a game we won, except for mistakes

that haunted us again." — Chad Knight, senior



Junior Cory Shelton leaps in the air to catch the ball, using his unique football form.



Sophomore Mike Winget struggles to carry the football while he's stomping over his opponents that are desperately trying to get a single hold on his body.



Junior Jermane Brown clutches the ball tightly, sideswiping his lunging opponent.



An East runner breaks free as Roosevelt Roughriders are in hot pursuit. The Scarlet then continues to try to make his touchdown.



VARSITY FOOTBALL. ROW 1: Matt Workman, Mike Juarez, Chad Slater, Russ Channon, Albert Winfrey, Brian Moreland, Jullian Allison, Eddie Cooper, Lonnie Matticks. ROW 2: Manager Penny Gilmore, Manager Leeanna Harvey, Chad Wilson, Shawn Anderson, Tom Shelton, Sarob Hoeut, Manager Christy Waldron, Manager Trudi Van Buskirk. ROW 3: Joe Thompson, Asst. Coach John Walling, Asst. Coach Wes Boehm, Asst. Coach Walt Kennedy, Head Coach Bill Carlson, Asst. Coach Ned Rasmussen, Asst. Coach Pat Wilson, Asst. Coach Bob Carmichael, Shaun O'Brien. ROW 4: Tron England, Mike Winget, James Riley, Jermane Brown, Cory Shelton, Joe Shelton, Chad Knight, Chad McDaniel, ROW 5: Aaron Abbas, Tim Vail, John Torrey, Colby Calhoun, Les Cason, Tracy Nokes, Chad Lawson, Gerald "Bo" James, Alvin Killion. ROW 6: Matt Reeves, Brian Kuehler, Chad Cox, Jeff Meislahn, Jake Peterson, Chad Patterson, Derek Hartline, Matt Johnson. ROW 7: Jerry Owen, Howard Barber, Mike Ramsey, Shawn Carmichael, Jack Bartram, Ryan Mullin. NOT PICTURED: Pat White, Ricky Jones, Shane Heim, Chris Streeter, Aaron Messerly.



Junior John Torrey reaches for a pass, but adversaries are there first.

# Sophomores excel with teamwork

he sophomore football team possessed a lot of talent this year. The team was faced with a fierce schedule, which included teams like Roosevelt and Dowling. The team had impressive victories against Hoover and Southeast Polk.

Albert Winfrey said, "I felt our team did well over all, but we needed to work harder in practices and in games in order to achieve the goals we set."

Head Coach Bob Carmichael commented on his team: "In observing this team for the past two seasons, it's evident that they work extremely hard, and that their potential for future Metro championships is very good."

Sixteen members from the sophomore team received varsity experience: Aaron Abbas, Jullian Allison, Derek Hartline, Sarob Hoeut, Matt Johnson, Brian Kuehler, Frank Lopez, Ryan Mullin, Shaun O'Brien, Jerry Owen, Chad Patterson, Joe Shelton, Albert Winfrey and Mike Winget. Mike Winget commented on the varsity experience he gained: "It helped me prepare for next year's varsity season."

### Memorable Moment



"In the Hoover game we came out fired up, and we scored nine touchdowns. This was the best we'd ever done

as a team. The team effort we displayed helped us gain that victory."

— Joe Shelton, sophomore

## SOPHOMORE FOOTBALL RECORD

**SEASON RECORD 3-6** 

METRO RECORD 2-4

-		
East 12	S.E. Polk	6
East 14	Urbandale	26
East 6	Roosevelt	24
East 12	Valley	36
East 20	Dowling	42
East 30	Ames	50
East 54	Hoover	26
East 6	Lincoln	7
East 1	(forfeit) North	0



Alvin Killion breaks a diving tackle while he continues his charge downfield for six points.



SOPHOMORE FOOTBALL. ROW 1: Mike Nothdorf, Sarob Hoeut, Jeremy Hines, Brad Sams, Albert Winfrey, Mike Nokes, Chad Swertfager, Travis Finnell, Jullian Allison, Elix Parker, Scott Earleywine. ROW 2: Tom Bartram, Joe Shelton, Ryan Knight, Casey Johnson, Shaun O'Brien, Bill Steffens, Chris Hollie, Mike

Winget, Alvin Killion, Frank Lopez. ROW 3: Head Coach Bob Carmichael, Assistant Coach John Walling, Jerry Owen, Ryan Mullin, Tim Vail, Chris Streeter, Chad Patterson, Rod Rasmussen, Aaron Abbas, B.J. Eckert, Matt Johnson, Brandon Lindsey, Mike Pauscher, Derek Hartline, Latron Ollie.

# Freshmen achieve their goals

#### FRESHMAN FOOTBALL RECORD

**SEASON RECORD 0-8** 

#### METRO RECORD 0-7

East 8	8	Urbandale	32
East (	6	Roosevelt	18
East 1	2	Valley	36
East (	0	Dowling	24
East (	0	Ames	42
East 8	8	Hoover	12
East (	0	Lincoln	50
East (	)	North	18

### Memorable Moment



"In the Hoover game I scored my first touchdown, and then I completed the series with a two-point conver-

sion." - Robert Stanton, freshman



Tyson Taylor cocks his gun back preparing to hit one of his receivers heading downfield.

xperience was one of the key factors for the freshman football team. The team battled in close games against Metro rivals like Roosevelt and Hoover. Head Coach Gary Rourke commented on his team's season: "I feel we improved every week in our games because of the hard work and determination we put forth in practice."

Lalo Garcia said, "I felt the team did all right as a whole, but we needed to put forth more effort in practice. I'm also looking forward to playing football next year as a sophomore."

"Our team was packed with a lot of talent this season, and I believe our record will improve in the years to come. In order to win in the future, our team has to work together," commented Sam Woods.

Curtis Black spoke about his team's efforts this season: "Even though we had a record of 0-8, I believe a lot of players on the team tried extremely hard. Competing in the Metro Conference is a difficult task when we face teams like Ames or Lincoln. Our team can place higher in the conference next year."



FRESHMAN FOOTBALL. ROW 1: Bob Blanchard, Atid Luong, Bryan Eisentraut, Cheerleaders Wendy Sparrgrove, Marci Kauzlarich, Bobbi Ann Jordan, Jenny Harridge, Lori Lethcoe, Charity Reeves, Aric Hollingshead, Mark Juarez, Tyson Taylor. ROW 2: Scott Anderson, Sam Woods, Chris Patrick, Mike Scott, Lew Willey, Lalo Garcia, Marty Williams, Reggie Jones, Jeremy Ackelson, Ryan

Dickson ROW 3: Tony Coe, Todd Jansen, Mario Alba, Ken Case, B.J. Deever, Morgan Wright, Jerry Clark, Jeff Carroll, Mike Leeper, Rob Clark, Curt Black. ROW 4: Manager Renae Arabian, Assistant Coach Pat Wilson, Clayton Mencer, Jeremy Ballard, Ralph Jones, Randy Sonnenburg, B.J. Stanton, Albert Kellogg, Rod Washington, Dave Michael, Head Coach Gary Rourke.

# Girls swim into bright future

he 1990-1991 girls' swimming team's record wasn't the high-light of their season, but junior Andi Brown was an incredible spark for the team. Andi went to the state meet and placed twelfth in the 100-meter breaststroke. She also broke the school record in the 100-meter breaststroke. Andi commented, "We had a very young team this year. I feel our team expressed great togetherness and spirit."

Head Coach Ken Gaeth said, "This year was a building year for the girls I believe next year we will be more successful because we had no seniors on the team, and our junior high program produced a lot of excellent swimmers."

"Our team practiced very hard every day. I also felt that the freshmen showed great dedication, but we need more girls to go out for swimming," said junior Sarah Brown.

### Memorable Moment



"Our team's most memorable moment was when we defeated North 84-82. Another one could have been when we

placed third at the S.E. Polk Invitational." — Nikki Price, sophomore

#### GIRLS' SWIMMING

#### SEASON RECORD 1-9 METRO RECORD 1-6

East	39	**************************	Urbandale	141
East	84	***************************************	North	82
East	57	***************************************	Indianola	117
		***************************************		
East	48	***************************************	Valley	133
		***************************************		
East	36	**************************	S.E. Polk	54
East	56	***************************************	Roosevelt	120
East	55	***************************************	Ames	124
East	3rd	place	S.E. Polk	Inv.
East	49	***************************************	Hoover	130

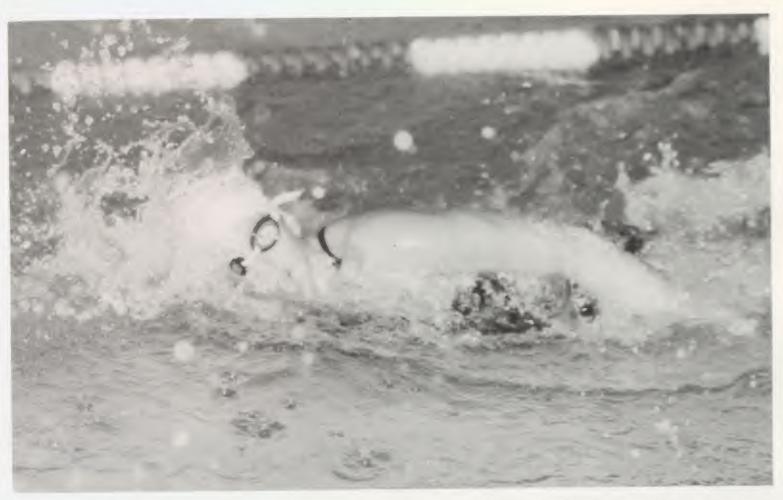


Sophomore Annika Stroope concentrates on getting to the other side of the pool. Annika was considered the most improved swimmer on the 1990-1991 swimming team.



GIRLS' SWIMMING. ROW 1: Assistant Coach Stan Thompson, Manager Victoria Fredrikson, Stephanie Guthrie, Chanda Jones, Kellie Swacker, Terra Vestal, Nikki Price, Debbie Willian, Jenny Woods, Johnanna Day, Manager Twilla Kanne, Head Coach Ken Gaeth. ROW

2: Courtney Johnston, Erin Wedman, Karen Zeliadt, Nikki Barden, Andi Brown, Sarah Brown, Traci Crabb, Jenny Smedes, Dawn Dixon, Annika Stroope. NOT PICTURED: Jenny Murphy, Stephanie Renner



Junior Andi Brown uses her powerful arm strength to increase her speed in the 100-meter breaststroke. Andi owns the East High record in the 100-meter breaststroke.



Sophomore Debbie Willian works hard at keeping her stamina high from one end of the pool to the other.

# Teamwork strengthens skills

he varsity volleyball team was a squad that tried hard at their games this year. Junior Missy Hickman said, "We were a good team, although we didn't have a lot of luck with the games."

The team's highlight came in their last two matches when they beat Lincoln and North. Volleyball teams have easy games and difficult games. One of the Scarlets' difficult games came when they played Ankeny during the Sectionals. Their loss to Ankeny completed their season.

The team had nine letterwinners this year: seniors Rachele Clark and Janelle Dupree; juniors Bee Thongsoum, Missy Hickman, Jenna Duden and Kim Wagner; sophomores Shannon Carlson, Lisa Flynn and Kris Klukas. Jenna said, "I feel that we worked well together this season; we strengthened our skills and had a lot of fun."

Head Coach Mary Bourne commented, "We were young and inexperienced; next year will be brighter for us."



**SEASON RECORD 32-67** 

METRO RECORD 14-28

***************************************	Lincoln 3
*******************************	Ames 3
***************************************	Hoover 3
***************************************	Valley 3
•••••	North 1
***************************************	Dowling 3
***************************************	Roosevelt 3
***************************************	Lincoln 1
***************************************	Ames 2
***************************************	Hoover 2
***************************************	Valley 2
• • • • • • • • • • • • • • • • • • • •	North 0
•••••	Dowling 2
• • • • • • • • • • • • • • • • • • • •	Roosevelt 2
	Ankeny 3



GIRLS' VARSITY VOLLEYBALL TEAM. ROW 1: Jenna Duden, Lisa Flynn, Missy Hickman. ROW 2: Bee Thongsoum, Kim Wagner, Kris Klukas, Shannon Carlson, Kim Robbins, ROW 3: Co-Captain Janelle

Dupree, Manager Jenni Baysinger, Co-Captain Rachele Clark. ROW 4: Head Coach Mary Bourne. NOT PICTURED: Manager, Amy Shurm, Assistant Coach Dave Frost, Assistant Coach Kathy Erickson.



Junior Kim Wagner pulls all her strength from her arms to get the ball over the net.

### Memorable Moment



"We were disappointed to lose the Sectionals against Ankeny. We had thought that we could beat them this

year as we did last year, but East will get them next year." — Rachele Clark, senior





Senior, Rachele Clark is determined to use all her power and strength to get the ball over the net.





LEFT: Sophomore Lisa Flynn is determined to serve the volleyball over the net with all her strength if that's the las thing she does. ABOVE: Junior Kim Wagner puts all her might into her arms to set up the volleyball for senior Rachele Clark. If Rachele Clark doesn't hit the ball junior Missy Hickman is right there in the back ready to hit it.

# JV volleyballers use teamwork

he junior varsity volleyball team had a good season, and teamwork was a major aspect of their playing.

"We did very well this season. I only wish we had made it to the top. I improved my volleyball skills with the help of all of my fellow teammates and coaches. We worked hard, had a lot of practices and tried our very best. We all were very proud of what we did. We used teamwork. We worked as a team, and we won as a team," said Leia Fensterman, junior.

Latasha Brown, sophomore, commented, "This was my first year, so I think it went very well. We should have been in the top four, but I think that by the time this year's junior varsity team reaches varsity squad, we should be among the top three. I also believe that teamwork was very important in improving each of our skills."

The team was very young, having been made up largely of sophomores and juniors, but they had many victories. One of the most glorious was their win over Dowling in a 2-to-1 match.



Junior Wendy Duncan jumps and reaches for the ball as viewers watch anxiously.



Junior Heidi McPherson raises her arms to meet the ball as her teammates, Southane Baccani, junior, and Kim Rollins, sophomore, cover her.

## 

### Memorable Moment



"One of the most memorable moments was our defeat over Dowling. We worked hard, knew what to ex-

pect, and had a good season." — Heidi McPherson, junior



JUNIOR VARSITY VOLLEYBALL. ROW 1: Nicole Simon, Wendy Duncan, Jenny Inman, Heidi McPherson. ROW 2: Southane Baccam, Chris Anderson, Toni Straight, Tricia Nelson, Kim Rollins. ROW

3: Wendy Burr, Evelyn Hollstrom, Leia Fensterman, Latasha Brown, Hollie Edsill. ROW 4: Coach David Frost.

# First-year players use effort



Freshman Jeri Riley uses her unique form and her extending arms to reach the volleyball. Freshmen Amy Morrow and freshman Carrie Anderson watch patiently to make sure she has the shot.



FRESHMAN VOLLEYBALL. ROW 1: Jennifer Harrison, Anika Baty, Carrie Anderson, Tiffany Larson, Jeri Riley, Deth Philavanh. ROW 2: Penny Granquist, Amy Morrow, Christie Franklin, Angie Fore-

man, Deana Fiser, Dawn Cook, Billie Jordan, Coach Kathy Erickson. NOT PICTURED: Carey Shelton, Lisa Gallardo.

lthough this freshman volley-ball squad had a rough season record, the coach praised their efforts. "We did very well at the end-of-the-season Freshman Tournament. Because of previous commitments and players that were out of town, we had only seven players that attended the tournament, which was held at Lincoln," said Coach Kathy Erickson.

One of the freshmen's better games was their win over Indianola, in a very close match. This victory advanced them to the semifinals, where they lost to Valley.

Freshman Coach Kathy Erickson said, "The junior varsity team will gain some very good players next year from this talented freshman squad."

#### FRESHMAN VOLLEYBALL SEASON RECORD 14-45 METRO RECORD 7-43

East 0	Dowling	2
East 0	Valley	2
East 0	S.E. Polk	2
East 2	Roosevelt	0
East 1	Lincoln	1
East 0	Dowling	2
East 0	Valley	2
East 0	Dowling	2
East 0	Roosevelt	2
East 1	Lincoln	2
East 0	Ames	2
East 0	Hoover	2
East 0	Valley	2
East 2	North	1
East 0	Dowling	2
East 2	Roosevelt	1
East 0	Urbandale Urbandale	2
East 1	Ames	1
East 0	. Waukee	2
East 0	Valley	2
East 2	North	1
East 0	Hoover	2
East 0	Ames	2
East 0	Valley	2
East 1		1
East 2	North	1
East 0	Indianola	2

### Memorable Moment



"The moment I remember most happened against North. The ball came over the net; three of us went

after it. We hit the net, but the net didn't fall." — Jeri Riley, freshman

# Varsity girls excel in B-Ball

ed by Head Coach Mark Tiby and Assistant Coach Jodi Doyle, the Lady Scarlets had a spectacular season that led them to District play for the second year in a row.

The team was headed by several strong players, one of whom was senior Rachele Clark, who was ranked number one in scoring and also in rebounding in the State. Rachele helped bring about several victories for the Lady Scarlets, one of which included a game against Dowling, where East and Dowling were locked in a tie game, in double overtime, with no time left on the clock. Rachele made two free throws to end the game and score a victory for the Scarlets.

East then went on to play against Valley. In a close game throughout, East managed to pull ahead and succeeded in bringing them one step closer to the State tournament.

Rachele wasn't the only player on the team, however, who worked hard to bring about victory, although she was the top scorer of the team. The entire team, as a whole, played a big part in the success of

the team. Each girl on the team put forth her effort to make the team what it was, and aided in making the team so successful.

Head Coach Mark Tiby, physical education teacher, commented, "The 1990-91 team improved as much as any team, and they set a number of school records. The team had a blend of outstanding senior play and enthusiastic underclassmen play."

All in all, the Lady Scarlets had a successful season, and it will always be remembered.

### Memorable Moment



"Rachele Clark made two free throws against Lincoln in a game with no time on the clock in double overtime

and we went on to win districts.— Jenni Baysinger, senior

#### GIRL'S VARSITY BASKETBALL

#### **SEASON RECORD 13-10**

#### METRO RECORD 11-7

East	68	East Waterloo	54
East	52	Dowling	66
East	55	North	42
East	40	Ames	
East	57	Mason City	70
East	63	Lincoln	
East	55	Valley	60
East	58	Ottumwa	45
East	48	Ames	
East	64	Roosevelt	49
East	47	Hoover	
East	54	Dowling	57
East	49	Fort Dodge	
East	61	Roosevelt	34
East	71	North	35
East	66	Hoover	38
East	52	Lincoln	65
East	72	Valley	76
East	53	Ames	
East	64	Lincoln	62
East			
East	61	Valley	59
East	53	Cedar Falls	



GIRLS' VARSITY BASKETBALL. ROW 1: Gail Foster, Heather White, Lisa Flynn, Shannon Carlson, Jenni Baysinger, Anika Baty. ROW 2: Coach Mark Tiby, Latasha Brown, Mary Ann Hoover, Rachele Clark, Chris Klukas, Bee Thongsoum, Assistant Coach Jodi Doyle. NOT PICTURED: Angie Hickman.



Junior Bee Thoungsoum shows great determination and skill as she dribbles her way down the court.



Senior Rachele Clark catches the ball in an attempt to score one for the Scarlets against North. Rachele was the top scorer this season.



Sophomore Lisa Flynn "hooks up" the ball as her opponent from North makes a desperate attempt to stop her.



Sophomore Chris Klukas struggles against a tough and determined Railsplitter.

# Team members work together

nother year has gone by and with it another season of boys' varsity basketball. Once again the East High Scarlets took to the courts and their loyal supporters took to the stands.

The major highlight of the season was the Scarlets' defeat of the Hoover Huskies in the final minutes of the game. In this last game of the season, the Scarlets slipped by the Huskies with a score of 64 to 62. One of the high scorers of the game was 6'4" junior Shawn Carmichael, with 26 points during the game. In an interview he said, "We worked really hard and had a lot of close games. I am glad that we won the last game of the season, and I am looking forward to a great season next year."

Another high scorer of the game was 6'5" senior Todd Ficek, with 14 points throughout the game. He commented, "We worked very hard all season, and we actually played a lot better than our record showed."

"We had quite a few close games against the top teams and we really came out in practice." These were junior Josh Hanson's remarks about the Scarlets' 1990-1 season.

Coach Chuck Sutherland has been coaching at East for 17 years, including the

1990-1 year. Throughout many of those years here at East, Coach Sutherland has had several excellent teams, some of which even went to State. "I am glad that they won against the Hoover Huskies. They deserved it after all of the hard work that they put in at the practices and the games." These were Coach Sutherland's comments about the 1990-1 boys' varsity basketball team.

The boys had many close games this year in which they lost by only a few points in the last minutes of the game. Congratulations for beating the Huskies and good luck next year and in the future!

## Memorable Moment



"My most memorable moment was when Josh Hanson stole the ball in the last minute of the game with Lincoln.

All the games played we lost by a couple of points." — Paul Sams, senior



Senior Todd Ficek tries to score two points for East High School as other players look on.

### BOYS' VARSITY BASKETBALL

**SEASON RECORD 1-17** 

METRO RECORD 1-13

East 64	Carroll Keumper	98
East 59	Dowling	65
East 41	North	83
East 51	Lincoln	52
East 54	Valley	58
East 54	Ames	84
East 67	Roosevelt	71
East 58	Hoover	64
East 56	Dowling	64
East 63	North	76
East 65	Fort Dodge	92
East 48	Lincoln	63
East 58	Valley	62
East 64	Ames	91
East 59	Indianola	75
East 56	Roosevelt	74
East 76	Ankeny	83
East 64	Hoover	62



BOYS' VARSITY BASKETBALL. Row 1: Scott Parsons, Matt Maxwell, Josh Hanson, Paul Sams, Chris Hobbs, Ahmad Johnson, Jeremy DeYoung. Row 2: Mr. Chuck Sutherland (Head Coach), Trent Ainsworth, Dave Richards, Todd Ficek, Tony Arlaud, Jay Elliott, Barett Rogness, Shawn Carmichael, Steve McLeod, Rick Jones, Mr. Jerry Collins (Assistant Coach). NOT PICTURED: David Ewing.



Senior Ahmad Johnson gets as near as he can to the basketball hoop trying to get a valuable rebound while senior Steve McLeod looks on.

# Sophs strive for excellence

utstanding" is one word to describe our girls' sophomore basketball team. We had four of our sophomores playing varsity. They were Kris Klukas, Lisa Flynn, Shannon Carlson and Latasha Brown. The team had many talented young girls, including Gail Foster, who was the top scorer. Latasha "Rebound" Brown set a record of 25 rebounds in a game against East Waterloo. The first time they played Valley, they lost by 33 points. However, the second time they lost by only three points. The girls' coach, Mr. Gayle Burgett, said, "I feel that the girls worked very hard and it shows in their improvement. I am extremely proud of their effort all year long."

# Mr. girls imtheir Sophomore La

Sophomore Latasha Brown concentrates on making the shot, while her opponent tries to block her.

### GIRLS' SOPHOMORE BASKETBALL

**SEASON RECORD 6-13** 

METRO RECORD 4-10

East	39	Ames	50
East	35	Ames	67
East	49	East Waterloo	39
East	38	Dowling	47
East	41	North	29
East	35	Valley	58
East	33	Lincoln	
East	36	North	
East	33	Valley	
East	49	Ottumwa	
East	45		
East	36	Hoover	18
East	30	Dowling	46
East	27	Fort Dodge	48
East	36		39
East	47	North	24
East		Hoover	19
East		Lincoln	
East		Valley	-
2450	50	······	57

### Memorable Moment



"The memory that is most prominent is a shot Nicole Simon attempted to make against Roosevelt from half-court.

Unfortunately, she didn't make it."

— Wendy Burr, sophomore



Sophomore Kimberly Rollins tries to recover the ball.



GIRLS' SOPHOMORE BASKETBALL. ROW 1: Nicole Simon, Wendy Burr, Nikki Baty, Kimberly Rollins, Latasha Brown. ROW 2: Heather White, Amy Knight, Gail Foster, Jodi Scott, Errin Sage. ROW 3: Coach Gayle Burgett. NOT PICTURED: Angie Hickman.

# Sophomore boys gain knowhow

### Memorable Moment



"My most memorable moment of this year came when we played against Ames. We came very close to win-

ning. It was a disappointing loss, but we tried." — Rodney Rasmussen, sophomore



The Lincoln defensive player can't even get close to freshman B.J. Stanton as he proudly shows his ability to defy the laws of gravity.

#### BOYS' SOPHOMORE BASKETBALL

**SEASON RECORD 0-18** 

METRO RECORD 0-13

East 50	Carroll Kuemper 65
East 21	Dowling 53
East 47	North 76
East 55	Lincoln 75
East 34	Valley 92
East 57	Ames 67
East 58	Roosevelt 92
East 48	Hoover 74
East 37	Dowling 89
East 31	
East 50	Fort Dodge 86
East 37	Lincoln 58
East 40	
East 40	Ames 42
East 30	Indianola 41
East 50	Roosevelt 89
East 39	
East 50	Hoover 61

he sophomore boys' basketball team had a rough season, but the players' attitudes were still high. "I think that, considering our tough schedule, we really did very well. We had a couple of heartbreakers, but we stayed in there and didn't stop fighting until the horn sounded. That says a lot about a team. Our strongest aspect had to be our ability to transfer positions. Almost everyone on our team is a guard, or can play a guard. There are only three people that are centers. A lot of good people decided to come out this year," said Chad Bailiff, sophomore.

Sophomore Coach Joe Grandanette had this to say about his team: "We weren't very successful at wins this year, but the boys tried very hard. We still have a long way to go."



BOYS' SOPHOMORE BASKETBALL. ROW 1: Chad Bailiff, Chris Huffey, Jesse Dean, Erik Bair. ROW 2: Michael Pauscher, Ryan Dority, Rodney Rasmussen, Kenneth Kyburz, Blake Niehaus, Coach Joe Grandanette. NOT PICTURED: B.J. Stanton

# Frosh girls try hard to win

he freshman girls' basketball team tried their hardest this season. All of the girls have great potential if they continue to go out for basketball for the rest of their high school years. Some of the best players included Amy Knight and Jodi Scott.

Several girls commented on what they thought about the basketball season.

Carrie Anderson said, "Basketball season was really fun. I feel as if I learned a lot, and Mr. Bob Savage was a really good coach."

Nikki Baty, who also plays for varsity girls' basketball, said, "Basketball is the sport I'm best at out of all of my activities. The game that sticks out to me the most was when I blocked a shot at the Valley game and we went into overtime. Mr. Mark

Tiby is a great coach. I'm sure we'll have a better winning streak next year."

Jodi Scott said, "I thought we had a pretty good season. Everyone on the team was fun to play with. I'm looking forward to next year so we can all play again. I think we will have a better season next year because I think we will all improve."

Player Deth Philavanh said, "Basketball season this year for me was exciting, although we didn't win that many games. We still stuck with it, and completed the season successfully. I'm looking forward to playing next year. I hope to make next year's season better."

Finally, Carey Shelton said, "I felt basketball was really fun this year even though we didn't have the best record, we still did pretty well."

So, as you can see, the girls still had a positive attitude about this year's season.

Mr. Bob Savage coached freshman girls' basketball at East, and has been an inspiration to all the girls' team this year, as always. The girls all feel he made them work hard and do their best. He helped inspire a positive attitude in all nine of the team members. Mr. Savage commented, "Through all the number of disappointments about the number of kids out for basketball, we managed to do pretty well."



Deth Philavahn uses her great athletic ability in her effort to shoot the basketball. As she takes a leap, her opponent is behind her trying to get the ball from her. Her move gave the team a chance to win the game. Other teammates assisted her efforts.

### Memorable Moment



brought me down. I hit my head. When I went back in I tried even harder." — Amy Knight

#### GIRLS' FRESHMAN BASKETBALL

**SEASON RECORD 5-10** 

METRO RECORD 5-9

E 24		Danilla - 62
East 34		Dowling 53
East 30		North 15
East 30		Lincoln 38
East 21		Newton 47
East 46	***************************************	Roosevelt 12
East 38		Hoover 15
East 30		Dowling 42
East 27	0070********	North 48
East 27		Lincoln 39
East 29		Valley 44
East 24		Ames 38
East 39		Roosevelt 18
East 35		
East 28		Ames 29
East 28		Valley 39



GIRLS' FRESHMAN BASKETBALL TEAM. ROW 1: Jodi Scott, Kari Sharp, Deth Philavanh, Kristin Harrison. ROW 2: Carey Shelton, Carrie An-

derson, Amy Knight, Coach Bob Savage. NOT PIC-TURED: Nikki Baty.

# Freshman boys achieve success



BOYS' FRESHMAN BASKETBALL TEAM. ROW 1: Aaron Aswegan, Adam Hickson, Olay Philavanh, Tyson Taylor, Jason Moen, Lalo Garcia, Joe Case, Jason Hockett. ROW 2: Ryan Dickson, J.J. Williams, Jeff Kimball, Sam Woods, Wes Anderson, Scott Hart, B.J. Stanton, Hope Laughlin (manager), Head Coach Jay Fisher, Assistant Coach Keith Gates.

#### BOYS' FRESHMAN BASKETBALL

TEAM A

**SEASON RECORD 8-8** 

#### METRO 7-4

East	82	North	59
East	71	Lincoln	51
East	61	Valley	89
East	39	Ames	55
East	77	Roosevelt	42
East	62	Hoover	50
East	65	Dowling	60
East	70	North	69
East	44	Lincoln	53
East	52	Valley	74
East	47	Ames	54
East	64		75
East	68	Hoover	65
East	55	Dowling	59
		McDonald's Tournament	
East	81		77
East	101	Johnston	104



Olay Philavanh goes for a shot in mid-air.

he freshmen had a good season. While it wasn't a winning one, strictly speaking, it wasn't a losing one either. With a record of 8-8, it is hard to say if it was a good season or not. Most would agree that it was excellent for a group of boys who had probably never played basketball against another school before. The players certainly would say they had a good season for their freshman year. These boys certainly put forth a lot of effort to accomplish what they did, working with people they scarcely knew.

### Memorable Moment



"Well, I thought we had a good year. But I was kind of disappointed at the end of the season. We had really good

teamwork this year and I am really looking forward to next year's basketball season." — Wes Anderson

#### BOYS' FRESHMAN BASKETBALL

TEAM B

**SEASON RECORD 4-10** 

METRO RECORD 4-7

East 31	
East 48	Lincoln 63
East 38	Valley 80
East 37	Ames 48
East 44	Roosevelt 51
East 37	Hoover 30
East 35	Dowling 55
East 47	North 60
East 61	Lincoln 55
East 37	Valley 48
East 52	Ames 66
East 70	Roosevelt 51
East 33	Hoover 42
East 62	Dowling 50

# Boys shine with hard work

he 1990 season was a building year for the East High boys' swimming team. The team included five members: Brad Bushong, Nathan Ellis, Mike Moyle, Donald Cady and Eugene Baloun, who was voted "the most improved."

Head Coach Ken Gaeth commented, "Our record was bad, but the odds were against us because of the lack of swimmers. The five swimmers we did have worked hard in practice. Next year looks a lot brighter because of the strong eighth graders we have coming up to East."

"This definitely was a building year for us, and next year looks good because all team members are returning. I would like to encourage more people to go out for swimming," said junior Nathan Ellis.



Brad Bushong, sophomore, waits on his starting block preparing to dive into the water with full speed.

### Memorable Moment



"I believe our most memorable moment was when everybody achieved his fastest time at Indianola. Our team

also did very well at the Metro Conference meet." — Mike Moyle, junior

BOYS' SWIMMING

METRO RECORD 0-8

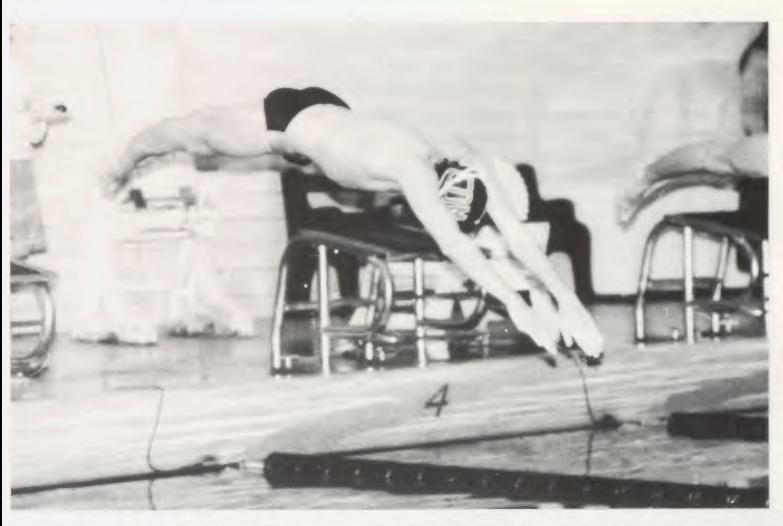
**SEASON RECORD 0-8** 

Fast	39		Urbandale	121
		***************************************		
East	28	•••••	North	60
East	15	***************************************	Indianola	75

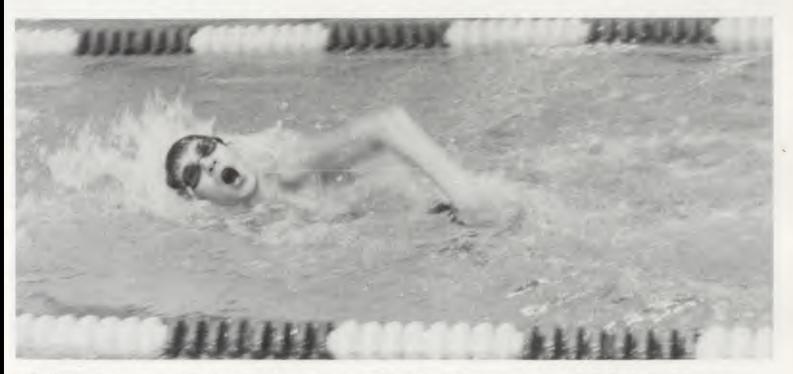


BOYS' SWIMMING. FRONT TO BACK: Brad Bushong, Eugene Baloun, Nathan Ellis, Mike Moyle

(Manager), Twilla Kanne, Assistant Coach Mark Hurley, Head Coach Ken Gaeth.



Mike Moyle, junior, dives into the water with deep concentration. Mike, a three-year letterwinner, was considered the most valuable swimmer.



Brad Bushong, sophomore, hurriedly swims to the other end with great confidence. Brad has been a strong swimmer for the Scarlets for the last two years.

# Wrestlers achieve success

his year the wrestling team showed their toughness on their way to a very successful season. Injuries put a few setbacks in the way of the team, but they overcame these setbacks to have a very successful season.

Many of the wrestlers came on toward the end of the season. The team qualified four wrestlers for the State Tournament: Jeremy Mendenhall, junior at 103 pounds; Bobby Anderson, junior at 112 pounds; Jay Fagen, senior at 125 pounds; and Joe Thompson, junior at 160 pounds. These wrestlers earned State Tournament berths after finishing in the top two of their weight class at the District meet. Bobby and Joe both advanced to the quarterfinals of the tournament, while Jeremy and Jay suffered disappointing defeats in the first round. Bobby and Joe were both defeated in their semi-final matches, but both got to wrestle in a consolation match. Joe finished the tournament in third place and Bobby in

This year's team had 17 letterwinners, and will return 14 of them. Head Coach Gary Rourke was very pleased with the younger wrestlers and expects another successful season next year. Fred Livesay, junior, commented, "Even though we were young and inexperienced we worked hard and improved as a team."

### Memorable Moment



"When Bobby Anderson came back to finish second at Districts after losing in the first round.—

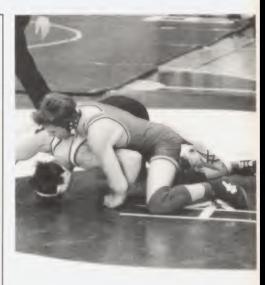
— Jay Fagen, senior

#### WRESTLING

#### METRO RECORD 4-3

#### **SEASON RECORD 4-6**

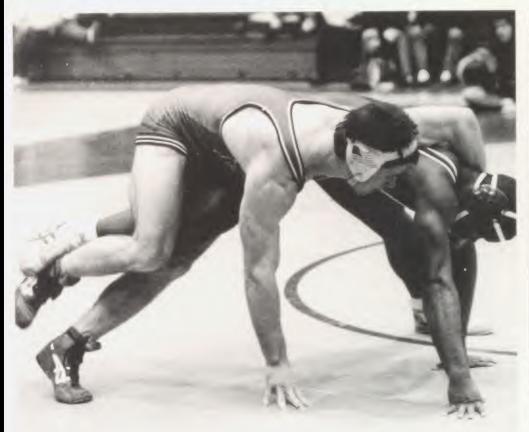
	Carlisle	
34	Valley	East
41	Ankeny	East
28	Hoover	East
	Roosevelt	
35	Ames	East
	Dowling	
3	North	East
	S.E. Polk	
32	Lincoln	East

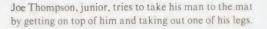


Fred Livesay, junior, muscles his opponent to the mat on his way to a victory.



Jay Fagen, senior, shows determination on his face while taking it out on his opponent.

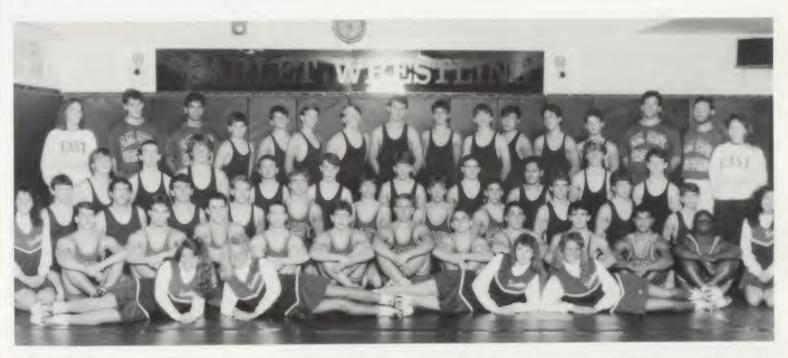




Joe earned his second letter this year.



Bobby Anderson, junior, shows some of his moves during practice, moves which helped him throughout his very successful season.



WRESTLING. ROW 1: Varsity cheerleaders Kristen Carlstedt, Tammie Chamberlain, Julie Reed, Milisa Case ROW 2: MIssy Crouse, Shannon Garringer, Bill Hornung, Joe Thompson, Jay Fagen, Fred Livesay, Aaron Abbas, Bobby Anderson, Ryan Hatchitt, Larry Rivas, Lenny North, Albert Winfrey, ROW 3: Jeremy Hines, Glen Weaver, Todd Inman, Chad Hurley, Eric Strauss, James Strahl, Todd Long, Ricky Hardy, David Beery, Casey Johnson, Jeff Gillum, ROW 4: Willie Schwartzman, Jeff Strahl, Randy Sonnenburg, Matt Morris, Ron Patterson, Chuck Stanley, Chad Hedlund, Martin Ortiz, Bill Guyer, Mike Leeper, ROW 5:

Shannon Gilleland (Manager), Assistant Coach Todd Schweizer, Assistant Coach Augie Gutierrez, Jamie Ferrell, Dustin Douglass, Aric Hollingshead, Mark Stanton, Shane Fisher, Brian Bickel, Lew Willey, Atid Luong, Quinton Kingery, Matt Rourke, Freshman Coach Bob Carmichael, Head Coach Gary Rourke, Michelle Grandstaff (Manager). NOT PICTURED: Jeremy Mendenhall, Carl Baker, Matt Heldenbrand, Clayton Mentzer.

# Scarlets show off fleet feet

he East High track team showed a lot of dedication and talent during this past track season. The team was led by the 4x100 and 4x200 teams, which included Les Cason, senior, Sone Philavanh, alumnus, Joe Thompson, junior and Truman McCurn, junior. Mike Robinson, alumnus, also showed great leadership.

The 4x100 team placed third in the State Meet and the 4x200 team placed sixth in the State Meet. The teams also qualified for the Drake Relays, along with Mike Robinson, who qualified in the 3200-meter run.

The team was coached by head coach Don Graves and Assistant Coaches Mark Hurley, Wes Boehm and Ned Rasmussen. The managers for the team were Curtis Weiss, senior, Jennifer Lamb, junior, and Howard Barber, senior. The captains for the team were Mike Robinson and Sone Philavanh.

The team was very young and showed a lot of dedication. Head Coach Don Graves commented, "I thought the young kids showed great dedication, and did very well, stepping into the varsity roles when needed." The squad had a good showing with 29 letterwinners.

### BOYS' TRACK SPRING 1990

Polar Bear Invitational 4th
Graceland Invitational no team score
Scarlet Spring Classic no team score
Dowling Invitational2nd
Hi Covey Relays
McDonald's Classic 4th
Drake Relays no team score
Big Red Relays 1st
Valley Relays 4th
Conference 6th
State Meet

### Memorable Moment



"I remember winning the 200-meter dash at the Conference Meet against some very tough competition. The team had a good

year and we should do better this year." Les Cason, senior



Jon Merryfield soars above the long-jump pit on his way to claiming victory. Jon also ran in the 400-meter dash. Jon earned his first letter.



BOYS' TRACK. ROW 1: Chris Huffey, Ryan Knight, Brian Colbert, Chad Beason, Josh Conn, Trent Forest, Rob Dixson, Elix Parker, Kevin James, Davon Smith. ROW 2: Coach Ned Rasmussen, Jermaine Reed, Brian Swain, Scott Parsons, Barry Struth, Josh Hanson, Shawn Hultman, Sone Philavanh, Jon Merryfield, Frank Cockrell, Rick Ramirez, Joe Thompson, Colby Calhoun, Joe James, Jennifer

Lamb. ROW 3: Coach Wes Boehm, Howard Barber, Curtis Weiss, Matt Plummer, Truman McCurn, B.J. Eckert, Les Cason, Mike Pauscher, Phong Hong, Vaughn Van De Boe, Dennis Sullivan, Joel Carlson, Paul Brown, Jerry Peitzman, Steve Garner, Rick Snyder, Mike Robinson, Coach Mark Hurley, Head Coach Don Graves.

# Girls' track shows dedication



LaTasha Brown shows her strength and determination by the look on her face. LaTasha competed in some of the relay races. She had a productive season.

### Memorable Moment



"Beating an archrival from Hoover who no one expected me to is what I remember most. I think the team had a good year and we

should do better this year." — La-Tanya Ferrell, senior



Alumnus Devonna Davis shows off her talents in the hurdles on her way to victory.

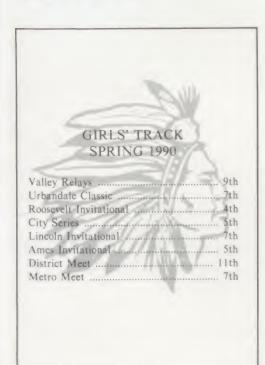
he girls' track team revolved around teamwork and dedication. The leadership roles were taken by Lizz Beckman, Devonna Davis and Kathy Hutson, all alumnae. All of them earned their fourth letters along with 10 other letterwinners.

The coaches for the season were Head Coach Mark Tiby and Assistant Cocoaches Gayle Burgett, Dave Frost and Carole Larson. The captains for the team were Lizz Beckman, Devonna Davis and Kathy Hutson.

Head Coach Mark Tiby was very proud of and pleased with his team when the junior varsity team won the City Series meet and also the Roosevelt Invitational.

The team was very young and many considered it a rebuilding year, but the team won a couple of meets in the process. Head Coach Tiby commented, "We had an outstanding Metro Meet, where we had our fastest times and improved in every event." He also made the point that they scored in every event and even higher than expected in some events.

The coaches were anticipating a great spring 1991 season with many letterwinners returning and a host of young talent coming up.





GIRLS' TRACK. ROW 1: Erin Wedman, Paula Kephart, Liz Baloun, Kim Rollins, Annika Stroope, Tina Caylor, Devonna Davis, Nikki Price, Jennifer Lindbergh, Tina Hintz. ROW 2: Bonnie Bever, Melissa Murphy, Monique Daniels, Ashley Calhoun, Misty Rowe, Kim Hewitt, Wendy Davis, Windy Downing, Trina Perez. ROW 3: Angie Furtado, LaTasha Brown, LaTanya Ferrell, Marly Lipman, Lynn Raymond, Dawn Fisher, Kathy Hutson, Lizz Beckman. ROW 4: Coach Carole Larson, Head Coach Mark Tiby, Coaches Gayle Burgett and Dave Frost.

# Girls head for greatness

Ithough the girls' tennis team was fairly young in 1990, they concentrated and had a productive season.

The team members worked hard to improve their tennis skills.

The girls' tennis team was led by alumnae Nancy Lee, Amber Proksa and Jennifer Dierking, Senior Karin Campbell commented about the season: "I feel that we worked well together as a team. We had a lot of first-year players this year, which will provide us with more experience in the future."

"We had a fun and productive season. I encourage all girls with an interest in tennis to join the team," said sophomore Kellie Swacker, first-year tennis player.

As the girls practiced long and hard, they developed more discipline and stronger abilities as a team. The most important thing to remember about tennis was to have fun.

#### GIRLS' TENNIS SPRING 1990 SEASON RECORD 1-10 METRO RECORD 0-6

East 0	Newton 11
	Indianola 11
East 3	
	Urbandale 5
East 5	North 6
East 6	Valley 11
East 4	Johnston 7
East 1	Roosevelt 10
East 0	Lincoln 11
East 1	Ankeny 10
East 2	Dowling 9

### Memorable Moment



"My most memorable moment is how I won and maintained the position as the top player on the team. I've been playing for two

years." — Jenna Duden, junior.



GIRLS' TENNIS TEAM, SPRING, 1990. ROW 1: Jenna Duden, Dawn Sweet, Amber Proksa, Nancy Lee. ROW 2: Coach Joyce Smith, Kristie Swacker, Kellie Swacker, Traci Crabb, Karin Campbell, Laura Spaulding, Mrs. Scott (Assistant Coach). ROW 3:

Rachele Sledge, Candi Taylor, Phan Hong, Cristin Koppenhaver, Emi Fujiyama. ROW 4: Jennifer Dierking, Sara Fuller, Holly Wilson, Nicole Waltz, Shannon Carlson.



Senior Dawn Sweet practices her swing and uses the skill she has acquired.

# Dedication leads to success



Senior Matt Dunfee works on his swing as he gets ready for his next match.



BOYS' TENNIS TEAM, SPRING, 1990. ROW 1: Dave Johnson, Coach Pat Knott, Mike Wadden, Bob Anderson, Jacob Peterson, Vannara Keo. ROW 2: T.J. Moberg, Brian Nadeau, Eric Larosee, Brandon

Lindsey, Jose Balaguer, Andrew Markun, Phone Lovan, Donald Keithline, Jerry Burns, Craig Hayes, Jeff Wadden, Matthew Dunfee.

t was an intense season for the boys' tennis team this year. The team was led by its six returning letterwinners: alumnus Dave Johnson, seniors Matt Dunfee and Phone Lovan, and juniors Bob Anderson, Craig Hayes and Jeff Wadden.

The team practiced hard and played its best, even though most of the team members were first-year players.

The team had four exciting wins over Lincoln, North, Roosevelt and Urbandale.

By looking at the team's season record, one could say that the boys' determination paid off. They had some wins as well as some near wins.

Through team dedication and teamwork, they gained experience. Through the experience they gained, the team will be even better in the future.

### Memorable Moment



My most memorable moment came when we defeated Urbandale. I had three tie-breakers in my singles match and two tie-break-

ers in my doubles match." — Matt Dunfee, senior

#### BOYS' TENNIS SPRING 1990 SEASON RECORD 4-10 METRO RECORD 3-6

East	1		Newton 10
East	0	······································	Ames 11
East	4		. Ankeny 7
East	8	U	Jrbandale 3
East	11	etr :et	North 0
East	1		Valley.10
East	9		Roosevelt 2
East	0	- 280 220 - 24 - 200 - 250 - 250 - 250 - 250 - 250	Dowling 11
East	6		. Lincoln 5
East	4		Hoover 6

# EHS Honored

SOFTBALL
Second Team All-State
Lizz Beckman
Devona Davis
Shelly Milligan
Honorable Mention
Tammie Bassett
Autumn Brown
Shannon Carlson
Angela Hickman

BOYS' BASKETBALL
Academic All-Conference
Jeremy DeYoung
Josh Hanson

BOYS' TRACK
Academic All-Conference
Joel Carlson
Mike Robinson

BOYS' CROSS COUNTRY Academic All-Conference Steve Garner WRESTLING
Third In State
Joe Thompson
Fourth In State
Bobby Anderson
Academic All-Conference
Bobby Anderson
Fred Livesay
Honorable Mention
Jay Fagen
Bill Hornung
Fred Livesay



BOYS' GOLF
Academic All-Conference
Mike Schmidt
Honorable Mention
Scott Hart



GIRLS' CROSS
COUNTRY
Academic All-Conference
Bonnie Bever

# Athletes, 1990-1991

BASEBALL
First Team All-Conference
Rowdy Farrell
Rick Goodwin
Richie Young
Second Team AllConference
John Freeman
Tom Shelton
Don Widlund
Honorable Mention
Cecil Aswegan
Aaron Hickson
Chad McDonald

GIRLS' GOLF
Academic All-Conference
Betty Bartram
Honorable Mention
Carrie Hemingson
Peggy Quijano

SOCCER
Academic All-Conference
Paul Fensterman
Jeff Long

Paul Sams

VOLLEYBALL
Second Team AllConference
Rachele Clark
Honorable Mention
Angela Hickman
Bee Thongsoum
Kim Wagner



FOOTBALL
Second Team AllConference
Chad Knight
Mike Ramsey
Tom Shelton
Joe Thompson
Academic All-Conference
Jeff Meislahn
Mike Ramsey
James Riley

GIRLS' BASKETBALL
First Team All-Conference
Rachele Clark
Second Team AllConference
Bee Thongsoum
Honorable Mention
Chris Klukas

FIRST TEAM ALL-STATE Rachele Clark





# School ....

hat would school be like
without organizations?
It would be a monstrousby boring and unbearable activity that everyone despised
Fortunately, East High offers a wide variety of organizations to choose from
These activities put the "good times"
into all of our lives.

There were several organizations (his had outstanding accomplishments Steppers received a third place stupily for navely at State competition in Pleasant-ville, Ia. and Color Guard received a second place trophy there. The Evational Honors Society began a program of suspring fourth and fifth graders at Eucas Elementary School. Tech. Leadership Connection even brought in an unusual car, that demonstrated the effects of desiring under the influence of alcohol.

All of these activities and many more helped to break up the monotony of the school year and poll-spice back in situdents lives. It would be a dull place at Easy without such activities.



with



TWIST

### Practice + pride makes perfect

any people assumed that the 1990-1991 cheerleading started in September when the school year did. "Those people are extremely mistaken," argued junior Missy Crouse. The loyal varsity squad began the week after school was out. It seemed that a complete summer of grueling, hard, Monday-through-Friday, 7-inthe-morning practices was the only way to perfect their routines.

"Even though I could barely get out of bed, our practices paid off when we got to camp!" reasoned junior, Tammie Chamberlain. While at Iowa State University for the National Cheerleaders' Association camp during the week of July 29-August 1, the squads received two spirit sticks, a grand champion nomination and numerous ribbons.

"Camp was a great experience; we were taught cheers and new mounts that crowds love," said junior Kristen Carlstedt.

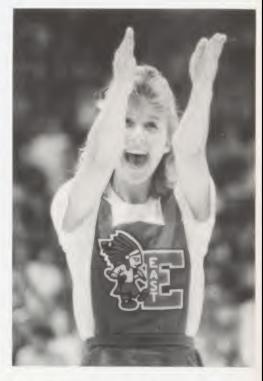
The varsity squad was made up of 18

girls and divided as the year progressed. During football season, the girls cheered as one large group. "It's very hard to cheer with 18 girls, to try to get all of the squad's motions coordinated. Sometimes I wished the squad was smaller, but I've heard how neat it looks," said junior Missy Charron.

After this, the girls divided evenly into three units — Scarlet, Black and Red. The Scarlet squad cheered for boys' basketball. The Black squad rooted on the wrestlers, while the Red squad cheered for girls' basketball.

There was a new cheerleading squad this year. Mr. Ned Rasmussen, the sponsor, decided a junior varsity squad was needed. The JV squad, whose captain was Melinda Lewis, cheered for JV football, JV basketball and JV wrestling.

Senior Traci Adams of the Red squad was the captain of varsity. The Black squad was lead by senior Milisa Case and the Scarlet squad by senior Shelley Johnson.



Julie Reed, senior, captivates the crowd at an assembly with her spirit and pride.



VARSITY CHEERLEADERS. ROW 1: Julie Reed, Kelli King, Kari Elliott, Tammie Chamberlain. ROW 2: Kristen Carlstedt, Missy Crouse. ROW 3: Julie Cory, Shawna Cochran, Shelley Johnson, Traci Adams, Kimberley Ford, Jennifer

Dehnert. ROW 4: Milisa Case, Melissa Charron, Jennifer Bickel, La Phommachakr. NOT PICTURED: Shannon Senecaut.



Senior Traci Adams proudly displays the Scarlet mascot uniform. This uniform, used at assemblies and sporting events, is brand new.



Senior Shelley Johnson shows great spirit at a pep assembly in the fall. This was Shelley's fourth consecutive year as a Cheerleader for East.



Julie Cory, senior, motivated by pride, demonstrates her grace and perfection while hitting a pose during a cheer at another assembly. The Cheerleaders did a great job of keeping the student body fired up this year.



JUNIOR VARSITY CHEERLEADERS. ROW 1: Melissa Brown, Deborah Wolfe, Amy Goode. ROW 2:

Melinda Lewis, Windy Downing. ROW 3: Nicole Waltz.

# Squad shows great talent in cheerleading

ard work, long practices and dedication paid off for this year's sophomore squad. Their achievements included going to a summer camp at Iowa State University and performing at the Iowa State Fair this summer.

You might not have noticed that the sophomore Cheerleaders had a new look; they got new sweaters this year.

Katie Goodrich, captain commented, "This was a great year for our squad. Our ability to get along so well throughout camp and our regular season helped us out a lot! We've not only worked hard for camp and state fair competition, but we had a lot of fun doing it. I think that our entire squad has really grown closer throughout the year."

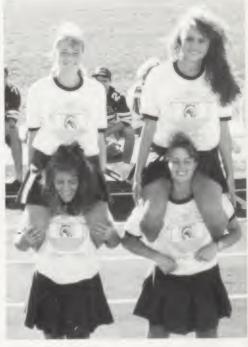


Sophomore Angie Hamblet shows superior talent as she jumps for joy. Concentration and poise are major factors for a good jump like this.



SOPHOMORE CHEERLEADERS. ROW 1: Nicole Wagner. ROW 2: Katie Goodrich, Colette Swenson,

Jody Bishop. ROW 3: Angie Irwin, Ashley Calhoun, Jenny Enfield, Angie Hamblet.



Katie Goodrich, Ashley Calhoun, Jenny Enfield and Nicole Wagner show one of their many mounts.

#### Year of fun for Cheerleaders



The freshman squad shows excellent talent and skill while jumping for joy as the football team gets a touchdown. They provided spirit for every game.



FRESHMAN CHEERLEADERS. ROW 1: Yvonne Halbur. ROW 2: Marci Kauzlarich, Lori Lethcoe, Wendy Sparrgrove, Bobbiann Jordan. ROW 3: Charity Reeves, Sally Leitzke, Jenny Harridge.

he freshman cheerleading squad was very successful in supporting the freshman football and basketball teams.

Mr. Ned Rasmussen was the squads' adviser. The captain was Bobbiann Jordan.

Being a Cheerleader is a big jump from junior high.

Wendy Sparrgrove said, "It was a lot of fun and a lot of hard work. We had some good times and bad times, but we pulled through it and did our best."

"Cheerleading has been a great experience for me as a freshman. I've had a lot of fun while meeting new friends at the same time," Lori Lethcoe said.

Charity Reeves commented, "I found that cheerleading is not all it's cracked up to be; it's a hard job. We had a lot of ups and downs, but in the end, it was worth all the hard work."

Varsity captain Traci Adams said, "The freshman squad worked very hard to add some very cheerful spirit to their teams. Believe me, it's not that easy."

So, as one can see it is not at all easy being a Cheerleader. Cheerleaders worked very hard to bring spirit to the teams of 1990-1.



Freshman Cheerleaders Charity Reeves, Lori Lethcoe and Bobbiann Jordan show excellent spirit.

#### Guards dazzle with new theme

s the East High Winter Color Guard marched onto the Pleasantville gym, they had one thing to do and they did it! They shined! After performing their starbound routine to the "Starlite Express" theme, the 16 girls received second place. Every girl was ecstatic about her performance. "No matter what place or trophy we bring home, I know the EHS Color Guard is number one," exclaimed Tiffany Wyant.

This was a year of very tense and exciting change. The color Guard and band got a new director, Mr. Craig Swartz. Mr. Swartz came to East from North.

"There have been a lot of changes this year for us, but with the level of ability, we have done surprisingly well," said junior Carrie Hemingson, captain.

The Color Guard officers for 1990-1 were captains Tiffany Wyant and Carrie Hemingson, juniors. Junior Diane Shellabarger was secretary and senior Susan Foster was treasurer.

Beginning in June, the girls practiced every Tuesday and Thursday from 6:30 to 7:30 a.m. to get ready for the new football season.

Going to a new camp at Wartburg College in Waverly, Ia., was a great experience for the members. They came home with spirit awards and performance ribbons.

The two performing individuals this year were Tiffany Wyant and Carrie Hemingson. Performing to "I've Got the Power," sung by the group Snap, Tiffany Wyant received third place at Marshalltown.

After football season, 26 girls tried out again for the 16 spots on the elite group, Winter Guard.

Dedication and desire for perfection showed really well the month before State. These girls literally practiced day and night at several gyms.

The Winter Guard's new choreographer was Bobbi Grother, alumna. "I enjoyed working with these girls. They have a lot of talent," exclaimed Bobbi. "They will go on to many more competitions and place well!" Bobbi said.

"It was quite a challenge, but what we accomplished this year was well worth it!" remarked Tiffany Wyant, captain. "Even though it was rough, we had a good year," she said.



Junior Carrie Hemingson ends her individual performance at a school assembly with a big finish to "I've Got My Health," sung by Bette Midler.



These were the officers for 1990-91. ROW 1: junior Diane Shellabarger (secretary), senior Susan Foster (treasurer). ROW 2: junior Carrie Hemingson (captain), junior Tiffany Wyant (captain).



Junior Tiffany Wyant definitely has "got the power." "The Power" was her individualist song. Preparing for the Individual Competition which was held Nov. 3 in Marshalltown, required very hard and dedicated work. Tiffany practiced long hours to perfect her routine, and it really paid off. For her first year as an individualist, she received third place. As she ended her dynamic routine, the audience was fascinated.





Sophomore Tricia Nelson stands at perfect attention while waiting for the next command. Tricia shows her patience and posture, which the EHS Color Guard is known for.

Juniors Carma Miller, Tiffany Wyant, Diane Shellabarger, senior Stephanie Doumas and junior Melissa Ramirez dazzle the audience while doing their routine to 'Starlite Express.' Even though it was hard work, it was well worth it. It was a real honor performing at State, and the Winter Guard did just as well if not better, at the other competitions they entered this year.



COLOR GUARD. ROW 1: Carrie Hemingson, Tiffany Wyant. ROW 2: Stephanic Doumas, Susan Foster, Deana Huck. ROW 3: Sheila Barnes. ROW 4: Angie Furtado. Traci Wickersham, Carma Miller, Diane Shellabarger, Christy Mongar, Melissa Ramirez, Jenny Oliver, ROW 5: Heidi Gerstenberger, Michelle Griffith, Tricia Nelson, Liz

Baloun, Kim Mullin, Megan Gogerty, Heather McClannahan, Cadry Nelson, Carrie De Young, ROW 6. Teresa Jones, Heather Hayward, Tiffany Wickersham, Dina Lopez. NOT PICTURED: Carmela Ramirez



While performing, freshman Tiffany Wickersham shows her stuff at State. This is one of the many poses that enticed the audience.

### Steppers: They're even hotter

eing a Stepper doesn't come naturally. It requires much dedication, talent, time and expense. Although these requirements might seem stiff, the rewards are worth it!

These girls didn't live up to the saying "lazy days of summer." They were at practice by 7:30 a.m. from the second week of June until the third week in July. During the week of July 10-13 they attended the Marching Auxiliaries camp in Waverly, Ia. While at camp, they received first place for their camp dance, which was put together by the captains.

Of course, East won the spirit baton for being the most spirited during the entire time at camp. Evaluations were held at night to evaluate dances that were learned earlier that day. The Steppers didn't fail to walk off the floor with blue ribbons in their hands. After trying out at camp, nine lucky girls were given the honor of performing during the halftime extravaganza at the Holiday Bowl in San Diego, Calif., Dec. 30, 1990. Concluding their summer performances was their routine which they marched to in the Iowa State Fair Parade.

Double practices started in October when State competition drew closer. Alumna Kim Douglass choreographed their two routines. The Steppers strutted their stuff in front of the judges and a large audience in Pleasantville, Ia. The competition was tough, but they pulled through by receiving "one" ratings in their dances, plus a third-place trophy for their novelty routine.



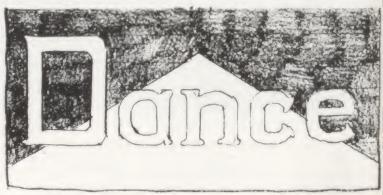
STEPPER OFFICERS: ROW 1: Tracey Hiatt. ROW 2: Taylor Somers, Amy Dalbey, Brandi Elder,



While performing their eye-catching State pom routine, they stayed on their toes: Taylor Somers, Brooke Thrasher, Kristie Salem and Jennifer Baker.



Practicing for their novelty dance are these four crazy deep sea divers. ROW 1: Brooke Thrasher, Taylor Somers. ROW 2: Amy Howe, Becky Pollard.





"Let's Go!" These words were heard loud and clear as the Steppers yelled them with as much energy as they could before they began their dance. The dance song ranged from ballet to MC Hammer to country.



STEPPER GROUP: ROW 1: Captain Brandi Elder, Captain Taylor Somers, Captain Tracey Hiatt, Treasurer Amy Dalbey. ROW 2: Missy Forsberg, Kris Moore, Jenni Goodrich, Kristie Salem, Jennifer Ba-

ker. ROW 3: Brooke Thrasher, Teresa Bacon, Chrystal Haag, Debbie Hare, Becky Pollard, ROW 4: Kori Leo, Cathy Troutman, Amy Howe, Megan Christenson, Jessica Hare.



Living up to her name Amy Howe, AKA "Crazy Aim," models a flattering costume for State novelty.



On Nov. 4 Missy Forsberg got into the "groove" at State Individuals in Marshalltown, Ia.

#### Yearbook geared up for a very exciting year

he Quill Staff had fun while working hard on the yearbook. Mr. George Christian, adviser, constantly reminded the staff about deadlines and following through on the details.

Twenty-two students made up the staff. There were 9 seniors and 13 juniors. The editors were seniors Dan Packard, editor, and Melissa Brennan and Patricia Alba, assistant editors.

The yearbook staff has four different deadlines. Each student is assigned a spread to be completed by the day of the deadline. Everyone worked hard to complete the work assigned to him. Before the deadlines came, the staff members had to do many things in order for their spread to be complete. First, they had to tell the Photography class what kind of pictures they wanted so the photographers could take them. Then they interviewed anyone whom they wanted a quote from. After cropping

their pictures, they decided what they wanted to write for their captions. They needed to complete other minor details in order to complete the spread.

Lisa Benedict, senior, commented, "There is a lot more to producing a year-book than people think. Not only does it take dedication and hard work but it also takes cooperation among all of the students taking the class."

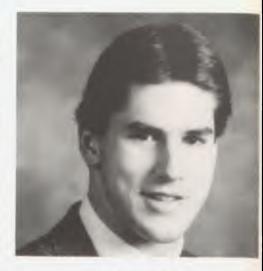
All of the yearbook staff tried to work up to Mr. Christian's expectations. They wanted this year's yearbook to be the best one he's ever supervised. Everyone will miss him because without him, our yearbook never would have been completed on time This year was the last year that Mr. Christian supervised the journalism classes. He will retire May 31, 1991.

The yearbook staff will always remember Mr. Christian saying, "If you want a spring delivery yearbook, you have to go through with the details and meet the deadlines."

Mr. Christian has taught journalism at East for 39 years. He has gone through all the ups and downs of producing a great yearbook. All the students who took his class will miss him!



Junior Carma Miller concentrates on the copy she is trying to complete for her spread.



Dan Packard, Editor



Patricia Alba, Assistant Editor



Melissa Brennan, Assistant Editor



Juniors Stacey Connors and Gloriana Scharfenberg work intently on accomplishing a perfect spread as the nearest deadline approaches.



Seniors Lisa Benedict and Melissa Brennan help each other figure out where a picture should be cropped.



QUILL STAFF. ROW 1: Patricia Alba, Taylor Somers, Adviser George Christian, Rebecca Pollard, Felicia Gulley. ROW 2: Josh Hanson, Stacey Connors, Christy Fink, Rachele Sledge, Bobby Anderson. ROW 3: Jennifer Carnahan, Melissa Brennan, Lisa

Benedict, Tara Schreckenast. ROW 4: Craig Hayes, Shawna Cochran, Tiffany Syferd, Lillie Martin, Dan Packard, Greg Kephart, Megan Christenson. NOT PICTURED: Gloriana Scharfenberg, Carma Miller.

#### Scroll Staff shows dedication

very three weeks, third period is different from the normal school hour. A small commotion occurs in the class as students grab for their copies of the East High Scroll, the triweekly school paper.

To make sure this paper is produced on time is no small task. It takes a lot of dedication, patience and meeting of deadlines. Much stress comes with each issue as students try to produce the best publication possible.

To begin the long process, the editor and his assistants make a list of stories. These are chosen from ideas submitted by the adviser and staff members. Each page is laid out, and it is decided where each story will be placed. Next, the stories are assigned to members of the staff.

When stories are back from the typesetter, the staff pastes them on the layout pages to ensure that everything fits properly. After this, the pages are ready to be printed. The result is the many copies of the Scroll that students, faculty and many people in the community read and enjoy.

The Scroll Staff was made up of 23 seniors, and their adviser was Mr. George



Seniors Chad Knight and Danelle McIntire sort through the many folded issues of the East High Scroll that go to community members.

Christian. All of these people worked hard and showed dedication. The editor for both semesters was Patrick White. When asked about his position, he responded, "I was very pleased to be editor of The Scroll. I felt honored to be elected for both semesters. Although it was difficult, the excitement made it worth the effort."

Assistant editors were also elected by the staff. Throughout the year they were Chad Von Ahnen, Cathy Troutman and Lisa Day. Chad said, "It was a pleasure being the assistant editor; even though it was a big responsibility, it was fun."

Over all, The 1990-1991 Scroll Staff made their adviser, Mr. George Christian, proud of their work. (He will retire May 31, 1991.)



Patrick White Editor both semesters



Chad Von Ahnen Asst. Editor 1st semester



Cathy Troutman Asst. Editor both semesters



Lisa Day Asst. Editor 2nd semester



SCROLL STAFF. ROW 1: Chad Von Ahnen, Angela McAnich, Lisa Day, Tori Kilby, Dina Gilbert, Jennifer Baysinger. ROW 2: Danelle McIntire, Tracey Hiatt, Mike Luce, Andrea Donohoe, Michelle Twiss, Amy Dalbey, Chad Knight, Connie Thompson,

Kori Leo, Kimberley Ford, Laura Spaulding, Cathy Troutman, April Smith, Karin Campbell, Dawn Sweet. NOT PICTURED: Michelle McNeley, Patrick White.



Waiting for her turn to become a Scroll journalist, junior Amy Harrison looks through a finished Scroll. Next year, Amy will have her chance to get into this action.



Seniors Laura Spaulding, Karin Campbell and Michelle McNeley work on preparing the next issue of the Scroll. By looking over the copies of their stories, they can copyread and catch all the mistakes before publication.



Being an editor has its glory and excitement, but it has its fair share of problems, too. When something goes wrong or happens unexpectedly, it falls back on the editor. Here staff member Michelle Twiss takes out her aggressions on editor Patrick White.



Editor Patrick White peers over senior Chad Knight's shoulder to look over and discuss the details of this specific page for their next deadline.

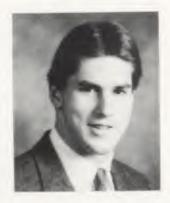
#### Leadership skills shower students with activities

he 1990-91 Student Government showed great concern by giving the student body almost all the activities they could ask for and more. The activities included Fall Sports Jamboree, Homecoming Week and Homecoming Dance. Two drives were held, one for collecting canned foods and the other for donating clothes.

During the first semester, the officers were Dan Packard, president; Cathy Troutman, vice-president; Mike Ramsey, treasurer; and Kimberly Ford, secretary. One officer maintained his position for the second semester, president Dan Packard. Cathy Troutman switched to the spot of treasurer. The new incoming officers were Danelle McIntire, vice-president, and Shelly Johnson, secretary.



Student Gov't. food drive started well.



Dan Packard Fall, Spring President



Cathy Troutman
Fall V.P., Spring Treas.



Mike Ramsey Fall Treasurer



Kimberly Ford Fall Secretary



Danelle McIntire Spring Vice-President



Shelly Johnson Spring Secretary



Mr. Walt Kennedy Sponsor



FALL STUDENT GOVERNMENT, ROW 1: Traci Fisher, Kristen Leo, Missy Charron, Danyal Stoker, Shawna Cochran, Kristen Carlstedt, Jennifer Dehnert, Kelli King, ROW 2: Jennifer Sweeney, Shannon Carlson, Ashley Calhoun, Katie Goodrich, Nicole Wagner, Carla Berry, Colette Swenson, Annika Stroope ROW 3: Melissa Brennan, Kimberly Ford, Missy Forsberg, Amy Howe, Brandi Elder, Taylor Somers, Tori Kilby, Barrett Rogness, Jay Fagen ROW 4: Tricia Alba, Kim Barker, Christy Waldron, Teresa Holtorf, Kori Leo, Cathy Troutman, Janelle Dupree, Matt Maxwell, ROW 5: Tiffany Syferd, Andrea Howser, Milisa Case, Tracey Hiatt, Shelley Johnson, Jenny Baker, Danelle McIntire, Michelle Twiss, Amy Dalbey, ROW 6:

Jennifer Bickel, Dan Packard, Mike Schmidt, Chris Thomason, Michael Ramsey, Colby Calhoun. NOT PICTURED: Lisa Day, Jenni Goodrich, Deana Huck, Michelle McNeley, Crystal Siemer, Shelly Thompson, Alana Tomaszek, Andi Brown, Sarah Brown, Megan Christenson, Tim Elder, Tanya English, Leia Fensterman, Kris Moore, Becky Pollard, Candy Taylor, Kim Thompson, Jamie Randolph, Carrie Anderson, Renae Arabian, Nicole Baty, Cora Carpenter, Jenny Harridge, Scott Hart, Brandi Henderson, Amy Knight, Tiffany Larson, Jason Leate, Deth Philavanh, Matt Rourke and Teryl Syferd.



SPRING STUDENT GOVERNMENT. FRONT: Matt Rourke. ROW 1: Janelle Dupree, Shelly Milligan, Brandi Elder, Matt Maxwell, Shelley Johnson, Amy Dalbey, Jennifer Goodrich, Kimberly Ford. ROW 2: Teryl Syferd, Delaney Dixon, Kelli King, Lisa Benedict, Jennifer Baker, Kristen Carlstedt, Tracey Hiatt, Michelle Twiss, Danelle McIntire. ROW 3: Lori Lethcoe, Christy Waldron, Tricia Alba, Melissa Brennan, Chris Thomason, Dan Packard, Michael Ramsey, Kristen Leo, Amy Howe, Taylor Somers. ROW 4: Jody Bishop, Colette Swenson, Carla Berry, Jennifer Sweeney, Tori Kilby, Cathy Troutman, Shawna Cochran, Liz Robin-

son, Nicole Wagner, ROW 5: Sheila Shipley, Jamie Randolph, Jay Elliott, Barrett Rogness, Jennifer Dehnert, Missy Charron, Traci Fisher, Joshua Hanson, Missy Crouse, Bee Thongsoum, Jenni Baysinger, Shannon Carlson. NOT PICTURED: Missy Brown, Ashley Calhoun, Katie Goodrich, Angie Irwin, Kerry Mann, Annika Stroope, Tim Vail, Andi Brown, Shawn Carmichael, Scott Donohoe, Craig Hayes, Phan Hong, Jack Lee, Cory Shelton, Kristi Brassfield, Colby Calhoun, Kori Leo, Mike Schmidt, Tiffany Syferd.

### Pep 'E' Club's peppy attitude



PEP "E" CLUB BOARD MEMBERS. ROW 1: Jenny Harridge, Amy Knight. ROW 2: Cora Carpenter, Teryl Syferd, Lori Lethcoe. ROW 3: Kori Moreland, Katie Goodrich. ROW 4: Kristen Carlstedt, Missy Charron. ROW 5: Melissa Wimber, Cory Shelton, Kelli King. ROW 6: Tiffany Syferd, Teresa Bacon. ROW 7: Milisa Case, Danelle McIntire, Amy Dalbey. ROW 8: Tracey Hiatt, Jenni Baysinger, Michelle Twiss, Jenny Baker.



PEP "E" CLUB FRESHMEN. ROW 1. Cora Carpenter, Kristin Harrison, Amy Knight, Deth Philavanh, Donna Hood, Bobbiann Jordan, Jenny Harridge, Sallie Leitzke, Yvonne Halbur. ROW 2. Cori Blair, Teryl Syferd, Tiffany Larson, Charity Reeves, Wendy Sparrgrove, Brandi Henderson, Carrie Anderson, Carrie Shelton. ROW 3. Maggie Cantrell, Roselle Waltz, Melissa Gervais, Jennifer Garner, Dawn Campbell, Suan Picray, Kristi Swisher, Glenda Terry, ROW 4. Lori Lethcoe, Tamickia Green, Jenny Murphy, Heather Carnahan, Jessica Mayes, Courtney Johnston. NOT PICTURED. Laura Ackelson, Alvina Baccam, Nikki Barden, Brian Bickel, Toni Blair, Robert Fitzpatrick, Crystal Flagg, Jennifer Harrison, September Hartman, Marci Kauzlarich, Kelle McCrea, Sarah McDaniel, Jody McMullin, Jennifer McNear, Jessica Metheny, Tina Mortize, Adrienne Parker, Tiffany Thomas, Tiffany Wickersham, Sharon Wingert, Kathleen Yates



PEP "E" CLUB SOPHOMORES. ROW 1: Lisa Flynn, Nicole Wagner, Liz Robinson, Kristen Leo, Amy Kellis, Shana Roth, Amy Goode, Wanda North, Angie McDonald, Jenny Enfield, Katie Goodrich, Shannon Carlson. ROW 2: Kori Moreland, Nicole Waltz, Shannon Kale, Matthew McVicker, Heather Willey, Heather Ellings, Jennifer Kaiser, Kris Klukas, Jody Bishop. ROW 3: Mike Dyer, Kym Fulmer, Gail Foster, Michelle Griffith, Deborah Hill, Shupha Matthew, Angela Irwin, Cadry Nelson, Tricia Nelson, Jamie Randolph, Colette Swenson. ROW 4. Liz Gaskins, Tina Jensen, Dawn Doornenbal, Nicole Dresch, Katie Wathne, Carla Berry, Tisha Bimbi, Jennifer Beck, Jennifer Smedes, Sheila Shipley. NOT PICTURED: Aaron Abbas, Howard Barber, Missy Beeler, Hope Bish, Amy Bockenstedt, Vikki Braden, Missy Brown, Johnanna Day. Angie Hamblet, Jeany Hansen, Jon Hoff, Martha Jagar, Twilla Kanne, Audrea Molberg, Bobbi Messer, Sara Peckett, Autumn Smith, Jessica Stump, Tim Vail, Laura Vust, Kimberly Woods. Annika Stroope.



PEP "E" CLUB JUNIORS ROW 1 Ginger Hickey, Danyal Stoker, Jennifer Sweeney, Wendy Hart, Kelli King, Andi Brown, Traci Crabb, Misee Wright, Anita Gobin, Vanessa Goddard, Saudia Khan. ROW 2: Melinda Lewis, Tammie Chamberlain, Missy Charron, Shawna Cochran, Ninette Smith, Stacey Connors, Penny Gilmore, Tiffany Wyant, Carma Miller, Valerie Lasher, Stacey Thompson, Megan Christenson. ROW 3 Traci Fisher, Kristen Carlstedt, Linda Nutt, Michelle Duffert, Jenny Lamb, Robyne Hood, Teri Palmer, Sandra Kite, Sherri Troutfetter, Kim Thompson, Heather Bauman. ROW 4: Windy Downing, Kari Elliott, Trina Perez, Jenny Fallis, Melanie Sevenbergen, Becky Pollard, Dahn Peterson, Bee Thongsoum, Phan Hong, Cristin Koppenhaver, Lori Padgett. ROW 5: Missy Crouse, Jennifer Dehnert, Cory Shelton, Brandi Groess, Tami Stuart, Jenny Oliver, Chris Agee, Leia Fensterman, Angie Hickman, Wendy Jo Duncan. ROW 6: Andy

Pelham, Barrett Rogness, Josh Hanson, Melissa Warner, Melissa McGuire, Laura Patterson, Krys Anderson, Tanya English, Amy Harrison. NOT PICTURED: Southane Baccam, Sarah Brown, Ann Bupasiri, Lisa Cain, Jennifer Carnahan, Dawn Dixon, Delaney Dixon, Maria Fierro, Teresa Formaro, Misty Green, Chrystal Haag, Debbie Hare, Jessica Hare, Marnette Harris, Jason Herndon, Theresa Hutson, Heather Issac, Shondra Kellogg, Heidi McPherson, Heidi McVey, Chanytl Mensing, Christy Mongar, Kris Moore, Jennifer Murphy, Stephaine O'Borny, Debbie Ortez, Jennifer Pagel, Tanya Parks, Stacey Pettorini, La Phommachakr, Jennifer Rouse, Leslic Sanders, Tina Sassatelli, Tara Schrenkengast, Shannon Senecaut, Tasha Senram, Jana Schoon, Brooke Thrasher, Traci Wickersham, Diana Williams, Misee Wimber, Lori Wingert, Jenny Woods, Brenda Zeliadt, Andy Markun.



PEP "E" CLUB SENIORS ROW 1: Tracy Saville, Christy Waldron, Patricia Alba, Lillie Martin, Shelley Johnson, Kimberly Ford, Michelle McNeley, Crystal Siemer, Laura Spaulding, Mandy Welch, Trudi Van Buskirk, Kim Roth, Shelly Milligan, Diane Nichols, Kim Phongvay, Shawndra De Hamer, Jennifer Powell. ROW 2: Lisa Benedict, Melissa Brennan, Tiffany Syferd, Latanya Ferrell, Keena McCurn, Tanisha McGuire, Brian Kerr, Chris Thomason, Tonya Wilson, Teresa Bacon, Angie McAninch, Angie Brown, Jennifer Hughes, Karın Campbell, Rachele Sledge. ROW 3: Jenny Bickel, Amy Churchill, Jack Bartram, Jay Fagen, Dawn Fisher, Kelly O'Hara, Tina Anthony, Chad Knight, Chad McDonald, Toad Reid, Stephanie Doumas, Susan Foster, Lisa Day, Connie Thompson, Alana Tomaszek, Jenny Rabe, Kim Fox. ROW 4: Jo ann Farnsworth, Shelly Zeliadt, Danielle Wimber, Andrea Howser, Milisa Case, Mike Hopkins, Kori Leo, Danelle McIntire, Tracey Hiatt, Michelle Twiss, Amy Dalbey, Jenny Baker, Shelly Thompson, Jenni Baysinger, Erika Johnson.

ROW 5: Matt Maxwell, Mike Ramsey, Troy McPhee, Vaughn Van DeBoe, Jason Upchurch, Chad McDaniel, Mike Schmidt, Missy Forsberg, Deana Huck, Leslie Cason, Chris Hobbs, Alissa Alfred, Judy Card, Sarah Striker ROW 6: Dan Packard, Paul Johnson, Chad Von Ahnen, Paul Sams, Brandi Elder, Janelle Dupree, Tori Kilby, Kristi Brassfield, Taylor Somers, Amy Howe, Brian Pottorff, Patrick Leo, Ryan Wilaby, Shannon Lydic, Michelle Fenton, Angie Collins, Angie Rotter, Pam Bellville, Shawn Terry, NOT PICTURED: Traci Adams, Eugene Amarrador, Jason Brown, Roberta Coburn, Kim Dawson, John Duden, Bridget Fitzpatrick, Dina Gilbert, Rick Good, Jenny Hale, Marijane Harless, Jesse Helton, Shawn Howard, Marlene Jager, Brian Keller, Kristl Kephart, Thieo Luong, Jackie Marrow, Kay Matthews, Marcia McCoy, Cindy O'Brien, Donna Parks, Rene Ratliff, Paula Schoon, April Smith, Suzy Smith, Amanda Stewart, Sonya Strickland, Kristie Swacker, Nicole Updike, Chrystal Wilson, Buffy Wright, Tammy Young, Mrs. Shirley Blenderman, Sponsor.



Andy Pelham, Tracey Hiatt, Cory Shelton and Danelle McIntire decorate for Christmas.



PEP "E" CLUB OFFICERS. Tracey Hiatt, treasurer; Jenny Baker, president; Jenni Baysinger, secretary; Michelle Twiss, vice-president.

#### Debate skills last a lifetime

his year's debate team succeeded in both policy debate and individual events. Five teams had outstanding records at tournaments: the team of freshmen Carrie Anderson and Misty Hayes, who had a 5-0 record at the Iowa City West Tournament; the teams of freshmen Ryan Boyer-Brian Rebel and sophomores Jason Bent-Denny Davis both had records of 4-1 at the Iowa Forensics League Fall Conference; sophomore Pathana Baccam and sophomore Forrest Wing received a 3-1 record at the Bettendorf Tournament; Pathana also had a 3-2 record at the Ottumwa Tournament with partner Fred Horstman, junior.

The policy debates were not the only ones achieving successes. Senior Lisa Day won two third-place rankings, one of which was at the National Qualifying Tournament for her outstanding dramatic interpretation. Junior Wanda North placed fifth at the National Qualifying Tournament for her enthusiastic original oratory. Junior Dahn Peterson placed third in her oral interpretation.



Sophomore Forrest Wing seeks advice from debate coach Mike Miller on evidence to use at a tournament.



FORENSICS. ROW 1: Corrie Proksa, Wanda North, Jeremy Ellis, Nonja Cochrane, Pathana Baccam, Misty Hayes, Denny Davis. ROW 2: Jason Bent, Ryan Boyer, Brian Rebel, Anika Baty, Laura Ackelson, Mandala Jackson, Errond

Powell. ROW 3: Andrew Winegar, Michael Curtis, James Gilmore, Forrest Wing, Doug Ashby, Fred Horstman, Matt Dierking. NOT PICTURED: Carrie Anderson, Lisa Day, Nathan Ellis, Nichole Levy, Cadry Nelson, Dahn Peterson.



Freshmen Misty Hayes and Laura Ackelson help junior Wanda North prepare for a tournament by critiquing her original oratory. Wanda and the other students performing individual events excelled this year. Their dedication paid off, as seen by their records at the National Qualifying Tournament.



Junior Fred Horstman and Pathana Baccam use teamwork to succeed. Both Fred and Pathana attended summer institutes to strengthen their debate skills. Their hard work was awarded with an outstanding year.



Sophomore Michael Curtis and junior Andy Winegar work to prepare themselves for the next tournament.



Junior Fred Horstman and sophomore Forrest Wing work to organize and prepare their evidence.

### Foreign clubs are active

hile most students don't speak foreign languages, some do. Of course, to be in a foreign language club, such as French or Spanish, students had to be enrolled in a French or Spanish class.

The French Club succeeded in many activities. For one activity, they went bowling, and for another, they had a formal Christmas dinner. They had a great year.

The Spanish Club is a "revived" club. It was a real success. The club started the year by selling Spanish turkey cookies.

The two clubs were very active and successful.

Senior April Smith, vice-president, commented, "French Club has been really interesting this year. It's fun being in charge of activities like selling suckers, bowling, and going to a formal Christmas dance at the Embassy Club. I'm glad I got the chance to be involved in four years of French and to learn about the culture and history of France."

Junior Jill LaMar commented, "I joined the Spanish Club because I wanted to meet new friends, and at the same time, I wanted to be closer to the South American culture."



SPANISH CLUB. ROW 1: Sabrina Harris, Melissa Mata, Gene Mata, Angie McAninch, Tonya Wilson, Denny Howe, Joshua Conn, Annika Stroope. ROW 2: Diana Mata, Heather Isaac, Deborah Hill, Shupha Matthew, Tricia Nelson, Jodi McClain, Hollie Edsill, Lori Padgett, Ms. Kathryn Hansen. ROW 3: Victoria

Fredrikson, Gretchen Beckwith, Laura Patterson, Stephanie Patton, Jill La Mar, Shawndra De Hamer, Twilla Kanne, Steve Bash, Jay Elliott. NOT PICTURED: Don Garret, Valerie Mechem, Gail Foster, Delaney Dixon, Elizabeth Balhoun, Stacey Thompson, Lenny North, Nathan Johnson, Andi Brown, Karen Roszell.



FRENCH CLUB. ROW I: Heather White, Ryan Barton, Shelley Johnson, Michelle Fenton, April Smith, Ninela Plamenac, Ms. Susan Lorence. ROW 2: Lillie Martin, Le Wonda Martin, Kelly Flesher, Teresa Slifka, Corrie Proksa, Lori Harker, Jody Bishop, Angle Hamblet, Jennifer Baker, Judy Card, Jenny Rabe. ROW 3: Cristin Koppenhaver, Myndi Brown, Heidi McVey, Jennifer Pagel, Jeff Barker, Latasha Brown, James Tully, Brent McConnell, Chaffee Baccam, Jason Mrogenski, Ginger Cowger. ROW 4: Jennifer Hughes, Robyne

Hood, Misty Rowe, Colette Swenson, Shannon Carlson, Barrett Rogness, Monte Crawford, Gary Giefer, Todd Long, Joe Shelton, Jake Peterson, John Duden, Don Cady. NOT PICTURED Missy Brown, Heather Carnahan, John Colton, Deborah Dailey, Amy Dalbey, Mark Erickson, Amanda Hall, Sabriya Khan, Kelli King, Heather McClannahan, Matt Oltman, Nicole Simon

### East hit by foreign cultures



Sophomore Anastasia Smith, of Australia, looks at the snow strangely, for she had never seen snow. Anastasia

holds her tongue out, to try to savor some snow, which she loved.



FOREIGN EXCHANGE STUDENTS. ROW 1: Evellen Hoornstra, Anastasia Smith. ROW 2: Ninela

Plamenac, Victoria Fredrikson. Their smiles brightened our days and nights.

ast was fortunate to sponsor four foreign-exchange students from around the world. They arrived from such countries as Holland, Australia, Sweden and Yugoslavia. These four students brightened the halls this year with their smiles of joy and excitement. Coming from these different countries were Evelien Hoornstra, Holland; Anastasia Smith, Australia; Victoria Fredrikson, Sweden; and Ninela Nina Plamenac, Yugoslavia.

When they were asked to comment about East, we received these answers:

Ninela: "East is a lot bigger. East is different from my school. Here we change class and get to pick the subject we want. Back at my school, we stay in one room and we do not get to choose our subjects."

Anastasia: "I have felt really welcome while I have been at East. Both the teachers and the students have accepted me as a student here and made my adjustment a lot easier. I have made so many new friends! I don't think I have ever met so many people in such a short span of time. I feel as if I've always been here."

Evelien: "It's different. Classes are different. In Holland, we take 15 subjects and here we only have 6 subjects. In Holland, football isn't popular and soccer is the main sport."

Victoria: "East is very different and BIG. It is fun going here. I liked the football games; they were great fun. Back home we do not have football."

We were really glad to have these outgoing young ladies attend our school.

These students have felt the difference in schools, and that is something that they should be proud of, because not everyone gets a chance. All of our lives have been changed by their teaching us about their countries and ways. Some of us wanted to go and visit their countries. Here at East we hoped to see in the future more foreign exchange students.

### Choir shows promising talent

ome refreshing changes were made this year in the selecting of just the right people and in the choir room itself. A lot of changes and remodeling took place. The old choir room consisted primarily of a set of wobbly risers and a piano. After the needed improvements, the students enjoyed sturdier and safer risers.

A new addition was a wall of mirrors in front of the singers. The students were able to perfect their posture and forms to improve their sound. During tryouts, range, pitch memory and quality were taken into consideration. Each person sang a short solo and had an interview with Mr. Jim Weaver, the vocal music instructor.

This year's Concert Choir class was held during second hour and included 34 dedicated members. They had a busy year practicing for State contests, concerts and other activities. Concert Choir went to State and was involved in the Winter Parade of Choirs. They also had a fall concert Oct. 23 and a pop concert Jan 29.



One of the choir's favorite substitute teachers, Miss Lorna Walther, smiles as she directs a choir.



Sophomores Twilla Kanne and Heidi McVey study new music with juniors Kim Wignall and Rosie Jackson.



CONCERT CHOIR. ROW 1: Joni Park, Derrick Teska, Larry Lockman, Bay Bupasiri, Jay Rains, Denny Howe, Brandy Mauk, Heidi McVey, Jennifer Lindberg, Aaron Tomaszck. ROW 2: Ricky Hardy, Lavern Fields, Richie Clark, Karen Roszell, Dawn Dixon, Jennifer Rouse, Lori Padgett, Heidi McPherson, Traci

Wickersham. ROW 3: Mike Mapes, Brandon Herrera, Randy Sonnenburg, James Brauer, Matthew Bennett, Tami Stuart, Twilla Kanne, Jason Hale, Deborah Dailey. NOT PICTURED: Shane Miller, Kim Wignall, Patrick Williamson, Terry Shawver, Rosie Jackson.



## PREP CHOIR. ROW 1: Brandi McCuen, Terra Vestal, Jenny Harridge, Stephanie Oborny, Michelle Primm, Susan Picray, Diana Ortiz, Kathy Winget, Evelyn Brown, Terri White ROW 2: Heather Willey, Charity Reeves, Krysten Andersen, Lori Lethcoe,

Claudia Giron, Penny Bent, Courtney Johnston, Jessica Metheny, ROW 3: Brenda Messer, Cynthia Brown, Glenda Terry, Jennifer Gerke, Jennifer Fallis, Chanda Jones, Linda Nutt, Angie Elder, Melissa Warner, NOT PICTURED: Becky Loveless.

#### Scarlet and Prep Choirs improve and show talent

ust like any sport or physical activity, warm-ups are required at the beginning of each choir class. Warm-ups included physical stretching and breathing exercises to improve powe, and increase each choir's ability to hold notes for long periods of time. Following those exercises were vocal warm-ups which helped students' range and overall sound. The rest of the period was usually dedicated to learning music and perfecting it.

Tryouts were held between semesters and at the end of the school year. Tryouts narrowed Prep Choir down to 29 members and Scarlet Choir to 42 members.

After his second year at East, Mr. Jim Weaver said, "I enjoy working at East and seeing vocal music students succeed in music and other areas."



Freshman Lori Lethcoe sings her All-State songs.



SCARLET CHOIR. ROW 1: Lisa Towns, Heather Gilchrist, La Hathi, Tony Brown, Teryl Syferd, Leigh Ann Peterson, Jennifer Swanson, Jennifer Porter, Megan Law, Monet Dixon. ROW 2: Christine Martin, Hope Bish, Amy Morrow, Tiffani Knox, Marnette Harris, Christine Thompson, Maria McConnel, Kerry Caldwell, Melissa Gervais. ROW 3: Cora Carpenter, Traci Crabb, Tanisha McGuire, Keena McCurn, Heather Elings, Kristy Hummel, Victoria Fredrikson,

Christi Broughton, Laura Stalker. ROW 4: Lizz Robinson, Dawn Doornenbal, Sherrie Young, Valorie Stalker, Jeri Riley, Michelle Anderson, Jolene Phillips, Danielle Wimber, Jennifer Ludwig, Tamickia Green, NOT PICTURED: Marcellette Davis, Holly Hall, Carrie Huffmann, Tara Miller, Brenda Poole, Melanie Sevenbergen, Chastity Stewart, Angie Worthington.

### Regiment steps best foot forward

he East High Marching Scarlets, under the direction of the drum majors (junior Erica Cunningham and sophomore Josh Conn) and the new director, Mr. Craig Swartz, had a terrific marching season.

Despite a lot of new freshmen, the Marching Scarlets progressed rapidly and learned their drills fast.

"The marching season started a little late in the new year, but we started working together and the show began to shape up. I think that we've built a lot of potential for next year," said junior Ginger Cowger. Junior Mike Mapes commented, "This year's band brought out and showed an inner togetherness among us. Competition still drove us to work for excellence on the field

in Marching Band."

The Marching Scarlets practiced every morning before school through first hour to second hour. They learned to communicate together as one unit. Dedication and pride caused the Marching Scarlets to strive to be the best that they could be.

Concert Band was also taken over by Mr. Craig Swartz, new instrumental music director. The students met during first hour, after marching season was over. Despite the smaller number of students in Concert Band, the group still played with all the triumph, prestige and dignity they had. Sophomore Lori Kephart said, "Concert Band was fun and I learned a lot this year. When I've graduated, I hope that Concert Band will be as fun as it was when I was in

it "

Mr. Swartz, the two drum majors (junior Erica Cunningham and sophomore Josh Conn) and section leaders of the band helped stimulate the rest of the band to play as accurately and clearly as they could. Without a lot of leadership, Concert Band would not have been the great success that it was.

Mr. Swartz came to East High from North High. He replaced Mr. Kent Keating and was the third East High band director in three years. Along with the Marching Band and the Concert Band, Mr. Swartz was also the adviser of the Pep Band and the Jazz Band.

East High welcomed Mr. Swartz as a new instructor.



MARCHING SCARLETS. ROW 1: Diane Shellabarger, Mr. Craig Swartz (director), Josh Conn, Erica Cunningham, Todd Maxfield, Brandon Lindsey, Perry Ross, Ryan Chaffee, Jon Hoff, Chuck Boydston, Matt Morris, Dustin Douglass, Susan Foster. ROW 2: Melissa Ramirez, Ginger Cowger, Melissa Murphy, Grant Green, Shelly Zeliadt, Chayla Osburn, Michelle Middleton, Stephanie Breeding, Stephanie Renner, Sara McDaniel, Jennifer Knight, Lori Kephart, Heather Isaac, Don Cady, Glen Weaver, Stephanie Doumas. ROW 3: Traci Wickersham, Michelle Alderman, Ginny Anderson, Christi Franklin, Cindy Brown, Marci Kauzlarich, Michelle Primm, Valerie Mechem, Angie Irwin, Staci Doumas, Johnanna Day,

Lori Lethcoe, Ricardo Ramirez, Chris Jackson, Steve Kirstein, Matt Schager, Eric Jayne, Deana Huck. ROW 4: Angie Furtado, Scott Dullard, John Vestal, Jason Mrogenski, Greg Kephart, Mike Mapes, Athar Sanders, Tate Thomason, Jeff Hamilton, Mike Penake, Don Garrett, Jeff Kimball, Joe McCreery, John Colton, Michelle Stone, Sheila Barnes. ROW 5: Tiffany Wickersham, Dina Lopez, Christy Mongar, Heather McClannahan, Megan Gogerty, Michelle Griffith, Teresa Jones, Heather Hayward, Liz Baloun, Kim Mullin, Carmela Ramirez, Jennifer Oliver. Carrie Hemingson, Tiffany Wyant, Carma Miller, Heidi Gerstenberger, Carrie DeYoung, Tricia Nelson.



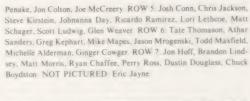
Trumpeters — freshman Lori Lethcoe, senior Chris Jackson, junior Steve Kirstein and senior Matt Schager — pause for a moment during a rest at half-time in a football game.



Junior Erica Cunningham enjoys herself as she directs the Marching Scarlets at a home football game. Erica showed a lot of leadership both on and off the marching field.



CONCERT BAND ROW 1, Don Cady, Susan Foster, Teresa Jones, Stephanie Breeding, Erica Cunningham, Heather Isaac, Sara McDaniel Jennifer Knight, Stephanie Renner, Lori Kephart ROW 2: Valerie Mechem, Angie Irwin, Marci Kauzlarich, Melissa Murphy, Staci Doumas, Ginny Anderson, Michelle Middleton, Stephanie Doumas, Shelly Zeliadt ROW 3: Grant Green, Cindy Brown, Michelle Primm, Christi Franklin, Heather Berry, Chayla Osburn, Jeff Hamilton, Scott Dullard, John Vestal ROW 4: Don Garrett, Jeff Kimball, Michelle Stone, Mike





With a stern look on his face, sophomore John Vestal plays his tenor saxophone with a lot of dedication and determination. John, and a lot of other students from the Marching Band, stayed and joined the Concert Band.



Sophomore Sarah McDaniel plays her flute with a clear tone and sound. She helped a lot with the overall sound of the woodwind section. This was Sarah's first year with the East High Band.

### Jazz Band develops successes

he Jazz Band had a very productive and fulfilling year. They were led by Mr. Craig Swartz. It was Mr. Swartz's first year at East; he was previously the band director at North High School.

The members of the Jazz Band worked diligently to improve their style and skill. They competed throughout the state in jazz competitions. They competed in the Pella Jazz Festival, Hoover Jazz Contest, Creston Jazz Contest and State Jazz Contest. The Jazz Band also held their fifth annual East High Las Vegas Show. It was held in March at East.

Jazz Band member Todd Maxfield, junior, said, "I think that, as a group, we worked well together. During the year we strengthened our skills."

Greg Kephart, junior, commented, "This year was a rebuilding year for Jazz Band, but despite all the new faces, we still had a great year. We learned new songs and performed in competitions. Next year we should be even better."



Junior Todd Maxfield practices playing his bass. Todd is the only bass player in band this year.



JAZZ BAND. ROW 1: Gretchen Beckwith, Michelle Stone, Donald Cady, John Vestal, Jeffrey Hamilton. ROW 2: Greg Kephart, Michael Mapes. ROW 3: Matt

Oltman, Perry Ross, Todd Maxfield, Christopher Jackson, Matthew Schager, Joshua Conn, Ginger Cowger, Lori Lethcoe.



#### Instrumentalists show talent



Drake Honor Band. Freshman Lori Lethcoe, juniors Michael Mapes and Athar Sanders.

he East High Orchestra had a wonderful year. The group practiced hard and showed off their talent at performances at East as well as at the Central College Music Festival. The Orchestra was directed by Mr. James Brauninger, a part-time instructor at East. It was Mr. Brauninger's second year at East as the director for Orchestra. Kelli King, junior, commented, "We have worked long and hard all year to perform lots of well known pieces to the very best of our ability. I feel honored to have Mr. Brauninger as our instructor."

Three outstanding students from the band groups were chosen this year to participate in the Drake Honor Band. It is a very prestigious honor to be selected to perform in the Honor Band, which includes students from all Metro schools. The three students from East were freshman Lori Lethcoe and juniors Michael Mapes and Athar Sanders.



Mr James Brauninger practices playing the violin.



ORCHESTRA. ROW 1: Kelli King, Regina Gudin, Melissa Ramirez, Tanisha McGuire. ROW 2: Jennifer Kaiser, Shan Bear, Shawna Probasco, Shupha Mathew, Dawn Campbell. ROW 3: Tommi Porter,

Jeremy Ackelson, Joshua Thompson, Kathleen Wathne. NOT PICTURED: Nicole Larpenter, Mr. James Brauninger.

#### Ticket fairies do not exist

id you ever wonder where the tickets for the school dances came from? Did you imagine the "ticket fairy" produced them with a wave of her magic wand? Maybe you thought there were some desperate, slave-driven student who worked night and day without food or water to get them finished. Sorry to disappoint you! They were printed by Mr. Jeff Bock's advanced Graphic Arts classes.

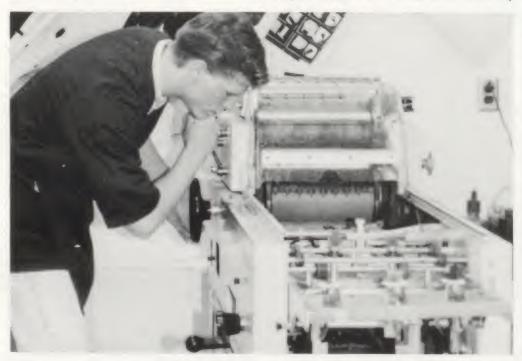
These students were also required to print the programs for school dances, along with the commencement programs and the programs and posters for drama productions. They also printed forms for the nurse, as well as suspension and truancy forms. However, these students were best known for printing The Scroll, the school's newspaper.

These students went through the processes of printing and folding enough newspapers for every student and teacher in the school. But of course, some students think that The Scroll is printed by the powerful "god of news!"



ADVANCED GRAPHIC ARTS. ROW 1: Cindy Grow, Mr. Jeff Bock (Adviser), Diane Nichols, Tori Kilby, Dina Gilbert. ROW 2: Chris Andersen, Chep

Phommachakr, Dan Wonders, Aaron Messerly, Derek Hiatt, Sean Allen, Jenny Hale, Sang Luong. ROW 3: Greg McDaniel, Ray Bolinger.



Junior Matt Reeves finds Graphic Arts Fundamentals is a "hands on" course when it comes to printing.



Freshman Jennifer Gerke uses her time to make a silkscreen print on a mirror.

### Pictures, pictures everywhere



PHOTOJOURNALISM. ROW 1: Anita Gobin, Traci Adams, Diane Nichols, Trudi Van Buskirk, Mandy Welch. ROW 2: Chad Biddle, Vaughn Van DeBoe, Brian Lloyd, Jason Upchurch. ROW 3: Jarod

Fleck, Cecil Aswegan. ROW 4: Curtis Wiess, Andy Minor, Brent Champlin. ROW 5: Shelly Milligan, Cindy Grow.

ust the click of the shutter and the bright light of the flash were all it took to record a scene on film forever. The Photojournalism staff was required to take pictures of assemblies, dances and sports games. They also had to shoot pictures requested by The Quill and The Scroll Newspaper staffs.

Third-hour Photojournalism was instructed by Mr. John Lethcoe. Students had to pass the necessary Photography I and II courses to become eligible for Photojournalism. However, Mr. Lethcoe chose only the best of those students for the class.

Throughout the 1990-91 year, Mr. Leth-coe chose eight students to be his chief photographers. For the first semester, he selected Traci Adams and Vaughn Van De-Boe for The Quill Yearbook and Cindy Grow and Diane Nichols for The Scroll Newspaper. For the second semester he chose Andy Minor and Jason Upchurch for The Quill and Trudi Van Buskirk and Jarod Fleck for The Scroll.

At the end of the year, Mr. Lethcoe threw a steak fry "appreciation party" for his Photojournalism students. What a way to end the year!



Seniors Diane Nichols and Jason Upchurch could be seen throughout the building taking pictures for The Quill and The Scroll.



Freshman Brian Smith was one of many who learned how much fun Photography I can be.

### Excellence among NHS

tudents who strive to be the best that they can be and who succeed are those honored to be in the National Honor Society. The group is sponsored by Mr. John Raymond, a teacher of English. To be a member of the National Honor Society, the students must be in the top 15 percent of his class and must show great leadership abilities at East and in the community.

In the spring, new NHS members were given a certificate and pin at the induction ceremony. Throughout the year, members helped with the clothes drive, and they sold and delivered turkey-shaped cookies right before Thanksgiving. During Afro-American Awareness Month, the group helped post informational posters about that month in the halls.



These five National Honor Society members put together posters for the Afro-American Awareness

Month. They were part of what helped make the month a success.



NATIONAL HONOR SOCIETY. ROW 1: Kristie Swacker, Lisa Day, Lillie Martin, Jenny Haag, Nicole Thornton, Susan Foster, Marley Lipman. ROW 2: Jenny Baker, Marcy Peterson, Shananne Dullard, Theresa Miller, Keena McCurn, Laura Spaulding, Cathy Troutman, Laura Smith, Caryn Woods. ROW 3: John

Duden, Jeremy DeYoung, Jesse Helton, Scott Rediger, Tracey Hiatt, Dan Packard, Aaron Smith, Connie Thompson. NOT PICTURED: Steve Cardis, Brian Clark, Matt McCleary.

Lisa Day October



Dan Packard November



Keena McCurn December



Jeremy De Young
January



Laura Spaulding February



Caryn Woods March

#### Outstanding seniors chosen as Kiwanians

iwanians are specially chosen seniors who have made exceptional academic achievements and showed leadership abilities in extra-curricular activities during their four years of high school. Being a Kiwanian was an honor given only to a selected few.

During the months that the Kiwanians were chosen for, they attended weekly luncheons at the Downtown Kiwanis Club. They had the opportunity to meet other students who were chosen Kiwanians at their respective schools. Also, they had the chance to dine with many of Des Moines' influential business and community leaders at weekly Kiwanis Luncheons.

Laura Spaulding felt that being chosen Kiwanian for February was not only an honor, but also an experience she'll remember for a long time.



Jennifer Baysinger April



Cathy Troutman May

### Singing Scarlets perform often

he Choraliers were a choir of all-female students who met during period 3. They were taught by Mr. Jim Weaver in room 25. Choraliers did much the same thing as the other singing groups at East High. They competed in competitions throughout the year. They were also involved in performing concerts; six were performed during the year. Connie Thompson, senior, commented, "This year we worked on All-State music and Swing Choir music, and we performed at concerts. Through all of these things, we grew tremendously since the beginning of the year."

A Cappella choir like the Choraliers was a singing choir. This group was composed of boys and girls unlike the Choraliers, who were all female. Some of the people were involved in All-State music. They tried out for the All-State choir in the spring. They also performed in some Show Choir competitions. Latanya Ferrell said, "The A Capellaliers had a lot of potential. Most of the people in the class returned from last year. When it came to contests, we basically knew what we were doing."



CHORALIERS. ROW 1: Jennifer Smedes, Jodi McWilliams, Nicole Wagner. ROW 2: Heidi McVey, Heather McClannahan, Nicole Simon, Autumn Smith. ROW 3: Wendy Sparrgrove, Paula Schnoor,

Connie Thompson, Laura Keller, Ms. Lorna Walther (substitute). NOT PICTURED Megan Gogerty, Shelly Wadsworth, Mr. Jim Weaver.



A CAPPELLA CHOIR. ROW 1: Shondra Kellogg, Shera Street, Latanya Ferrell, Katie Goodrich, Annika Stroope, Troy Campbell. ROW 2: Brad Peterson, James Tully, Caryn Woods, Carla Berry, Deanna Sievertsen, Melody Ristau. ROW 3:

Leia Fensterman, Ahmad Johnson, Chris Hobbs, Gerald B. James III, Matt Oltman, Tyler Teske. NOT PICTURED: Chris Agee, Jerri Stockbauer.



AMBASSADORS' CLUB. ROW 1: Sarah Brown, Kim Hewitt, Jennifer Dehnert, Kelli King. ROW 2: Alana Tomaszek, Paula Schnoor, Ginger Cowger,

Cora Carpenter, Michelle Twiss. NOT PICTURED: Becky Pollard.

#### East Scarleteer, Ambassador groups serve humanity

mbassadors' Club was a group of girls who helped guests visiting at East. It was their responsibility to guide visitors from other schools, parents, business representatives, school personnel and other special guests of East High.

Scarleteers were students who helped at the Freshman Orientation. They gave the freshmen a tour of the building and helped the freshmen adjust to East. Some Scarleteers were just volunteers who signed up. Others were Steppers, Cheerleaders, and Color Guard.



SCARLETEERS. ROW 1. Kristen Carlstedt, La Phommachakr, Misee Wright, Jenny Enfield, Jenny Pegg, Valerie Lasher, Shelley Johnson, Jennifer Goodrich, Missy Forseberg, Jennifer Bickel, Becky Pollard, Amy Churhill, Missy Crouse ROW 2: Missy Charron, Shawna Cochran, Kari Elliott, Shannon Senecaut, Jennifer Mullin, Latany Ferrell, Kay Mathew, Stephanie Fogle, Traci Adams, Michelle McNeley, Tiffany Syferd, Melissa Brennan, Lisa Benedict. ROW 3: Tricia Alba, Teresa Bacon, Milsa Case, Brandi Elder, Taylor Somers, Janelle Dupree, Kori Leo, Cathy Troutman, Amy Howe, Kim Roth, Megan Christenson, Tanisha McGuire, Rosie Jackson. ROW 4: Keena McCurn, Michelle Twiss, Amy Dalbey, Jennifer J. Baker, Nicole Wagner, Alana R. Tomaszek, Johnn Farnsworth, Cristin Koppenhaver, Jennifer Pagel, Delaney Dixon, Kelli King, Erica Cunningham, Melissa McGuire, ROW 5: Melissa Ramirez, Carrie Hemingson, Tiffany Wyant,

Stephanie Doumas, Liz Baloun, Tricia Nelson, Jamie Randolph, Stacey Connors, Chad Wilson, Jennifer Dehnert, Bee Thongsoum, Alissa Alfred, Paula Schnoor, ROW 6: Andy Pelham, Cery Shelton, Tracey Hiatt, Christy Waldron, Kim Barker, Andrea Howser, Tonya Wilson, Roberta Coburn, Jenny McCrea, Danielle Wimber, Matthew McVicker, Brian Kerr, Michael Schmidt, NOT PICTURED: Tina Anthony, Amy Backensledt, Sheila Barnes, Jennifer Beck, Missy Brown, Anita Gobin, Leeanna Harvey, Ginger Hickey, Teresa Holtorf, Shalonda Kidd, Jennifer Lamb, Amy McDonald, Angie McDonald, Danelle McIntire, Jodi McWilliams, Shelly Milligan, Peggy Quijano, William Rustan, Tracy Saville, William Steffens, Danyal Stoker, Shera Street, Candi Taylor, Bridget Williams, Holly Wilson.

### U.N. groups study government

he Model United Nations Club has participated in two projects this year. The first was their fall project at the State Capitol for Governor's Day. The group made up resolutions for selected topics and described how the United States should respond to these problems.

For the spring project, East's Model U.N. Club represented Indonesia and India at the Model United Nations held at the University of Northern Iowa. The members of the club dedicated extra time to research for their topics. Senior Erika Johnson commented, "I have really enjoyed being part of the Model U.N. Club. It's been really interesting learning abut how the United Nations works, especially during this time of crisis when it affects us all."

Most high school students only dream about traveling to New York City and Washington, D.C., but a select group of juniors from around the Des Moines area really went there. These students participated in the United Nations Tour. These selected students traveled by bus, which provided an opportunity for the group to get to know one another. In Washington, D.C., the U.N. group visited the Capitol, the Smithsonian Institution and Mount Vernon. While in New York City, they saw the Statue of Liberty and Empire State Building, and they visited the United Nations.

The trip was a fast-paced whirl through the big cities, which left the students with a better understanding of our government and gave them the opportunity to see first hand what life is like in the influential cities of New York City and Washington, D.C.



MODEL UNITED NATIONS. ROW 1: Lori Lethcoe, Cora Carpenter, Pathana Baccam, Wanda North, Corrie Proksa. ROW 2: Tony McDowell, Lisa Day, Phan Hong, Samone Khouangsathiene. ROW 3: Tami

Stuart, Erika Johnson, Cristin Koppenhaver. NOT PICTURED: Bonnie Bever, Ryan Boyer, Leslie Cason, Megan Gogerty, Valerie Lasher, Michael Moyle, Annika Stroope.



UNITED NATIONS TOUR. ROW 1; Carma Miller, Carne Hemingson, Ginger Cowger, Erica Cunningham, Kelli King, Barrett Rogness, Jack Lee, Scott Donahoe, Andrew Markun, Bradley Peterson, Timothy Elder ROW 2: Cory Shelton, Shawn Carmichael, Angela Davidson, Heather Isaac, Joshua Hanson, Jay Scott, Michelle Middleton, Gretchen Beckwith, Jennifer Sweeney, Mary Ann Hoover, ROW 3: Kari Elijott, Jennifer Dehnert, Missy Charron, Kristen Carlstedt, Wendy Hart,

Lisa Cain, Megan Christenson, Traci Fisher, Missy Crouse, Melinda Lewis, Andrea Brown, Traci Crabb, Kim Wagner. ROW 4: Mike Moyle, Jay Elliott, Bobby Anderson, Becky Pollard, Heather Bauman, Stacey Thompson, Amy Harrison, Jennifer Gillum, Diane Shellabarger, Sarah Brown, Heidi McPherson, Lori Padgett. NOT PICTURED. Chris Agee, Jenna Duden, Jacob Peterson, Misty Rowe, Kellie Swacker, Kevin Van Wyk.

### Students publish creativity



Mr. John Raymond, teacher of English and a sponsor of the literary magazine, helps sophomore Matthew Krantz put together the best Portal Literary Magazine possible. The staff produces one magazine a year.

he Portal Literary Magazine was composed of literature, art and photographs, all done by students. The Portal Staff worked to produce a magazine which is usually distributed to students in early May.

The Literary Club was sponsored by Mr. John Raymond, Mrs. Jeanne Baitzer and Mrs. Julia Hagen; all are teachers of English. The staff includes 12 student members who meet twice a month.

Senior Alana Tomaszek commented, "This is my second year on the Portal staff. Working on the staff, you see a different side of the school. These students were talented in an area other than in math, science or sports. They were creative students who liked to write or were good artists."



PORTAL LITERARY MAGAZINE STAFF. ROW 1: Dawn Dixon, Wanda North, Samone Khouangsathiene. ROW 2: Sabrina Harris, Pathana Baccam, Corrie Proksa. ROW 3: Brian Keller, Cherish Chandler, Elizabeth Gaskins. NOT

PICTURED: Bonnie Bever, Ryan Boyer, Lisa Day, Megan Gogerty, Tina Jensen, Teresa Jones, Paula Kephart, Misty Rowe, Jennifer Tinkle, Alana Tomaszek.

## Students that are willing to help themselves

uring the summer of 1990, 16 students in Upward Bound spent six weeks of their summer at Central College in Pella, Ia.

These students from East High School and others from southeastern lowa spent their time taking regular college classes to help them in their future college life.

Upward Bound is sponsored by a counselor, Mrs. Patty Hoffman, who said, "Upward Bound offers deserving students an opportunity to expand their experiences so that they will be ready for college life."

Ms. Anda Liepa is the sponsor of the Gifted/Talented group again this year. The G/T program is here to meet the unique needs of students who are gifted and/or talented in some area.

The students are identified in six areas: intellectual specific academic area, leadership, art, music, performing arts and vocational. The purpose is to provide services in the school.



UPWARD BOUND. ROW 1: Rosie Jackson, Sabrina Harris, Phan Hong, Latanya Ferrell. ROW 2: Keena McCurn, Tony McDowell, Tanisha McGuire, Adam Shepherd. ROW 3: Connie Thompson, Latasha

Brown, Athar Sanders, James Thomas. NOT PICTURED: Troy Campbell, Jenna Duden, Lyly Lovan



G/T MORNING. ROW 1: Annika Stroope, Pathana Baccam, Shupha Mathew, Charity Reeves. ROW 2:

Kyle Brown, Aaron Abbas, Nichole Waltz, Brian Keller



G/T AFTERNOON, ROW 1: Kelli King, Kristie Swacker, Missy Crouse, Traci Fisher, Kristen Carlstedt, Jenny Enfield, Lisa Day, Shera Street, Katie Goodrich, Jody Bishop. ROW 2: Cathy Troutman, Taylor Somers, Laura Spaulding, Scott Donohoe, Jennifer Hughes, Lori Lethcoe, Jason Bent, Jennifer Sweeney, Phan Hong, Cadry Nelson, Ahmad Johnson. ROW 3: Travis Michael, Shannon Carlson, Brian Newton, Sean

Knowles, Don Garrett, Kim Hewitt, Ryan Bourne, Amy Ford, Steve Buttrey. ROW 4: Jake Peterson, John Duden, Matt Dunfee, Dan Packard, Gerald James, Mark Erickson, Matt Catron, James Brauer, Mike Van Elsen, Tim Formanek. NOT PICTURED: Space is inadequate for the listing of those not pictured.

### East's leaders gain knowledge



DEW CREW. ROW 1: Latasha Brown, Traci Crabb, Laura Spaulding, Tanisha McGuire, Ashley Calhoun, ROW 2: Chad McDaniel, Matthew Workman, Jay Fagen, Thomas Shelton, Michael Winget, ROW 3: Michael Schmidt, Chad Knight, Chad McDonald, Shawn Carmichael, NOT PICTURED: Anika Baty, Andrea Brown, Jermane Brown, Me-

gan Christenson, Melissa Crouse, Melissa Forsberg, Katherine Goodrich, Amy Howe, Bobbiann Jordan, Alvin Killion, Rebecca Pollard, Cory Shelton, B.J. Stanton, Timothy Vail, Nicole Wagner, Albert Winfrey,



FELLOWSHIP OF CHRISTIAN ATHLETES. ROW 1. Sarah Brown (Captain), Jennifer Gillum (Treasurer), Andrea Brown (Church Coordinator), Gretchen Beckwith. ROW 2: Kathleen Wathne, Jenna Duden, Johnanna Day (Secretary), Andrew Winegar. ROW 3: Mr. Martin Mohler (Sponsor), Todd Long, Brian Newton, Michael Moyle (Reportation)

er East). NOT PICTURED: Traci Crabb, Jeffrey Carroll, Gary Harker, Matthew Harker, Shelley Johnson, Stacy Loegering, Leonard North, Shaun O'Brien, Anthony Pelham, Andy Pelham, Bradley Peterson, Chad Rebel, Kellie Swacker, Kristie Swacker.



CAREER BEGINNINGS. ROW 1: Coy Bundy, Erica Cunningham, Clifford Brandon, Jennifer Powell, Latanya Ferrell, Tanisha McGuire. Row 2: Maria Clayton, Keena McCurn, Mandala Jackson, Caryn Woods, Shawndra DeHamer, Joann Farnsworth, Alissa Alfred. ROW 3: Camille Brown, Melissa McGuire, Adrienne Parker, Leslie Cason, Ted

Pickering, Leslie Nichols, Gerald James. NOT PICTURED: Shellie Dimery, Delaney Dixon, Elda Lehman, Kimberly Lloyd, Stephanie Patton, Errond Powell, Roshanda Rushing, Alana Tomaszek, Terri Fairman, Marijane Harless, Suzanne Smith, Amanda Stewart.

he DEW Crew (Drug Education Works Crew) started its first year meeting every Thursday in the teacher's dining room. Each member agreed to sign a pledge stating that he/she would not drink or use any kind of drug while he/she was a member of the DEW Crew. After signing the pledge, the group attended a meeting in Cedar Falls and a workshop at the Embassy Suites, held by the Hazeldon Foundation, to "train" them. After their "training," the members went to elementary and junior high schools to speak about drug abuse. They performed skits and told about their personal experiences with drugs. The DEW Crew also helped organize East's first Post-Prom Party. Mr. Ric Powell, the group's sponsor, should be commended for his hard work and dedication in getting the group off to a good start.

Career Beginnings is a program designed to involve high school seniors in a career and education exploration experience. These students were given the opportunity to attend career fairs, visit college campuses and participate in workshops about financial aid and different careers. They were also offered tutoring sessions at DMACC (Des Moines Area Community College) and study sessions for the SAT (Scholastic Aptitude Test) and the ACT (American College Test.) While involved in the program, senior Leslie Cason commented, "Career Beginnings has taught me responsibility and how to be successful in life and in college. It has been one of the best things that ever happened to me. It changed my life." Career Beginnings was sponsored by DMACC and Mr. Don

The Fellowship of Christian Athletes was sponsored by Mr. Martin Mohler. The group helped students understand and learn to deal with problems and concerns teenagers face. To become a member of this group, the students did not necessarily have to be athletes. Attending and participating in the group's activities was the only requirement.

### Program strives to help students in their futures

he New Horizons Program is an alternative education program designed to encourage students to stay in school, to become more consistent in their attendance and to improve their school achievement.

The work experience, a major component of the New Horizon Program, helps students focus on learning for a purpose to see the connection between what they are being asked to learn in school and the application of that knowledge in the world of work.

From this the program was developed because there were so many young people who were unemployed and who didn't have the skills or experience to enter into an entrylevel job. Also, the students benefited by learning general skills, being on time, following directions, getting along with coworkers and finding jobs.



Senior Mayyer Kommovangsa has been in the New Horizons Program for four years now. She is visiting her work adviser, Ms. Fannie Wilson, to work on a computer game entitled, "Who Am I," a program that helps students to understand themselves. Mayyer enjoys working on the computer because she can strengthen her skills and interest in her career. By doing this Mayyer will have an idea of what she will do in the future.



NEW HORIZONS. ROW 1: Mandy Welch, Patrica Alba, Kim Phongvixay, Mayyer Kommovangsa, Nathan Johnson, Becky Reeves, Deborah Larsen, Dawn Andrus, Gina Gudin, Work Advisor Fannie Wilson. ROW 2: Steve Burrows, Matt Dunfee, Travis Michael, Melissa McGuire, Audrey Morrow, Jessica Brown, Maria McConnell, Angie Stewart, Alana Tomaszek. ROW 3: Shawn Hatfield, Tanisha McGuire, Keena McCurn, Misty McMahon, Felicia Gulley, Angie Rotter, Antoinette Brown, Marina Kalerdo. ROW 4: Chad McGilvra, Tonya May, Alissa Alfred, Chris Hobbs, Shirley Palm, Lissa Fisher, Julie Cory, Keely O'Hara, Patrick Leo. ROW 5: Chad Biddle, Brian Lloyd, Jack Gerlach, Tara Danner, Tammy

Adler, Michael Anderson, Kevin Yates, Christina Conlin, Roshanda Rushing. ROW 6: Sean Allen, Pat Green, Roger Godron, Sam Holt, Billy Dyke. NOT PICTURED: Anthony Hubbard, Ben Ahrens, Chris Andersen, Tina Anthony, Tony Brown, Brent Champlin, Amy Churchill, Richard Clark, Tanya Clark, Christina Conlin, Chad Cox, Kim Dawnson, Erik Frye, Jennifer Gothard, Richard Harris, Christopher Hollie, Jolina Horton, Jeffrey Kendall, Gina Lindee, Debra Ortiz, Richie Quijano, Valerie Stalker, Sonya Strickland, Debra Toole, Holly Wilson, Jenifer Schillinger, Felicia Wright.



LIBRARY ASSISTANTS. ROW 1: Mai Xiong, Jason Leete, Amy Morrow. ROW 2: Tammi Porter, Chad Cox. ROW 3: Souvankham Sipaseuth, Roy

Coll, Dan Litzenberg. ROW 4: Dan Baker, Ricky Jones, Monique Daniels.

### Student helpers assist library, office staffs

his year the library was full of students. The librarians needed help, so they had two students come to the library during each study hall period and lend a helping hand. During that time the helpers filed materials, checked in books and helped fellow students. The librarians greatly appreciated their help.

Each period the main office has two students who help out during their study hall periods. The students do jobs like running errands, picking up attendance cards and answering phone calls.



OFFICE HELPERS ROW 1 Kori Leo, Janelle Dupree, Amy Howe, Ty Jackson, Nathan Johnson, Teresa Bacon, Mandy Welch, Mike Enos, Mai Xiong, Tracey Bemisdarfer, Stacey Greenwell, Anita Gobin, Kay Matthews, Shirley Jones, Jennifer Powell, Jason Leete, Jason Shipley ROW 2: Jack Bartram, Tina Anthony, Angie Brown, Angie McAninch, Shannon Gilleland, Jenny Baker, Kristi Brassfield, Shellie Dimery, Kristen Caristedt, La Phommacahker, Windy Downing, Michelle Fenton, Sherri Troutfetter, April Howe, Sallie Leitzke, Bobbiann Jordan, Deth Philavanh. ROW 3: Dawn Fisher, Shelly Milligan, Mary Hoover, Missy Hickman, Kim Rollins, Amy Dalbey, Todd Ficek, Michelle Twiss, Danelle McIntire, Cathy Troutman, Liz Robinson, Ashley Calhoun, Nicole Simon, Jay Fagen, Matt Rourke, Souvankhan Sipaseuth. ROW 4: Eric

Strauss, Lori Moreland, Lisa Flynn, Heather Ryan, Jennifer Swanson, Kristin Harrison, Ricky Jones, Alissa Alfred, Kim Barker, Melissa Brennan, Shawna Cochran, Brian Pottorff, Scott Parsons, Lori McMahon, Misty McMahon, Glenda Terry ROW 5: Mindy Ross, Rachele Lynn Clark, Shannon Carlson, Jeri Riley, Amy Morrow, Monique Daniels, Jill LaMar, Kris Moore, Shelly Thompson, Shelley Johnson, Kim Cory, Matthew Bennett, Stacey Grimes, Chantyl Mensing, Robyne Hood, ROW 6: Traci Fisher, Missy Charron, Tammie Chamberlain, Ginger Hickey, Adam Shepherd, Robin Rogers, Roy Coll, Tom Olsen, Frank Clausi, Dan Litzenberg, Shawn Hultman, Chad Beason, Doug Jansen, Jennifer Ruge, Andi Brown, Tara Schreckengast, Jennifer Sweeney

### Organizations help improve EHS

he East High Booster Club celebrated its 25th anniversary of helping East this year. They held a membership drive, and, during the summer, they collected fees at the athletic events. The Booster Club also sponsored the AAU (Amateur Athletic Union) basketball tournament, Pancake Day and the sports banquets.

Every year, for a fund-raiser, the Booster Club sells the Red and Black Club signs that hang in the big gym. With the money raised, they give two \$750 scholarships to two East High students.

One of the bigger contributions the Booster Club made this year was the new softball bleachers. With all these worthwhile activities, you can see why the East High Booster Club is considered one of the strongest high school booster clubs.

The Parent-Teacher-Student Association (PTSA) provided funding to accommodate the school's needs. To do this, they sold memberships and "East" paraphernalia. Their main fund-raiser was the concession stand, which they operated during the fall, winter and spring sports seasons.



BOOSTER CLUB. ROW 1: Andrea Brown, Kay Hickson, Candy Bair (Secretary), Donna Hanson. Row 2: Mary McDonald, Butch Rogness, Jeri Baysinger, Pam Bailiff. ROW 3: Lyle Brown, Larry Bailiff, Lance Hanson (Treasurer), Paul Rogness (Vicepresident). ROW 4: Dave Bair, Larry Lewis, Tom Hickson, Tom McDonald. NOT PICTURED: President John Walker and 22 other dedicated members.



One of the bigger contributions the Booster Club made to the school was the new bleachers for the girls' softball field.



The East High PTSA was off to another busy year, running the concession stands. Mr. Dick Hudnall tries to help a customer make up his mind. He is obviously doing a good job.



SPRING AD SALES CLASSES. ROW 1: Mrs. Nancy Hansen (Sponsor), Michelle Fenton, Shannon Lydic, Linda Kay Williams, Chad Hedlund. ROW 2: Aaron Swope, Stuart Buse, Dawn Fisher, Steven Burrows, Jana Schoon, Joseph Stout. ROW 3: Tony Potte-

baum, Sean Earleywine, Douglas Jansen, Shirley Palm, Wendi Lucas, Erik Frye. NOT PICTURED: Dave Cook, Jeffery Kendall, Jason Nash, Lindon Stalkup.



FALL AD SALES CLASSES ROW 1: Amy Churchill, Keely O'Hara, Shawna Probasco, Melissa Simon, Ryan Hatchitt, Shelly Milligan, Jennifer Fallis, Autumn Brown. ROW 2: Lisa Cain, Tammie Chamberlain, Stephanie Doumas, Candice Taylor, Peggy Quijano, Leeanna Harvey, Danyal Stoker, Angie Herrington. ROW 3: Troy Campbell, James Burk, Patrick Leo, Jason Dix, Todd Long, Jason Beery. ROW 4:

Bradley Peterson, Chad Knight, Michael Hopkins, Tron England, Dennis Sullivan. NOT PICTURED: Jack Bartram, Shan Bear, Brion Colbert, Jennifer Goodrich, Heather Greenwood, Jason Herndon, Mike Juarez, Laurie Kokke, Bradley Leo, Kimberly Lloyd, Tonya Parks, Billy Pitts, Katherine Teigen, Nicole Updike, Michael Wadden, Jon Wolfkill.

### Students learn to earn cash by attending class

magine being paid to do your homework. It's hard to believe, but true. In Mrs. Nancy Hansen's Sales class, doing your homework can actually pay off in cash.

Ad Sales is a semester class involving sales and marketing. The first few weeks of each semester were spent preparing juniors and seniors to go out into the community to sell ads for the yearbook. They covered math, sales math, math and selling, sales tax, commission and the ABC's (Always Be Closing) of selling. The students also gave a mock sales presentation on a product and tried to sell it to their classmates. After the first few weeks of a lot of learning, the students started putting their new knowledge to use. During their Sales Class period, they went to most of the businesses in the East High district to sell ads that appear in and support the yearbook.

Junior Lisa Cain commented after taking the class: "It's a great learning experience. You learn how to deal with people first hand." Not only that, but they earn commission at the same time. Each student received 5 percent commission for his first \$300 of sales, and 7.5 percent commission after their first \$300. In addition to that, the students who drove received gas money in their checks at the end of the semester. Junior Brad Peterson said, "I'm glad I decided to take Sales Class. It was a great learning experience and a lot of fun."

Congratulations to the 1990-91 school year's top seller for both semesters, senior Pat Leo. Pat commented, "I suggest this class to anyone, whether he's interested in a career in sales or not. You learn skills that could help you in any job."

### Science Club, BPA expand in '91

he Science Club, sponsored by Mr. Ray Patrilla, had one main purpose: to promote the interest of science in students. Despite the few members in the club, they were still dedicated with their studies.

The Business Professionals of America (BPA) had another terrific year. It is a program involving students enrolled in Office Education and OE Co-op. The sponsor of the BPA is Mr. Gene Wanek.

On Nov. 20, the chapter entered the Regional Contest at the American Institute of Business. Fifteen student members from East received awards. Chapter members

also participated in the State Leadership Conference Feb. 25-27 at Kirkwood Community College and the Five Seasons Hotel in Cedar Rapids.

The club also had additional activities, such as election of local officers, fund-raisers to pay for activities, invitation of speakers on careers and civic activities, and promotion of caring activities. The chapter also gave out two goodwill baskets at Thanksgiving.

Mr. Wanek said, "I feel that students in the Office Education Program have an excellent chance to apply their knowledge and skills in a training position. It is my pleasure to serve as a classroom instructor, coordinator of the program and adviser to the club."



COMPUTER CLUB. Ryan Barton, Tyler Teske. NOT PICTURED: Shawna Oliver



BUSINESS PROFESSIONALS OF AMERICA. ROW 1: Buffy Wright, Missy Forberg, Jennifer Bickel, Crystal Wilson, Angie Brown. ROW 2: Teresa Sabin, Michelle Stanton, Teresa Holtorf, Michelle

Holt, Joann Farnsworth, Terri Fairman, Andrea Howser. ROW 3: Jodi McDuff, Laurie Kokke, Jennifer Roberts, Kristl Kephart, Jay Fagen, Mr. Gene Wanek (Sponsor).

### BAC, EEE clubs excel with success



BUILDING ADVISORY COUNCIL. SEATED, LEFT TO RIGHT: Mrs. Clara Day, Cathy Troutman, Dan Packard, Mr. Gary Hiatt, Mr. Jerry Stilwell. STANDING, LEFT TO RIGHT: Mr. James Hickman, Mr. James Bush, Mrs. Janet Smith. NOT PICTURED: Kristen Carlstedt, Nicole Wagner, Matt Rourke, Ms. Susan Ackelson, Ms. Karen Rasmussen, Ms. Betty Danley, Mrs. Linda Drucker, Mr. Jack Bryan. he Building Advisory committee (BAC) is an organization that meets once a month at school and exists for the purpose of discussing issues concerning East High and the district. Principal Jerry Stilwell, five students, five faculty members chosen by the faculty and five parents chosen by the PTSA make up the BAC.

The Expanded Experience at East Club (EEE) had another great year. Sponsored again by Mrs. Linda Saddoris and Mrs. Donna Christensen, the group meets as the needs arises, in room 601N.

The members of the club provide a great and loyal service to East High and its community.



EEE CLUB. ROW 1: Max Garcia, Tammy Houghton, Jay Fagen, Rick Harris, Traci Adams, Christy Mongar, Tina Edwards. ROW 2: Mrs. Linda Saddoris (Sponsor), Chris Kays, John Baldwin, Eric Auxier, Chad Hollingsworth, Chad Willet, Mrs. Donna Christensen (Sponsor). ROW 3: Robert Gordon, Scott Plummer, Mike Wadden, Chad Rinehart, Travis Holden.

### Good times don't stop in gym

tudents in the PEOPEL PE class were fortunate to be able to say they actually enjoyed gym class. It wasn't just an ordinary gym class, but a time for selected peer helpers to be able to get to know special education students. Not everyone had the opportunity to get to know others they didn't normally see, but PEOPEL PE brought them together.

Encouragement is good for all students, but especially for those who weren't always noticed. A great accomplishment came in having active peer helpers take the time to make the students realize that they could make the strike in bowling even if they struck out in softball.

Mr. Ric Powell was in charge of the class. He tried his best to make each year

for his students their best. Coach Powell thought a lot of his peer helpers and gave them much credit for the class being such a success.

During the day peer helpers visited Ruby Van Meter School for students with special needs. Each helper was paired up with a teacher to assist him in the classroom. For most of the peer helpers, it was an enlightening experience to be able to help children in need and to brighten their day.

Throughout the bowling unit, many students showed great accomplishment in their games. Students that really stood out as improved bowlers received trophies. Those students were Chuck Faux, Bobby Jo Canty, Kim Johnson, David Merten and Stephanie Fogle.



Junior Jack Gerlach enthusiastically aims to get someone out while playing dodgeball.





PEOPEL PE. ROW 1: Taylor Somers, Becky Pollard, Missy Forsberg, Debbie Larsen, Crystal Siemer, Jenny Hale. Row 2: David Merten, Matt Maxwell, Cliff Brandon, Cory Shelton, Kelly Bradford, Tiffany Syferd, Deanna Newsom, Erika Johnson, Dawn Nekola, Julie Williams. ROW 3: Johnny Moore, Shawn Carmichael, Robert Robertson, Kristie Salem, Danyal Stoker, Jennifer Goodrich, Tina Michaels, Missy Crouse, Bill Dyke. ROW 4: Chad Erickson, Paul Sams, Pat Green, Bobby Anderson, Chad Love, Todd Fisher, Jack Gerlach, Tom Shelton. ROW 5: Chad McDonald, Cecil Aswegan, Mike Schmidt, Chad McDaniel, Steve Graham, Aaron

Hickson, Chuck Faux. NOT PICTURED: Andi Brown, Todd Ficek, Amy Howe, Jennifer Lamb, Amy McDonald, Peggy Quijano, Candi Taylor, Bee Thoungsoum, Matt Workman, Richard Karns, Holly Wilson, Chris Bales, Larry Fisher, Teresa Loveless, Bob Newconb, Cristy Toney, Debbie Toole, Diane Wallace, Becky Reeves, Jennifer McNally, Don Martindale, Richard Kyle, Chris Hollie, Kim Johnson, Stephanie Fogle, Jim Culler, Bobby Jo Canty, David Burkhead, Angie McDonald.

### Active students make good times happen for many

very teenager will agree that being a teen isn't always easy. Teens are at the stage where they want to be independent, but at the same time, they are still dependent on their parents. A group that helps students to face their everyday choices is TLC (Teen Leadership Connection). Mrs. Dorothy Hall was the sponsor of this group of six students. Every other Tuesday or Friday morning at 7:20 the club met in Mrs. Hall's classroom to discuss certain issues that are important to them.

One way that the members showed concern for their classmates was by tying red ribbons on cars in the parking lots at East High for the "Tie-One-On" campaign against drinking and driving. The students felt that not having to worry about the pressures that some teens face came from knowing one another well enough, plus setting goals for themselves and sticking to those goals.



TEEN LEADERSHIP CONNECTION ROW 1: Heather Isaac, Karen Rozell, Tony Grimm, Jeff Hamilton, Nonja Cochrane. NOT PICTURED: Brian Keller. These five merrily gathered around the

Christmas tree in the library during the holiday season to prove how joyous they were to be in the club together.



ART CLUB. ROW 1: Martin Ortiz, Jenny Enfield, Misty Rowe. Row 2: Katie Goodrich, Nichole Waltz, Mr. Jerry Goodrich (Sponsor). NOT PICTURED:

Doug Blackburn, Christy Fink, Mr. Steve Sams (Sponsor).

ou say that you can't draw at all (not even a stick person)? Then the Art Club is for you. The club was for students with the desire for art, whether they already were pretty in tune with it and would like to expand their abilities, or would like to learn how to draw, period. Fortunately, anyone was qualified, and there weren't any fees required.

Mr. Steve Sams and Mr. Jerry Goodrich were the teachers in charge of the club. The group met every other Tuesday after school. Some of the projects they did included silkscreening and designing Christmas cards, and tye-dyeing clothing. Some of the places they visited outside of school around the Des Moines area were art shows at Drake University, Grandview College, the Art Center, the Polk County Heritage Gallery and The Register's Art Department downtown.

### Students prepare for the future

reparing students for a future was what Central Campus did for many Des Moines high school students. They attended their regular school for half of a day; then they went to Central Campus for the other half. At Central Campus they chose courses that prepared them for a career of their choice, one they could pursue after they graduate from high school. Central Campus offered a variety of classes that the regular city schools did not offer. One of the main reasons was because there weren't enough students interested in specialized courses at the other schools.

Central Campus was referred to as an Academic-vocational school where such courses as aviation, television, nursing, radio broadcasting, auto mechanics and a variety of foreign languages were taught. These courses were not offered at East. Languages taught at Central Campus included German, Russian, Japanese and Latin. With the pre-training that the students received from Central Campus, they had a better chance for success in future careers.



Senior Brian Keller experiences first hand what it was like to be on the radio.



Juniors Jessica Hare, Brooke Thrasher and Debbie Hare realize that a small study group is the only way to conquer the difficulties of learning Latin as a second language.



Junior Jennifer Murphy feeds her stining anemone. Taking care of sea animals is only part of what Marine Biology classes study. Others studied water changes and spent late nights working with other fish and tanks as well as their own tanks.

### Building it better than ever



MORNING HOME REMODELING. ROW 1: Steve McLeod. ROW 2: Mr. Ted Christensen (teach-

er), Rickie Good, Jeff Barr, Doug Baker, David Richards.



AFTERNOON HOME REMODELING. Mr. Ted Christensen (teacher), Mark Cochrane, Shawn Hat-

field, Pat Leo, Jack Bartram, Bill Pitts.

ome Remodeling was once again taught by Mr. Ted Christensen. This was a three-hour morning class worth 1½ credits and a two-hour afternoon class worth 1 credit per semester. The class did exactly what the course name described: the students remodeled a home.

That they remodeled it doesn't mean that they just repainted it and changed the overall appearance. That was all done after the completion of the real job. They totally tore down all the walls and outer covering so that the frame was all that was left. Then they started doing everything over. The course taught them many skills, ranging from electricity to plumbing to putting up walls and landscaping. When they had finished, the home they had completely torn apart was rebuilt and ready to be occupied, looking better than it ever did.



Senior David Richards is using the electrical skills he learned in the Home Remodeling class to rewire the electrical fixtures in the remodeled home.

### Students strive for success

any students got to skip fifth and sixth hour one day to attend the play "Go Ask Alice."

"I enjoyed the play very much. The actors and actresses were life-like," said Mandy Welch, senior.

Play Production classes played a great part in presenting the play. They had more to do with this play than everyone thinks. They built the set, made costumes, prepared the make-up, controlled the lights and sound, and were in charge of the props. They also sold all of the tickets.

Ms. Ruth Ann Gaines, teacher of the Play Production class, commented on the job they did for "Go Ask Alice": "They did a very good job on the set and they were able to work well independently."

Wendy Jo Duncan, junior, also commented on the class: "I really enjoyed the class. We all worked together. It became like we were all one family. When I say that, I really mean it. We didn't always agree on everything and sometimes there were arguments over the way things should be done, but they did get done."



PLAY PRODUCTION. ROW 1: Caryn Woods, Chantyl Mensing, Kym Fulmer, John Parcel, Wendy Duncan, Brandy Ryan, Tony Grimm, Holly Hall. ROW 2: Jerrett Osburn. ROW 3: Tonya May, Steve Crum, Cory Templeton, Angela Irwin, Ahmad Johnson, Gerald James, Chris

Hobbes ROW 4: Ryan O'Hara, Tad Hayes, Ryan Mullin, Eric Keehbler, Chad Knoop, Eric Reed. ROW 5: Adam Johnson, Rhonda Harvey, Chad Slater, NOT PICTURED: Martha Jager, Jodi McDuffey, Ms. Ruth Ann Gaines, Sponsor.



Melody Ristau, senior, sits patiently and attentively listening to what Lisa Day, senior, is saying. They were both actresses in the play "Go Ask Alice."

### Students perform wonderfully



THEATER ARTS, ROW 1- Susan Foster, Chad Wilson, ROW 2: Coy Bundy, Cher Berglund, Cadry Nelson, Jenny Mullin, Shannon Senecaut, James Tully ROW 3 Chriss Agee, Shondra Kellogg, Lisa Day, Jennifer Smedes, John Parcel. ROW 4 Melanie Sevenbergen. ROW 5 Tony Grimm, Deese Ly, Darin Ramsaroop, Jenny Woods, Robyne

Hood, Cory Templeton, Tim Mahedy, Shera Street, Ninela Plamenac. ROW 6 Laura Keller, Jerrett Osburn, Kendra Crandall, Chad Knoop, Adam Johnson, John Overlin, Eric Reed. ROW 7- Mike Northdorf, Tony Walker, Brandon Herrera, Chad Slater, Steven Crum. NOT PIC-TURFD Melody Ristau, Ms. Ruth Ann Gaines, Sponsor.

John Parcel, junior.

gether very well."

Cher Berglund, senior, poses dramatically to emphasize her role in the play, "Go Ask Alice."

he Theater Art students of 1990-91 were wonderful. Ms. Ruth Ann Gaines, sponsor, commented on their performance. "My Theater Arts students were wonderful. The play 'Go Ask Alice' was one of the easiest plays I have ever done because of the actors and actresses. They worked to-

The Theater Arts students are the actual actors that perform on stage. They work very hard for good results on stage.

"We have to put ourselves into our characters' frame of mind. Before a play is done, the class does various other acting assignments, such as one-person monologues or short two-or-three person skits. I really recommend this class, but you have to have a real drive to act. It is very hard work, but it is a lot of fun. The class teaches more than most people think. You learn your acting

style and your abilities. It's great," said



Cadry Nelson, sophomore, stands in front of the intent audience as she acts out a scene from the play, "Go Ask Alice.

### Festivals, fund-raisers, fun!

he Thespians were a special group from East that attended workshops and thespians' festivals, where they had the opportunity to improve their acting, improvisation and miming skills. They also had the opportunity to take part in one-act plays. Each club member participated in at least three plays outside of school at places like the Ingersoll Dinner Theater and the Des Moines Playhouse.

Ms. Ruth Ann Gaines taught third-hour Scarlet Vibrations students how to act, rehearse and build sets. They also took part in all-school assemblies and performed for elementary schools and junior high schools.

Drama Club was the main sponsor of the Thespians and Scarlet Vibrations. One of the fund-raisers they held was the Fall Theater Collage, which took place in November of 1990. In addition, these students attended various plays in the Des Moines area.



THESPIANS. ROW 1: Ms. Ruth Ann Gaines. ROW 2: Adam Johnson, Susan Foster, Cadry Nelson. ROW 3: Chad Knoop (President), Chad Wilson, Chad

Slater. ROW 4: Shera Street (Vice-President), Melody Ristau, Lisa Day (Secretary Treasurer). NOT PICTURED: Tony Grimm.



SCARLET VIBRATIONS. ROW 1: Ms. Ruth A. Gaines, John Parcel, Carolyn Fox, Laura Freeman, Lisa Day, Adam Johnson. ROW 2: Susan Foster, Jason Shipley, Wendy-Jo Duncan, Jay Lenihan, Christina Sassatelli, Denise Biddle, Shera Street. ROW 3: Chad Slater, Jarrett Osburn, Angela Ball, Melody Ristau, Jennifer Knight, Chad Knoop.



DRAMA CLUB. ROW 1: Delany Dixon, Kelly King, Ms. Ruth A. Gaines, Susan Foster, John Parcel (Secretary Treasurer), Lisa Day, Shera Street. ROW 2: Scott Losenicky, Chad Slater, Christina Sassatelli, Megan Gogerty, James Tully. ROW 3: James Brauer, (Vice President), Jennifer Smedes, Dawn Dixon, Aaron Tomaszck, Jarrett Osburn. NOT PICTURED: Chad Knoop (President), Tony Grimm.

### Sights, sounds; look, listen



LIGHT AND SOUND CREW: ROW 1. Tron England, Chad Wilson, Mike Schmidt. ROW 2: Barrett

Rogness, Jason Upchurch. NOT PICTURED: Ryan Mullin.

he Light and Sound Crew was a group of six responsible students under the sponsorship of Mr. Pat Wilson. They weren't required to take a class to be in the Light and Sound Crew; it was an after school activity. "Learn as you go" was how Mr. Pat Wilson described their projects. These students participated in assemblies, sports games and plays by operating the ceiling lights and spotlights, along with the portable sound board. Almost all of their projects took place after school; however, others that took place during the day were school-related activities, like the Homecoming assembly.

The Light and Sound Crew controlled the gym lights for basketball games, volley-ball games and wrestling meets. In addition, the Light and Sound Crew ran the portable sound board for plays and special performances by Color Guard and Steppers. These students were a part of East pride; hopefully they will go on to bigger and better achievements.



Seniors Jason Upchurch and Chad Wilson had many responsibilities as members of the Light and Sound Crew in 1990. These two were required to operate the spotlights and the portable sound board for special assemblies held in the auditorium.

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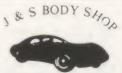
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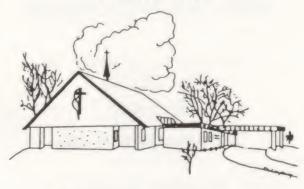
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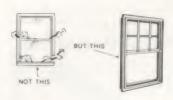
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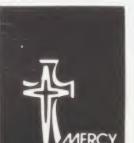
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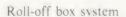


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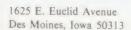


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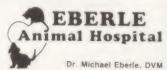


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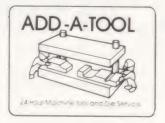


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SHAWN	CAMILLE	JEFF	GENELLE
KRISTL	MARCIA	COLBY	TAMMY
DANIELLE	SHELLY	PAT	BRANDI
RACHEL	CONNIE	TONY	DAVID
ASON	TRACI	KIM	PATRICK
HAWN	CHAD	LESLIE	CARLA
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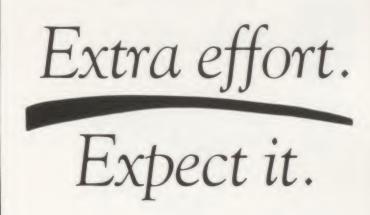
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Congratulations East High Girl's Softball team for your 3rd straight Metro title and school record of 32 Wins



From: Bob A. Savage
Softball Complex
D.M. Municipal Athlete Federation

ROW 1: Liz Beckman, Devona Davis. ROW 2: Angie Hickman, Lisa Flynn, Gail Foster, Deanna Newsom, Jennifer Inman, Janelle Dupree, Ashley Calhoun, Kathy Winget, Shelly Milligan. ROW 3: Coach Bill Carlson, Coach Mark Tiby, Teresa Holtorf, Tammy Bassett, Renee Klukas, Dawn Fisher, Shannon Carlson, Autumn Brown, Coach Bob Savage.



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ROW 1: Angela Brown, Crystal Wilson, Buffy Wright. ROW 2: Kristl Kephart, Laurie Kokke, Michelle Holt. ROW 3: Teresa Sabin, Terri Fairman, Andrea Howser. ROW 4: Melissaa Forsberg, Jennifer Bickel, Joann Farnsworth. ROW 5: Jennifer Roberts, Teresa Holtorf, Jody McDuff. ROW 6: Michelle Stanton, Jay Fagen, Mr. Gene Wanek. NOT PICTURED: Alissa Alfred, Suzanne Smith.



#### Congratulations Teresa



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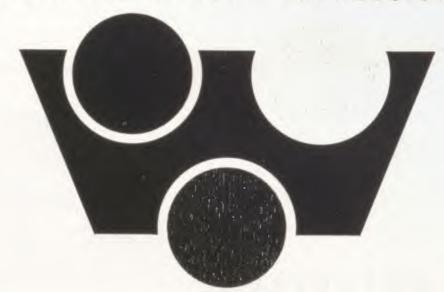
Worship: 9:00 a.m. (nursery) Sunday School: 10:00 a.m.

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Traci Adams

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in the student body,

#### Pride

in the community, and

#### Pride

in continuing allaince with East.

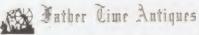
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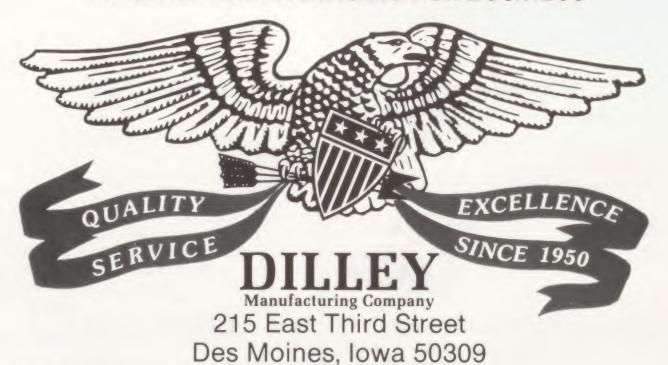
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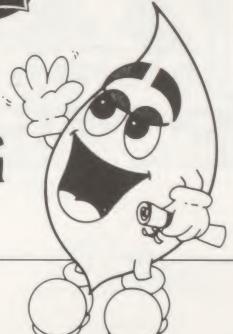
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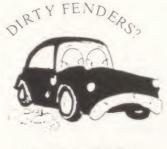
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BCC — 10-11

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## Congratulations Class of '91

from the senior board

#### "We Made It"



1990-91 Senior Board

ROW 1: Milisa Case, Christy Waldron, Shelley Johnson, Matt Maxwell, ROW 2: Tracey Hiatt, Brandi Elder, Laura Spaulding, ROW 3: Amy Howe, Cathy Troutman, Ahmad Johnson, ROW 4: Chris Thomason, Jason Upchurch ROW 5: Mike Schmidt, Dan Packard

#### Good Luck To You



Fall Student Gov't, ROW 1: Dan Packard, Mike Schmidt, Chris Thomason, Matt Maxwell, Barrett Rogness, Jay Fagen, ROW 2: Jennifer Dehnert, Traci Fisher, Kristen Leo, Missy Charron, Danyal Stoker, Shawna Cochran, Kristen Carlstedt, Kelli King, ROW 3: Jennifer Sweeney, Shannon Carlson, Ashley Calhoun, Katie Goodrich, Nicole Wagner, Carla Berry, Colette Swenson, Annika Stroope, ROW 4: Melissa Brennan, Kimberley Ford, Missy Forsberg, Amy Howe, Brandi Elder, Taylor Somers, Kori Leo, Tori Kilby, Janelle Dupree ROW 5, Tiffany Syferd, Tricia Alba, Kim Barker, Christy Waldron, Teresa Holtorf, Jennifer Baker, Danelle McIntire, Tracey Hiatt, Cathy Troutman. ROW 6: Andrea Howser, Milisa Case, Jenny Bickel, Shelley Johnson, Michelle Twiss, Amy Dalbey, ROW 7: Mike Ramsey, Colby Calhoun

Spring Student Gov't: ROW 1: Kristen Carlstedt, Jennifer Baker. ROW 2: Janelle Dupree, Brandi Elder, Christy Waldron, Shelly Milligan, Teryl Syferd, Tracey Hiatt, Michelle Twiss, Jenni Goodrich, Taylor Somers. ROW 3: Colette Swenson, Delaney Dixon, Kelli King, Lori Lethcoe, Matt Maxwell, Amy Howe, Shelley Johnson, Danelle McIntire. ROW 4: Jody Bishop, Tricia Alba, Melissa Brennan, Lisa Benedict, Dan Packard, Chris Thomason, Mike Ramsey, Matt Rourke, Cathy Troutman, Amy Dalbey, Kimberley Ford. ROW 5: Liz Robinson, Jamie Randolph, Carla Berry, Jay Elliott, Jennifer Dehnert, Missy Charron, Barrett Rogness, Traci Fisher, Missy Crouse, Shawna Cochran, Josh Hanson, Kristen Leo, Tori Kilby, Jenni Baysinger, Bee Thongsoum, Shannon Carlson, Nicole Wagner. ROW 6: Sheila Shipley, Andy Markun, Jenni Sweeney.



1990-91 Student Government

Nov. 9, 1972 June 18, 1988

### In Memory Of Sheri Jo Ann Bell

with
Congratulations
to her class
"1991"

Look To This Day
Yesterday is already a
dream, and tomorrow is only
a vision, but today, well lived,
makes every yesterday a
dream of happiness and
every tomorrow a vision
of hope.

Steven & Donna, Steve & Scott Bell



Cynthia Ann Grow

Good luck through the '90's and into the 21st century. May you both meet your dreams and goals as you move through life's cycle.

From Mom & Dad

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> All our Love, Mom and Dad



ROW 1: Kelli King, Trina Perez ROW 2: Traci Fisher, Megan Christiansen

Good Luck Class of 1991 from the Class of 1992



ROW 1: Katie Goodrich ROW 2: Ashley Calhoun, Nicole Wagner ROW 3: Shannon Carlson

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Senior Steppers
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than you'd ever guess!
Good Luck next year
and years to come!
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SENIOR STEPPERS. ROW 1: Kori Leo, Jenny Baker, Theresa Bacon, Jenni Goodrich. ROW 2: Amy Dalbey, Amy Howe, Cathy Troutman, Tracey Hiatt, Brandi Elder, Missy Forsberg, Kristie Salem, Taylor Somers.

From the girls of '91 to the girls of '92

Here's a special message just for you:

We luv ya lots and we'll miss ya too,

So GOOD LUCK to each and every one of you!

\*DON'T FORGET to shake those booties for tutti frutti!



SENIOR BOARD. ROW 1: Teresa Bacon, Tiffany Syferd. ROW 2: Amy Dalbey, ROW 3: Danelle McIntire, Milisa Case. ROW 4: Jennifer Baysinger. ROW 5: Tracey Hiatt, Michelle Twiss, Jennifer J. Baker.

Good Luck
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1990-91
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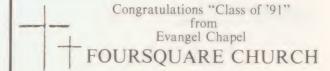
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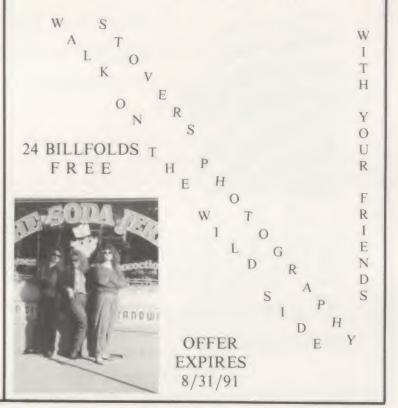
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# Seniors of 91 Good Luck & Best Wishes from the 1991 12-B Hostesses



12-B Hostesses ROW 1: Shelley Johnson, Taylor Somers, Tracey Hiatt, Brandi Elder, Tori Kilby, Janelle Dupree, Kimberly Ford, Missy Forsberg, Crystal Siemer, Jennifer Bickel, Dina Gilbert. ROW 2: Misty McMahon, Pam Bellville, Michelle Twiss, Christy Waldron, Cathy Troutman, Kori Leo, Jennifer Goodrich, Kristi Salem, Kristi Brassfield, Judy Card, Dawn Fisher, ROW 3: Roberta Colburn, Kay Mathews, Sarah Striker, Shelly Milligan, Sara Vust, Keely O'Hara, Amy Howe, Danelle McIntire, Shan-

non Lydic, Kim Roth, Karin Campbell. ROW 4: Leeana Harvey, Tonya Wilson, Susan Foster, Tricia Alba, Lisa Benedict, Kim Barker, Peggy Quijano, Tiffany Syferd, Melissa Brennan, Jenny Hale. NOT PICTURED; Traci Adams, Tina Anthony, Milisa Case, Amy Dalbey, Stephanie Doumas, Angie McAninch, Sara Miller, Donna Parks, Jennifer Rich, Suzanne Smith, Nicole Updike, Diane Nichols.



EAST HIGH COLORGUARD: ROW 1: Carrie Hemingson, Tiffany Wyant, ROW 2: Stephanie Doumas, Susan Foster, Deana Huck. ROW 3: Sheila Barnes. ROW 4: Angle Furtado, Traci Wickersham, Carma Miller, Diane Shellabarger, Christy Mongar, Melissa Ramirez, Jenny Oliver. ROW 5:

Heidi Gerstenberger, Michelle Griffith, Tricia Nelson, Liz Baloun, Kim Mullin, Megan Gogerty, Heather McClannahan, Cadry Nelson, Carrie DeYoung. ROW 6 Teresa Jones, Heather Hayward, Tiffany Wickersham, Dina Lopez.

To The 90-91
Color Guard Seniors:
you will be missed
Good Luck
May the memories live forever.



### Congratulations Kimberley Dawn Ford

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### CONGRATULATIONS TO THE 1990-91 BOYS CROSS-COUNTRY TEAM

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We would also like to wish the graduating seniors
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and great success to the returning team members for next year.



EAST HIGH BOYS'-CROSS COUNTRY TEAM: ROW 1: Brian Bickel, Curtis Weiss, Shawn Hultman, Ricky Ramirez, ROW 2: Mr. Joe Robinson

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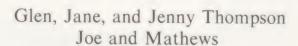


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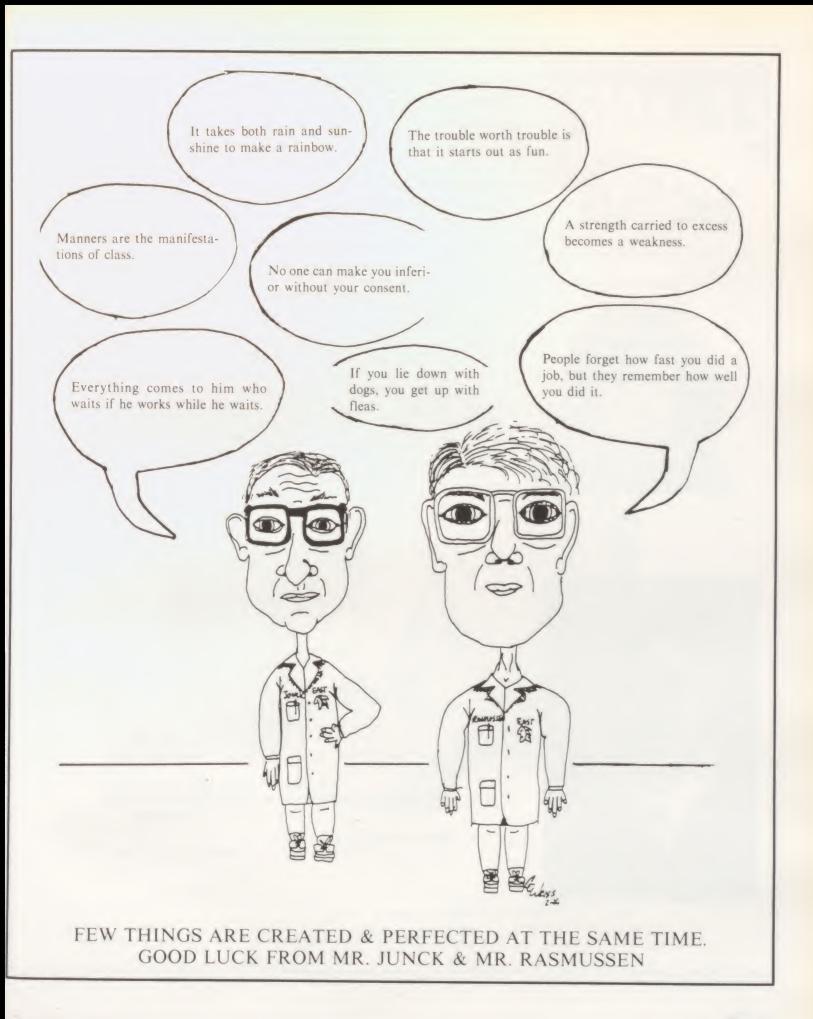
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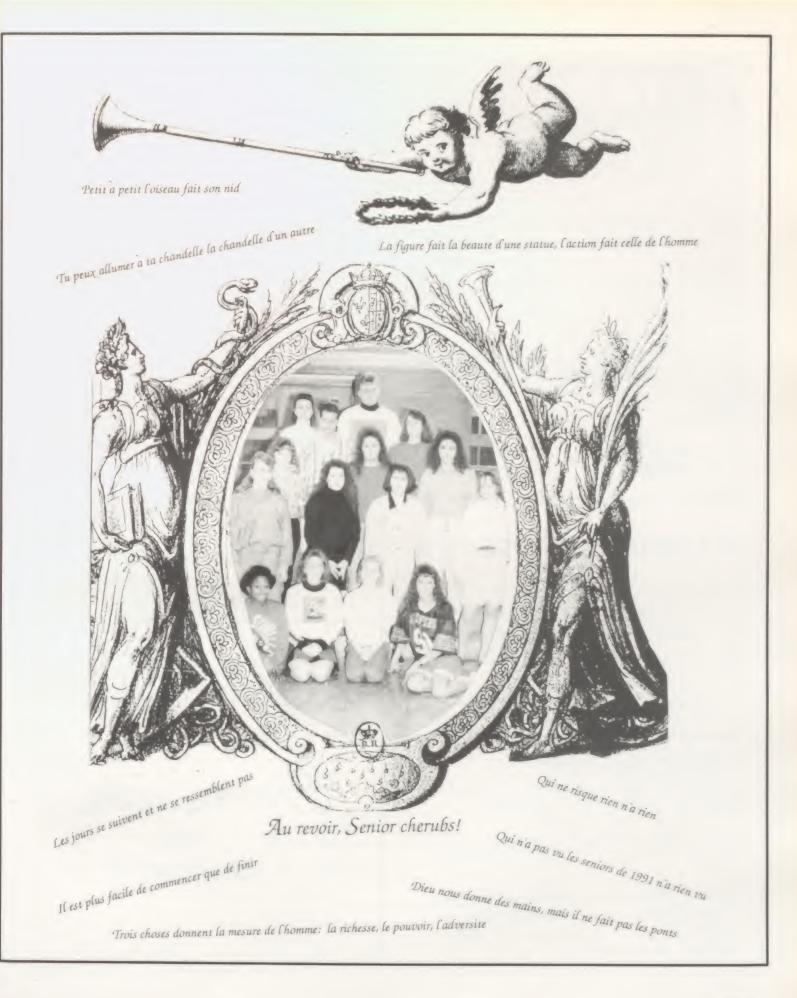
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Mr. George Christian — GENERAL ADVISER
Dan Packard — EDITOR-IN-CHIEF
Tricia Alba — ASSISTANT EDITOR
Melissa Brennan — ASSISTANT EDITOR

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Lillie Martin
Carma Miller
Becky Pollard
Gloriana Scharfenberg
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Tiffany Syferd

#### PHOTOGRAPHY ADVISER Mr. John Lethcoe

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(1st Semester) Traci Adams, Vaughn Van De Boe.
(2nd Semester) Andy Minor, Jason Upchurch

PHOTOGRAPHERS — Cecil Aswegan, Chad Biddle, Jason Canady, Brent Champlin, Chad Cox, Jarod Fleck, Anita Gobin, Heather Greenwood, Cindy Grow, Brian Lloyd, Diane Nichols, Shelly Milligan, Trudi Van Buskirk, Curt Weiss, Mandy Welch, Christina Wenzel.

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Christian will retire after 39 years of teaching at East. Good luck to you, Mr. Christian, in your retirement.



Mr. George Christian concentrates on proof reading the assignments of the class. At times, however, it was not always this peaceful.



Mr. George Christian proudly reads one of his students' finished products with a satisfied smile on his face. This was one of the rewards of teaching.

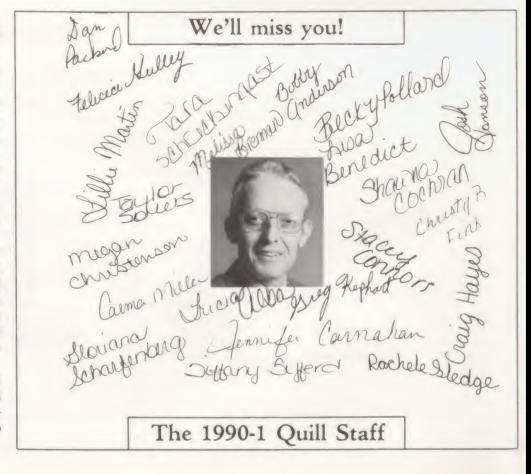
his yearbook was one of the last and final samples of the work of Mr. George Christian, journalism adviser. After 39 years in the business, he retired.

Mr. Christian started his teaching career in 1947, and after four years of teaching elsewhere and one year of graduate work, he began teaching at East in 1952.

"It was rough because I had never done the yearbook before," he commented. "They gave me a camera and three textbooks and told me to teach English and produce the newspaper and yearbook."

And it didn't get any easier. Increasingly complicated methods of production and a yearbook that grew to 300 pages have kept up the workload. Mr. Christian supervised 52 yearbooks, 26 from 1952 to 1965 when there were two yearbooks each year, and 26 from 1965 to 1991. The Quill became a hardbound yearbook in 1966.

In finishing his career, Mr. Christian felt that he has had many excellent Scroll and Quill staffs throughout the years. He is putting that all behind him now and plans to enjoy his retirement.





Freshmen Lori Lethcoe and Teryl Syferd are caught off guard as they set up for the Spree dance.

he 1990-1 school year has come and gone, but the memories will last forever.

We will "Keep Rolling On" through the remainder of high school and college years. We will continue with our lives as we normally do, and the 1990-91 school year will just be a long-forgotten memory as time progresses.

And is it only just useless memories that we will retain from our four years spent at this fine high school? Does it really mean that little to us? Are we really that "anxious to get out of here," as I have heard so many of my friends say?

Along with experiencing knowledge, pride and determination, we have experienced one of the most dramatic times of our lives here. I myself think back about some of my funniest memories from the past four years and chuckle. Sometimes I think back to mistakes I have made and shudder. Disappointments cause me to shake my head, while accomplishments make me stand a little taller. All of these

experiences were as much a part of learning as were the books and quizzes. Both created memories that we will use to conduct our daily lives.

And so, as you continue to draw closer to that day when you will walk across the stage and receive your diploma, don't forget all of the memories. If you are about to graduate now, look at each one as a priceless treasure. These memories and this book will never let you down.

Dan Packard, Yearbook Editor

"In this last of meeting places, We grope together."

> — T.S. Elliot The Hollow Men

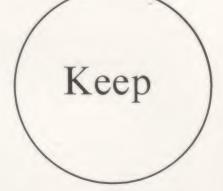




Seniors Ahmad Johnson, Nate Ellis, Chris Hobbs and Gerald James sing in the group Four Love.



We're almost outta here! Seniors group together on the first floor benches while enjoying their last year of high school. Seating is limited, so they just pile on.









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# Autographs

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